



the campaign to prevent unplanned pregnancy

## Key Information about California as of December 2019

State Policies to Increase Access to and Information About Contraception <sup>i</sup>	Does State Have Law or Policy?
Expand Medicaid to childless adults as the ACA allows	Yes
Medicaid Family Planning Waiver or State Plan Amendment (SPA)	Yes
Medicaid reimbursement for postpartum LARC	Yes
State law/policies that allow pharmacists to prescribe contraception	Yes
State law/policies to extend the supply of prescription contraceptives	Yes
State law/policies to educate college students about unplanned pregnancy	No
State laws/policies to protect contraceptive coverage	Yes
Other state laws/policies/initiatives to increase contraceptive access	-

Funding Streams for Teen and Unplanned Pregnancy Prevention <sup>ii</sup>	Current Annual Funding Level
Personal Responsibility Education Funding (PREP) <sup>1</sup>	
State PREP (if state opted to receive formula grant)	\$6,294,850
Competitive PREP grants awarded in the state	-
Tribal PREP	\$741,989
Personal Responsibility Education Innovative Strategies (PREIS)	\$2,289,962
Teen Pregnancy Prevention (TPP) Program <sup>1, 2</sup>	\$11,367,721
Pregnancy Assistance Fund (PAF)	\$1,388,075
Title V State Sexual Risk Avoidance Education (if state opted to receive)	-
Title V Competitive Sexual Risk Avoidance Education (if state opted out)	\$899,482
Sexual Risk Avoidance Education Program <sup>3</sup>	-
Title X Family Planning Program	\$22,700,000 <sup>iv</sup>

State Stats <sup>iii</sup>
2.6 million women in need of publicly funded contraception live in contraceptive deserts
Of these women, 6,330 live in counties without a single health center that provides the full range of birth control methods <sup>iv</sup>
51% births are funded by Medicaid, as of 2016

<sup>1</sup> Evidence-based education programs

<sup>2</sup> This may include multi-state grants and/or grants awarded to an organization in another state that benefit youth in CA.

<sup>3</sup> Replaced the Competitive Abstinence Education Program beginning in FY 2016

## FEDERAL TEEN PREGNANCY PREVENTION GRANTS<sup>4</sup>

### *Current Grants*

#### **State Personal Responsibility Education Program (PREP)**

##### **FY 2019**

State of California/California Department of Public Health/Office of Family Planning  
\$6,294,850

California is using PREP funds to work with 20 local entities to implement evidence-based programs in 19 counties with high teen birth rates. The programming targets youth ages 10–21 with a focus on African-American and Latino youth, youth in the juvenile justice and foster care systems

#### **Personal Responsibility Education Innovative Strategies (PREIS)**

##### **FY 2016 – FY 2020**

Children's Hospital Los Angeles - Los Angeles, CA	\$838,913
The Regents of the University of California, San Francisco - San Francisco, CA	\$719,233
ETR Associates - Scott's Valley, CA	\$731,816

#### **Tribal PREP**

##### **FY 2016 – FY 2020**

California Rural Indian Health Board (CRIHB)	\$382,151
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CRIHB serves approximately 150 American Indian Alaska Native (AI/AN) youth annually, ages 10 to 19. The youth are affiliated with one of CRIHB's member tribal health programs or an AI/AN youth organization, that's sanctioned by the tribal health program or tribe.

Riverside-San Bernardino County Indian Health, Inc.	\$343,456
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The program targets American Indian young people ages 11 to 19. Annually, the program serves approximately 300 youth during school and 500 youth after school. The program intends to implement a cultural adaptation of Students Together Against Negative Decisions (STAND) curriculum.

#### **Title V Competitive Sexual Risk Avoidance Education Program**

##### **FY 2019 (to be spent through FY 2021)**

PRO Youth and Families	Sacramento, CA	\$449,482
The Community College Foundation	Los Angeles, CA	\$450,000

#### **Teen Pregnancy Prevention Program—Tier 1 (Phase 1)**

##### **FY 2019 – FY 2020**

AltaMed Health Services Corporation	Los Angeles, CA	\$493,000
Children's Hospital and Research Center	Oakland, CA	\$493,000
San Diego Youth Services	San Diego, CA	\$493,000
The Obria Group, Inc	Tustin, CA	\$493,000

#### **Teen Pregnancy Prevention (TPP) Program — Tier 2 (Phase 1)**

##### **FY 2018 – FY 2019**

Urban Strategies LLC – Arlington, VA  
\$375,000

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<sup>4</sup> Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted.

The grantee will deliver the “Opportunities Beyond the Narrative: Intervention for Incarcerated Youth” program to incarcerated youth in **Los Angeles County** Youth Residential Camps and their parents. The program seeks to build protective factors, develop risk avoidance skills, and reduce sexual risk behaviors in this population. The curriculum will include three program elements: 1) the sexual risk avoidance intervention, the “Art of Loving Well” curriculum; 2) the evidence-based intervention “Active Parenting of Teens;” and 3) the role of two community and faith-based organization implementation partners in delivering these interventions and following up with participants released from custody with case management, wraparound supports, and mentoring. A rigorous Rapid Cycle Evaluation framework will be used to determine the core elements of the proposed program.

**Teen Pregnancy Prevention (TPP) Program — Tier 1  
FY 2015 – FY 2019**

Community Action Partnership of San Luis Obispo County, Inc. - San Luis Obispo, CA

Program models: *Positive Prevention PLUS; Be Proud! Be Responsible! Be Protective!; Making Proud Choices!*

\$830,000

The Community Action Partnership of San Luis Obispo's Teen Sexual Health Empowerment Program intends to reduce the rates of teen pregnancy and sexually transmitted disease (STDs), and increase teen linkages to reproductive health services in North San Luis Obispo County, South San Luis Obispo County, and Santa Maria. In order to achieve that goal, the Teen Sexual Health Empowerment Program provides evidence-based sexual health curriculum instruction in traditional and alternative high school settings. In addition, by utilizing positive youth development strategies, the program refers youth to teen-friendly health clinics and other resources, creates leadership opportunities for youth to get engaged in their community, and promotes community-wide teen pregnancy prevention efforts.

Contra Costa Health Services - Martinez, CA

Program models: *Families Talking Together; Get Real; Positive Prevention PLUS*

\$1,250,000

The Contra Costa Health Services (CCHS) Teen Pregnancy Prevention (TPP) Program works to reduce teen birth rates and sexually transmitted infection (STIs) throughout the West Contra Costa and Pittsburg communities. The program works to achieve this goal in four primary ways: 1) To delay initiation of sexual activity amongst youth; 2) To increase the use of condoms and other methods of contraception among sexually active teens; 3) To foster open communications about sex and protection methods; and 4) To increase youth's sense of agency in their lives and the lives of their communities. CCHS TPP partners with West Contra Costa Unified School District and Pittsburg Unified School District to provide evidence-based sexual health education for middle/junior high and high school youth in the cities of Richmond, San Pablo, and Pittsburg. The program promotes increased communication between youth and a parent or other caring adult by offering parent education programming and parent-child take home activities in all youth education program.

San Diego Youth Services - San Diego, CA

Program models: *Reducing the Risk; Positive Prevention PLUS*

\$1,249,999

The Community Assessment Team (CAT)+ Project implements teen pregnancy prevention (TPP) services to deliver, with fidelity, evidence-based TPP and STI prevention services in eight settings and at more than 40 sites. Services are provided within high schools, middle schools, after-school programs, alternative schools, juvenile detention centers, community-based settings, out-of-home settings, and residential settings. The CAT+ Project is delivered by a collaborative of five core partners: San Diego

Youth Services (lead agency); Social Advocates for Youth, San Diego Inc.; South Bay Community Services; Mental Health Systems, Inc.; and North County Lifeline. These agencies will deliver the CAT+ Project in partnership with school districts, the San Diego County Department of Probation and other implementation partners. The CAT+ project approach is to build on the foundation and relationships already established with school districts, community collaboratives, and other informal partners (such as health centers) to bring teen pregnancy prevention services to scale and support the outcomes of reduced risk for teen pregnancy and reduced teen birth rate.

University of Southern California - Los Angeles, CA

Program models: *It's Your Game...Keep It Real*; *Families Talking Together*; *Making Proud Choices*  
\$1,999,666

Keeping it Real Together (KIR-T) is working to delay the onset of sexual activity among middle school students by implementing *It's Your Game, Keep It Real* in 7th and 8th grade science and physical education classes in up to 55 middle schools in Los Angeles Unified and Compton Unified school districts. The project combines this evidence-based curriculum with delivery of *Families Talking Together*, through each district's Wellness Centers for at least 800 parents of middle school students annually. To reach a higher-risk group of teens, the project implements *Making Proud Choices* in 14 alternative high school educational centers throughout the target community to reduce sexual risk behavior, increase protective behavior, and increase access to health care. KIR-T intends to scale up the *Project Connect Pocket Guide to Sexual Health Services* in East and Central areas of Los Angeles and the San Fernando Valley to link youth with vetted reproductive health care providers in the community, including creating an online guide.

### **Teen Pregnancy Prevention (TPP) Program — Tier 2 FY 2015 – FY 2019**

Center for Innovative Public Health Research (CIPHR) - San Clemente, CA

Program model: *Girl2Girl*

\$990,422

CIPHR will conduct nationwide Girl2Girl, a newly developed text-messaging program based on the Information-Motivation-Behavioral Skills (IMB) model. Content addresses the information (how one gets pregnant and can prevent pregnancy), motivation (why teens use contraception and why they don't), and behavioral skills (how to use condoms, how to talk to your provider about contraception) that are posited to affect pregnancy prevention behavior. Messages will be sent daily for approximately 6-7 weeks, with a one-week booster session that will be sent approximately 12 weeks later.

Policy and Research, LLC - New Orleans, LA

Program model: *Plan A*

\$934,643

The Policy & Research Group intends to implement and monitor a high-quality rigorous evaluation of the *Plan A* intervention. *Plan A* is a brief stand-alone sexual health video intervention designed for African-American and Latina women age 18-19 seeking care at reproductive health clinics in **Fresno, CA** and Philadelphia, PA. The video consists of three vignettes and an animated segment to educate young women and model effective use of contraception methods, including LARC and condoms. The video is designed to increase viewers' perceived risk of pregnancy and STIs at a 'teachable moment' in the lives of young women, just prior to visiting with a health care provider.

The Regents of the University of California, San Francisco - San Francisco, CA

Program model: *SpeakOut*

\$995,321

The grantee intends to increase adoption of long-acting, reversible contraceptives (LARC) across California's Central Valley, Bay Area, and Los Angeles regions. In order to achieve this goal, the Regents implement SpeakOut, a program that encourages female adolescents who use a LARC method to share their contraceptive experiences with their female peers. SpeakOut is delivered to LARC users at the time of visits to clinics, and consists of three core components: 1) A one-on-one communication coaching session for teen IUD and implant users; 2) Method-specific printed materials for recipients to keep and/or share with friends; and 3) Method-specific websites with information and resources. There is also a bonus component: weekly method-specific text messages with information about recipients' method and about how to share their experience.

WestEd - Woburn, MA

\$575,729

WestEd and its partners Efficacy and the Oregon Youth Authority (OYA), are conducting a randomized controlled trial of an innovative teen pregnancy prevention program, Healthy U, for youthful male offenders in Oregon. This study involves male teenagers (age 14-19) at high risk for involvement in risky sexual behavior, including teen pregnancy. The innovative, non-curricular, technology-based intervention, Healthy U, is self-directed, low-cost, user friendly, and offers great promise in reaching incarcerated youth. The purpose of this study is to test this intervention on a population of young men incarcerated at the OYA who will soon be released into the community. The intervention is tailored to this population by updating the design, videos, and examples to best reflect the youth in the study, and OYA staff are being trained to facilitate the self-guided intervention.

**Prior Grants**

**Personal Responsibility Education Innovative Strategies (PREIS)**

**FY 2010 – FY 2015**

Children’s Hospital Los Angeles - Los Angeles, CA	\$797,255
Oklahoma Institute for Child Advocacy - Oklahoma City, OK	\$929,750

**Tribal Personal Responsibility Education Program**

**FY 2011 – FY 2015**

Mooretown Rancheria of Maidu Indians of California	\$142,178
Riverside-San Bernardino County Indian Health, Inc.	\$181,685
Pit River Indian Tribe	\$178,933
California Rural Indian Health Board, Inc.	\$180,756

**Title V Competitive Sexual Risk Avoidance Education Program**

**FY 2018 – FY 2019**

Shores of Hope	West Sacramento, CA	\$250,000
The East Los Angeles Community Union	Los Angeles, CA	\$450,000
The Obria Group, Inc	Tustin, CA	\$450,000

**Competitive Abstinence Education Grant Program**

**FY 2014**

Vista Community Clinic - Vista, CA  
\$200,000 (to be spent through FY 2015)

**FY 2012**

C-CAPP - Communities Choosing Adolescent Pregnancy Prevention Program - San Francisco, CA  
\$249,342 (to be spent through FY 2013)

**Teen Pregnancy Prevention (TPP) Program — Capacity Building Assistance**

**FY 2016**

The Children’s Hospital Los Angeles	Los Angeles, CA	\$569,941
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**Teen Pregnancy Prevention (TPP) Program — Tier 1**

**FY 2010 – FY 2014**

Alameda County Public Health Department	San Leandro, CA	\$965,683
Community Action Partnership Network of San Luis Obispo County, Inc	San Luis Obispo, CA	\$426,507
Contra Costa Health Services	Martinez, CA	\$999,117
Golden Valley Health Centers	Merced, CA	\$676,889
Health Research Association	Los Angeles, CA	\$954,527
San Diego Youth Services	San Diego, CA	\$1,289,263
Tulare Community Health Clinic	Tulare, CA	\$562,161

**Teen Pregnancy Prevention (TPP) Program — Tier 2**

**FY 2010 – FY 2014**

San Bernardino County Superintendent of Schools	San Bernadino, CA	\$458,564
Volunteers of America Los Angeles	Los Angeles, CA	\$500,000

**PREGNANCY ASSISTANCE FUND**

**FY 2018**

California Department of Public Health, Maternal, Child & Adolescent Health Program  
Settings: Community Service Centers  
\$970,000

United Indian Health Services, Inc. – Arcata, CA  
Settings: Community Service Centers  
\$418,075

**FY 2017**

California Department of Public Health, Maternal, Child and Adolescent Health Program  
Program Categories: High Schools and Community Service Centers  
\$1,360,940

Riverside-San Bernardino County Indian Health, Inc. - Banning, CA  
Program Categories: High schools and Community Service Centers  
\$709,548

**FY 2010 – FY 2012 and FY 2013 – FY 2016**

California Department of Public Health Maternal, Child, and Adolescent Health Program  
Program Categories: High Schools and Community Service Centers  
\$1,500,000

## FY 2010 – FY 2013

Riverside-San Bernardino County Indian Health, Inc. - Banning, CA  
Program Categories: High schools and Community Service Centers  
\$704,000

### TITLE X FAMILY PLANNING SERVICES IN CALIFORNIA <sup>iv</sup>

- Title X–supported centers provided contraceptive care to 849,690 women in California in 2018.<sup>5</sup>
- Services at Title X–supported centers helped women avoid 231,000 unintended pregnancies, which would have resulted in 112,300 births and 83,300 abortions.
- By preventing sexually transmitted diseases, cervical cancer, and unplanned pregnancies, Title X-supported centers in California saved \$1.3 billion in public funds in a single year.
- From FY 2010 to FY 2017, the amount of federal funding California received for Title X decreased by \$1,662,927, resulting in 206,013 fewer (17%) patients served.
- In 2017, prior to the new Title X rule, 356 clinics in California received support from Title X. They included federally qualified health centers (178), Planned Parenthood clinics (102), local health department clinics (45), school-based health centers (17), family planning health clinics (3), university-based health centers (2), and other service sites (9).
- In August 2019, the new Title X rule went into effect, forcing some of California’s Title X clinics to exit the program.

### For Further Information

<sup>i</sup> For an overview of these state policies, see <https://powertodecide.org/what-we-do/information/resource-library/key-state-policies-glance>

<sup>ii</sup> For an overview of federal funding for teen pregnancy prevention, see <https://powertodecide.org/what-we-do/information/resource-library/federal-funding-streams-at-a-glance>

<sup>iii</sup> See more state statistics at <https://powertodecide.org/what-we-do/information/national-state-data/california>

<sup>iv</sup> See our contraceptive deserts map at <https://powertodecide.org/what-we-do/access/birth-control-access> and the impact of forcing out safety-net providers from the Title X clinic network in your state <https://powertodecide.org/what-we-do/information/resource-library/health-centers-offering-full-range-methods-excluding-title>

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<sup>5</sup> “Title X-supported centers” are supported by a mix of funding sources (in addition to Title X funding), including Medicaid, funding from state and local governments, private grants and fundraising, reimbursement from commercial insurance, patient fees, and federal grants.

***About Power to Decide:*** *Power to Decide, the campaign to prevent unplanned pregnancy, works to ensure that every young person has the power to decide if, when, and under what circumstances to get pregnant and have a child—increasing their opportunity to pursue the future they want. Join us at PowerToDecide.org.*