



the campaign to prevent unplanned pregnancy

Key Information about Iowa as of December 2019

State Policies to Increase Access to and Information About Contraception ⁱ	Does State Have Law or Policy?
Expand Medicaid to childless adults as the ACA allows	Yes
Medicaid Family Planning Waiver or State Plan Amendment (SPA)	No [†]
Medicaid reimbursement for postpartum LARC	Yes
State law/policies that allow pharmacists to prescribe contraception	No
State law/policies to extend the supply of prescription contraceptives	No
State law/policies to educate college students about unplanned pregnancy	No
State laws/policies to protect contraceptive coverage	No
Other state laws/policies/initiatives to increase contraceptive access	-

[†] Iowa operates an entirely state-funded program to provide family planning services to individuals who have income up to 300% of the federal poverty level.

Funding Streams for Teen and Unplanned Pregnancy Prevention ⁱⁱ	Current Annual Funding Level
Personal Responsibility Education Funding (PREP) ¹	
State PREP (if state opted to receive formula grant)	\$519,632
Competitive PREP grants awarded in the state (if state opted not to receive PREP formula grant)	-
Tribal PREP ²	\$598,227
Personal Responsibility Education Innovative Strategies (PREIS)	-
Teen Pregnancy Prevention (TPP) Program ^{1,2}	\$1,336,258
Pregnancy Assistance Fund (PAF)	-
Title V State Sexual Risk Avoidance Education (if state opted to receive)	\$401,978
Sexual Risk Avoidance Education Program ³	-
Title X Family Planning Program	\$3,800,000 ^{iv}

State Stats ⁱⁱⁱ
170,110 women in need of publicly funded contraception live in contraceptive deserts
Of these women, 46,200 live in counties without a single health center that provides the full range of birth control methods ^{iv}
37% births are funded by Medicaid, as of 2015

FEDERAL TEEN PREGNANCY PREVENTION GRANTS⁴

Current Grants

¹ Evidence-based education programs

² This may include multi-state grants and/or grants awarded to an organization in another state that benefit youth in IA.

³ Replaced the Competitive Abstinence Education Program beginning in FY 2016

⁴ Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted.

Personal Responsibility Education Program (PREP)

FY 2019

Iowa Department of Public Health

\$519,632

The Iowa Department of Public Health administers the state PREP grant program in both school and community-based settings in 15 counties. Evidence-based programming focuses on African-American and Latino youth, youth in foster care, and youth in areas with the highest rates of teen birth.

Tribal Personal Responsibility Education Program (PREP)

FY 2016 – FY 2020

Great Plains Tribal Chairmen's Health Board

\$598,227

Great Plains Tribal Chairmen's Health Board program serves approximately 500 American Indian/Alaska Native youth per year, in five tribal communities throughout the Great Plains area of Iowa, Nebraska, North Dakota, and South Dakota.

Title V State Sexual Risk Avoidance Education Grant

FY 2019

Iowa Department of Public Health

\$401,978

The Iowa Department of Public Health–Division of Health Promotion and Chronic Disease Prevention administers the state Title V Abstinence Program. The state program targets young people in foster care, aftercare, or residing in an out-of-home care setting.

Teen Pregnancy Prevention (TPP) Program — Tier 2

FY 2018 – FY 2019

Sexual Health Education, Inc. – Cedar Rapids, IA

\$370,000

Equipping Youth (EY) will deliver the Powerful Choices (PC) curriculum to youth ages 10-14 in middle schools in Cedar Rapids, IA and the surrounding areas. The PC curriculum aims to increase protective factors among youth while teaching holistic optimal health and life skills. EY will deliver the PC curriculum through 8-10 lessons in schools and will also hold key adult meetings, use electronic communications to coordinate schedules and information, have community “think tanks,” and provide youth and family service referrals. A summative evaluation will assess which lessons and activities of the PC curriculum are most effective for increasing knowledge and youth protective factors.

Teen Pregnancy Prevention (TPP) Program — Tier 1

FY 2015 – FY 2019

Planned Parenthood of the Heartland - Des Moines, IA

Program models: *Get Real; Draw the Line/Respect the Line; Making Proud Choices!; Safer Sex Intervention*

\$965,988

The grantee is working to reduce unintended pregnancy rates among high risk, vulnerable, and underrepresented youth populations in Iowa (Woodbury, Pottawatomie, Mills, and Page counties) and Nebraska (Dakota and Douglas counties). In order to achieve this goal, the program has many key activities including: implementing evidence-based teen pregnancy prevention (TPP) programs to scale with quality and fidelity in all counties served; establishing community involvement and preparedness through Community Advisory Group, Youth Advisory Boards, and implementation partners; preparing and supporting all staff and sites for program implementation through professional development and ongoing technical assistance; creating a plan to disseminate information and raise awareness about the

community-led TPP plan in order to ensure youth participation in the program; establishing a plan to direct referrals to youth-friendly health care services; developing and implementing an evaluation plan to measure the outcomes and impact of the program; planning for the sustainability of the program after federal funding ends.

PREGNANCY ASSISTANCE FUND

FY 2017

Iowa Department of Public Health - Des Moines, IA

Program Categories: High Schools and Community Service Centers

\$1,350,952

TITLE X FAMILY PLANNING SERVICES IN IOWA ^{iv}

- Title X–supported centers provided contraceptive care to 28,944 women in Iowa in 2018.⁵
- Services at Title X-supported centers helped women avoid 10,500 unintended pregnancies, which would have resulted in 5,100 births and 3,800 abortions.
- By preventing sexually transmitted diseases, cervical cancer, and unplanned pregnancies, Title X-supported centers in Iowa saved \$109.7 million in public funds in a single year.
- From FY 2010 to FY 2017, the amount of federal funding Iowa received for Title X decreased by \$119,523 resulting in 44,394 fewer (59%) patients served.
- In 2017, 40 clinics in Iowa received support from Title X. They included health department clinics (12), federally qualified health centers (9), Planned Parenthood clinics (6), hospitals (5), other service sites (5), family planning health centers (2), and school-based health centers (1).
- In August 2019, the new Title X rule went into effect, forcing some of Iowa’s Title X clinics to exit the program.

For Further Information

ⁱ For an overview of these state policies, see <https://powertodecide.org/what-we-do/information/resource-library/key-state-policies-glance>

ⁱⁱ For an overview of federal funding for teen pregnancy prevention, see <https://powertodecide.org/what-we-do/information/resource-library/federal-funding-streams-at-a-glance>

ⁱⁱⁱ See more state statistics at <https://powertodecide.org/what-we-do/information/national-state-data/iowa>

^{iv} See our contraceptive deserts map <https://powertodecide.org/what-we-do/access/birth-control-access> and the impact of forcing out safety-net providers from the Title X clinic network in your state <https://powertodecide.org/what-we-do/information/resource-library/health-centers-offering-full-range-methods-excluding-title>

⁵ “Title X-supported centers” are supported by a mix of funding sources (in addition to Title X funding) including Medicaid, funding from state and local governments, private grants and fundraising, reimbursement from commercial insurance, patient fees, and federal grants.

About Power to Decide: *Power to Decide, the campaign to prevent unplanned pregnancy, works to ensure that every young person has the power to decide if, when, and under what circumstances to get pregnant and have a child—increasing their opportunity to pursue the future they want. Join us at PowerToDecide.org.*