# Key Information about Iowa

as of December 2019

## State Policies to Increase Access to and Information About Contraception

<table>
<thead>
<tr>
<th>Policy</th>
<th>Has Law or Policy?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Expand Medicaid to childless adults as the ACA allows</td>
<td>Yes</td>
</tr>
<tr>
<td>Medicaid Family Planning Waiver or State Plan Amendment (SPA)</td>
<td>No†</td>
</tr>
<tr>
<td>Medicaid reimbursement for postpartum LARC</td>
<td>Yes</td>
</tr>
<tr>
<td>State law/policies that allow pharmacists to prescribe contraception</td>
<td>No</td>
</tr>
<tr>
<td>State law/policies to extend the supply of prescription contraceptives</td>
<td>No</td>
</tr>
<tr>
<td>State law/policies to educate college students about unplanned pregnancy</td>
<td>No</td>
</tr>
<tr>
<td>State laws/policies to protect contraceptive coverage</td>
<td>No</td>
</tr>
<tr>
<td>Other state laws/policies/initiatives to increase contraceptive access</td>
<td>-</td>
</tr>
</tbody>
</table>

† Iowa operates an entirely state-funded program to provide family planning services to individuals who have income up to 300% of the federal poverty level.

## Funding Streams for Teen and Unplanned Pregnancy Prevention

<table>
<thead>
<tr>
<th>Funding Stream</th>
<th>Current Annual Funding Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personal Responsibility Education Funding (PREP)</td>
<td>$519,632</td>
</tr>
<tr>
<td>State PREP (if state opted to receive formula grant)</td>
<td>-</td>
</tr>
<tr>
<td>Competitive PREP grants awarded in the state (if state opted not to receive PREP formula grant)</td>
<td>-</td>
</tr>
<tr>
<td>Tribal PREP</td>
<td>$598,227</td>
</tr>
<tr>
<td>Personal Responsibility Education Innovative Strategies (PREIS)</td>
<td>-</td>
</tr>
<tr>
<td>Teen Pregnancy Prevention (TPP) Program</td>
<td>$1,336,258</td>
</tr>
<tr>
<td>Pregnancy Assistance Fund (PAF)</td>
<td>-</td>
</tr>
<tr>
<td>Title V State Sexual Risk Avoidance Education (if state opted to receive)</td>
<td>$401,978</td>
</tr>
<tr>
<td>Sexual Risk Avoidance Education Program</td>
<td>-</td>
</tr>
<tr>
<td>Title X Family Planning Program</td>
<td>$3,800,000\textsuperscript{iv}</td>
</tr>
</tbody>
</table>

## State Stats

- 170,110 women in need of publicly funded contraception live in contraceptive deserts
  - Of these women, 46,200 live in counties without a single health center that provides the full range of birth control methods\textsuperscript{iv}
  - 37% births are funded by Medicaid, as of 2015

## Federal Teen Pregnancy Prevention Grants

**Current Grants**

1. Evidence-based education programs
2. This may include multi-state grants and/or grants awarded to an organization in another state that benefit youth in IA.
3. Replaced the Competitive Abstinence Education Program beginning in FY 2016
4. Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted.
Personal Responsibility Education Program (PREP)
FY 2019
Iowa Department of Public Health
$519,632
The Iowa Department of Public Health administers the state PREP grant program in both school and community-based settings in 15 counties. Evidence-based programming focuses on African-American and Latino youth, youth in foster care, and youth in areas with the highest rates of teen birth.

Tribal Personal Responsibility Education Program (PREP)
FY 2016 – FY 2020
Great Plains Tribal Chairmen's Health Board
$598,227
Great Plains Tribal Chairmen's Health Board program serves approximately 500 American Indian/Alaska Native youth per year, in five tribal communities throughout the Great Plains area of Iowa, Nebraska, North Dakota, and South Dakota.

Title V State Sexual Risk Avoidance Education Grant
FY 2019
Iowa Department of Public Health
$401,978
The Iowa Department of Public Health–Division of Health Promotion and Chronic Disease Prevention administers the state Title V Abstinence Program. The state program targets young people in foster care, aftercare, or residing in an out-of-home care setting.

Teen Pregnancy Prevention (TPP) Program — Tier 2
FY 2018 – FY 2019
Sexual Health Education, Inc. – Cedar Rapids, IA
$370,000
Equipping Youth (EY) will deliver the Powerful Choices (PC) curriculum to youth ages 10-14 in middle schools in Cedar Rapids, IA and the surrounding areas. The PC curriculum aims to increase protective factors among youth while teaching holistic optimal health and life skills. EY will deliver the PC curriculum through 8-10 lessons in schools and will also hold key adult meetings, use electronic communications to coordinate schedules and information, have community “think tanks,” and provide youth and family service referrals. A summative evaluation will assess which lessons and activities of the PC curriculum are most effective for increasing knowledge and youth protective factors.

Teen Pregnancy Prevention (TPP) Program — Tier 1
FY 2015 – FY 2019
Planned Parenthood of the Heartland - Des Moines, IA
Program models: Get Real; Draw the Line/Respect the Line; Making Proud Choices!; Safer Sex Intervention
$965,988
The grantee is working to reduce unintended pregnancy rates among high risk, vulnerable, and underrepresented youth populations in Iowa (Woodbury, Pottawatimie, Mills, and Page counties) and Nebraska (Dakota and Douglas counties). In order to achieve this goal, the program has many key activities including: implementing evidence-based teen pregnancy prevention (TPP) programs to scale with quality and fidelity in all counties served; establishing community involvement and preparedness through Community Advisory Group, Youth Advisory Boards, and implementation partners; preparing and supporting all staff and sites for program implementation through professional development and ongoing technical assistance; creating a plan to disseminate information and raise awareness about the
community-led TPP plan in order to ensure youth participation in the program; establishing a plan to
direct referrals to youth-friendly health care services; developing and implementing an evaluation plan
to measure the outcomes and impact of the program; planning for the sustainability of the program after
federal funding ends.

PREGNANCY ASSISTANCE FUND
FY 2017
Iowa Department of Public Health - Des Moines, IA
Program Categories: High Schools and Community Service Centers
$1,350,952

TITLE X FAMILY PLANNING SERVICES IN IOWA iv

- Title X–supported centers provided contraceptive care to 28,944 women in Iowa in 2018.  
- Services at Title X-supported centers helped women avoid 10,500 unintended pregnancies, which
  would have resulted in 5,100 births and 3,800 abortions.
- By preventing sexually transmitted diseases, cervical cancer, and unplanned pregnancies, Title X-
  supported centers in Iowa saved $109.7 million in public funds in a single year.
- From FY 2010 to FY 2017, the amount of federal funding Iowa received for Title X decreased by
  $119,523 resulting in 44,394 fewer (59%) patients served.
- In 2017, 40 clinics in Iowa received support from Title X. They included health department clinics
  (12), federally qualified health centers (9), Planned Parenthood clinics (6), hospitals (5), other
  service sites (5), family planning health centers (2), and school-based health centers (1).
- In August 2019, the new Title X rule went into effect, forcing some of Iowa’s Title X clinics to exit
  the program.

For Further Information

1 For an overview of these state policies, see https://powertodecide.org/what-we-do/information/resource-library/key-state-policies-glance
2 For an overview of federal funding for teen pregnancy prevention, see https://powertodecide.org/what-we-do/information/resource-library/federal-funding-streams-at-a-glance
3 See more state statistics at https://powertodecide.org/what-we-do/information/national-state-data/iowa
4 See our contraceptive deserts map https://powertodecide.org/what-we-do/access/birth-control-access and the impact of forcing out safety-net providers from the Title X clinic network in your state https://powertodecide.org/what-we-do/information/resource-library/health-centers-offering-full-range-methods-excluding-title

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5 “Title X-supported centers” are supported by a mix of funding sources (in addition to Title X funding) including
Medicaid, funding from state and local governments, private grants and fundraising, reimbursement from commercial
insurance, patient fees, and federal grants.

About Power to Decide: Power to Decide, the campaign to prevent unplanned pregnancy, works to
ensure that every young person has the power to decide if, when, and under what circumstances to get
pregnant and have a child—increasing their opportunity to pursue the future they want. Join us at
PowerToDecide.org.