



the campaign to prevent unplanned pregnancy

Key Information about Texas as of December 2019

State Policies to Increase Access to and Information About Contraception ⁱ	Does State Have Law or Policy?
Expand Medicaid to childless adults as the ACA allows	No
Medicaid Family Planning Waiver or State Plan Amendment (SPA)	No [^]
Medicaid reimbursement for postpartum LARC	Yes
State law/policies that allow pharmacists to prescribe contraception	No
State law/policies to extend the supply of prescription contraceptives	No
State law/policies to educate college students about unplanned pregnancy	No
State laws/policies to protect contraceptive coverage	No
Other state laws/policies/initiatives to increase access to contraception	-

[^] Texas operates an entirely state-funded program to provide family planning services to women over 18 who have income up to 185% of the Federal Poverty Level.

Funding Streams for Teen and Unplanned Pregnancy Prevention ⁱⁱ	Current Annual Funding Level
Personal Responsibility Education Funding (PREP) ¹	
State PREP (if state opted to receive formula grant)	-
Competitive PREP grants awarded in the state (if state opted out)	\$4,034,062
Tribal PREP	-
Personal Responsibility Education Innovative Strategies (PREIS)	\$852,022
Teen Pregnancy Prevention (TPP) Program ^{1, 2}	\$10,082,697
Pregnancy Assistance Fund (PAF)	-
Title V State Sexual Risk Avoidance Education (if state opted to receive)	\$6,959,247
Sexual Risk Avoidance Education Program ³	-
Title X Family Planning Program	\$14,900,000

State Stats ⁱⁱⁱ
1,754,020 women in need of publicly funded contraception live in contraceptive deserts.
Of these women, 169,810 live in counties without a single health center that provides the full range of birth control methods ^{iv}
53% births are funded by Medicaid, as of 2016

¹ Evidence-based education programs

² This may include multi-state grants and/or grants awarded to an organization in another state that benefit youth in TX.

³ Replaced the Competitive Abstinence Education Program beginning in FY 2016

FEDERAL TEEN PREGNANCY PREVENTION GRANTS⁴

Current Grants

Competitive Personal Responsibility Education Program (PREP)

FY 2015 – FY 2019

Ambassadors for Christ Youth Ministries, Inc. - Houston, TX

\$668,764

Ambassadors for Christ Youth Ministries, Inc. is projected to serve 300 youth annually, ages 15 to 19. The program implements the evidence based *Promoting Health Among Teens*, *Cuidate*, and *Be Proud Be Responsible Be Protective* curricula at 10 urban school-based locations in Harris County and incorporates the following adult preparation subjects into their programming: healthy relationships, adolescent development, parent-child communication, healthy life skills, financial literacy, and educational and career success.

Center for Success and Independence, Inc. - Houston, TX

\$642,296

Center for Success and Independence, Inc. serves 119 youth annually, ages 13 to 17, at four juvenile justice settings within Harris and Fort Bend counties. The program implements the evidence based Transition to Independence Process, Sisters Saving Sisters, and MPowerment curricula. The program also educates students on the following adult preparation subjects: healthy relationships, healthy life skills, and educational and career success.

Change Happens - Houston, TX

\$668,764

Change Happens implements the evidence based Becoming a Responsible Teen curriculum, and provides students with education on the following adult preparation subjects: healthy relationships, adolescent development, parent-child communication, educational and career success. The program anticipates serving 720 youth annually, ages 14 to 19, within seven urban Houston schools.

Future Leaders Outreach Network - Fort Worth, TX

\$667,687

Future Leaders Outreach Network implements Project AIM and Choosing the Best curriculum at seven school-based sites in Arlington, Dallas, Fort Worth, and Tarrant. Serving 1,300 youth annually, ages 11 to 19, the program provides programming on the following adult preparation subjects: parent-child communication, financial literacy, and educational and career success.

Healthy Future of Texas - San Antonio, TX

\$668,764

Healthy Future of Texas serves 1,500 youth annually, ages 18 and 19, within urban San Antonio. The program implements the evidence based SHARP and 17 Days curricula at three school-based (community colleges) and community-based settings, providing students and incorporates the following adult preparation subjects: healthy relationships, healthy life skills, and financial literacy.

Seasons of Change, Inc. - Arlington, TX

\$467,796

Seasons of Change, Inc. provides students with programming on the following adult preparation subjects: healthy relationships, adolescent development, financial literacy, parent-child communication, educational and career success, healthy life skills. They are projected to serve 1,000 youth annually,

⁴ Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted. Texas opted not to apply for the PREP state formula grant funding, therefore Competitive PREP grants were awarded to other entities in the state on a competitive basis.

ages 14 to 19. The program implements the evidence based Teen Outreach Program (TOP) curriculum at four school-based locations in Fort Worth.

Texas A&M University - College Station, TX
\$250,001

Texas A&M University projects to serve 1,735 middle school youth annually within rural Maverick County. The program implements the evidence based curricula *Cuídate* and Making Proud Choices curricula. The program also provides students with education on the following adult preparation subjects: healthy relationships, adolescent development, parent-child communication, and healthy life skills.

**Personal Responsibility Education Innovative Strategies (PREIS)
FY 2016 – FY 2020**

Bee Busy Learning Academy, Inc. - Houston, TX
\$852,022

**Title V State Sexual Risk Avoidance Education Grant
FY 2019**

Department of State Health Services
\$6,959,247

Texas is using their grant to support both community- and school-based programming. The funds serve high-risk youth in grades 5-12 through in-school programming and youth in the child welfare system through after-school interventions. The funds support a media campaign for teens and parents.

**Teen Pregnancy Prevention Program (TPP Program) — Tier 1 (Phase 1)
FY 2019 – FY 2020**

Change Happens – Houston, TX
Program Model: *Love Notes*
\$493,000

Change Happens will implement the HYPE (Helping Youth Prevent Engaging in Risky Behaviors) 3.0 Program, serving African American and Hispanic/Latino teens ages 15-19 in high schools and charter schools within the Houston Independent School District in Houston, Texas. Change Happens will offer the evidence-based Love Notes Sexual Risk Avoidance (SRA) curriculum, which seeks to empower youth with the skills to further their personal development, form and maintain healthy relationships, and commit or recommit to abstaining from nonmarital sex while working toward success in education and employment. Program goals include improving participants' self-regulation and self-control, increasing participants' knowledge of pregnancy and sexually transmitted diseases, and improving participants' family connectedness. Change Happens expects to serve 1,000 teens and 500 parents each year through the HYPE 3.0 Program.

Project Vida Health Center – El Paso, TX
Program Model: *Reducing the Risk*
\$443,000

Project Vida Health Center (PVHC), in partnership with Canutillo Independent School District (Canutillo ISD), will implement Reducing the Risk (RtR) through the Teen Wellness Initiative at two high schools within Canutillo ISD. This initiative is a holistic approach to adolescent's health and wellbeing that seeks to reduce teenage pregnancy, its behavioral risk factors, and other associated risk factors. The initiative seeks to reduce risk factors and increase protective factors by focusing on wellness and the overall well-being of students and their families. The program will provide youth leadership,

outreach activities, communication and dissemination of program activities, parental education sessions, and in-school primary and mental health services.

University of Texas Health Science Center San Antonio – San Antonio, TX

Program Model: *Love Notes*

\$493,000

UT Teen Health (UTTH), will replicate Love Notes Sexual Risk Avoidance (SRA) predominantly among 1,000 older youth (15-19 years old) who are part of the most vulnerable group of youth – those in juvenile justice, community agencies, and charter schools. In addition, UTTH will provide organizations the training and curriculum needed for implementation and promotion of optimal health. UTTH plans to start this process in Bexar County and eventually extend to youth across the state of Texas.

Teen Pregnancy Prevention Program (TPP Program) — Tier 2 (Phase 1)

FY 2018 – FY 2019

The University of Texas Health Science Center at San Antonio (UTHSCSA) – San Antonio, TX

\$375,000

The grantee will deliver the Need 2 Know (N2K) Foster Care Curriculum to youth ages 10-15 in the Bexar County foster care system as well as to caregivers. In 10 interactive modules, N2K will address unhealthy relationships, dating violence, and risky sexual behavior. The curriculum enhances knowledge of physical development by providing medically accurate information about puberty, anatomy, and pregnancy, and emphasizes the role caregivers play in attitudes, beliefs, and behaviors. The 90-minute caregiver component, Parents Need 2 Know (PN2K), teaches caregivers about adolescent brain development, developmental assets, and communication skills. A summative evaluation will test the effectiveness of the N2K Foster Care Curriculum.

Teen Pregnancy Prevention Program (TPP Program) — Tier 1

FY 2015 – FY 2019

Community Action Corporation of South Texas - Alice, TX

Program models: *Teen Outreach Program; Safer Sex Intervention*

\$749,999

The South Texas Teen Leadership and Development (STTLTD) Program is a project with Community Action Corporation of South Texas (CACOST) that promotes positive youth development and reduces the rates of teen pregnancy and sexually transmitted infection (STIs). This project reaches youth in Brooks, Duval, Jim Hogg, and Jim Wells counties and replicates evidence-based teen pregnancy prevention programs with youth ages 13-19.

Project Vida Health Center - El Paso, TX

Program model: *Making a Difference; Teen Health Project; Positive Prevention PLUS*

\$796,297

The Wellness Department, through the POWER 4-Uth (Providing Opportunities While Establishing Resilience 4 Uth) program is implementing three evidence-based teen pregnancy prevention programs in middle schools, high schools, and community and faith settings reaching 1,600 youth annually in two communities in southeast El Paso County. The two communities, Socorro and Montana Vista, are both predominately rural, Hispanic, and lacking in community resources. In addition, both communities have high teen birth rates. The implementation of POWER 4-Uth to scale in the targeted communities will be accomplished with the use of the “Promotora Model,” partnerships and working with partner agencies and schools to design program schedules to maximize the opportunity to have the greatest impact on teen pregnancy. The focus is on creating a culture in the target communities that support healthy behavior, positive life decisions, and educational success.

The Dallas Foundation - Dallas, TX

Program models: *Families Talking Together; Be Proud! Be Responsible!; Making Proud Choices*
\$987,500

Project Ntarupt, a component of The Dallas Foundation, utilizes three evidence-based teen pregnancy prevention curricula in five high-need Dallas County zip codes and among special populations. The program seeks to educate both parents and teens and teach both the "how" and the "why" not to become a teen parent. Ntarupt primarily works in community-based settings, but is actively building relationships at a variety of sites, including the public school system. In addition to education, Ntarupt provides linkages to youth-friendly health care, with a focus on family planning.

The University of Texas Health Science Center at San Antonio - San Antonio, TX

Program model: N/A

\$750,000

The Capacity Building Team at the University of Texas Health Science Center (UT) Teen Health works to build the capacity of organizations that have experience implementing youth programs and are serving populations with demonstrated need for teen pregnancy prevention (TPP) programs, but have little experience with evidence-based TPP programs. UT Teen Health is assisting those organizations to implement evidence-based teen pregnancy prevention programs with fidelity in their organization. The program works with vulnerable populations such as youth in foster care, pregnant and parenting youth, and adjudicated youth age 15-19 in Texas.

The University of Texas Health Science Center at San Antonio - San Antonio, TX

Program models: *Families Talking Together; Draw the Line/Respect the Line; It's Your Game:Keep It Real; Making a Difference!; Promoting Health Among Teens –Abstinence Only; Promoting Health Among Teens – Comprehensive; Reducing the Risk; SHARP; Love Notes*

\$2,000,000

The University of Texas Health Science Center at San Antonio- UT Teen Health will partner with community youth serving organizations and the San Antonio Teen Pregnancy Prevention Collaborative to implement evidence based teen pregnancy prevention (TPP) programs for approximately 17,550 youth under age 20 annually in Bexar County, Texas. Partners in this initiative will implement the evidence-based TPP programs in middle schools, high schools, after school programs, faith-based organizations, and in community settings with especially vulnerable youth including expectant and parenting teens, youth in juvenile detention, and youth in foster care.

Teen Pregnancy Prevention Program (TPP Program) — Tier 2

FY 2015 – FY 2019

The Texas A&M University System Health Science Center - College Station, TX

Program model: N/A

\$1,500,000

The Texas A&M University System Health Science Center, through its Integrating Teen Pregnancy Prevention Innovative Practices (iTP3) project, aims to promote and support the development of innovative teen pregnancy prevention (TPP) programs targeting adolescents currently underserved by existing evidence-based programs. iTP3 is interested in programs that go beyond the standard evidence-based TPP format, and welcomes programs across all intervention levels and implementation settings. Selected innovators will receive capacity-building assistance, infrastructure, and evaluation services to assist with the development of their programs. The iTP3 project team expects to have identified a group of promising programs ready for rigorous evaluation by the end of the five-year period.

Engender Health, Inc. - Austin, TX

Program name: RE:MIX

\$999,999

Engender Health seeks to reduce the rate of pregnancy and STIs among youth age 13-17 living in Travis County, Texas. In order to achieve this goal, Engender Health implements RE:MIX, a three-component sexual health program aimed at reducing rates of unplanned pregnancy and STIs among youth in Central Texas. RE:MIX pairs peer educators who are young parents with clinic-based health educators to co-facilitate this health curriculum among a target population of 13–17 year-olds. In addition to the curriculum, the intervention includes a leadership training and coaching/mentoring program for the parenting peer educators and a system that connects both community youth and parenting peer educators with community resources and services.

Healthy Futures of Texas (HFTX) - San Antonio, TX

Program model: *Big Decisions*

\$869,902

HFTX intends to evaluate the effectiveness of Big Decisions, an abstinence-plus approach to preventing teen pregnancy that has been found promising for Hispanic, low-income urban youth. HFTX now seeks to demonstrate the curriculum’s efficacy for low-income Hispanic youth in rural communities and small cities. Big Decisions will be delivered in the school districts for five semesters across three school years.

Prior Grants

Teen Pregnancy Prevention Program (TPP Program) — Tier 1

FY 2010 – FY 2014

Navasota ISD - Navasota, TX	\$999,030
The University of Texas Health Science Center - Houston, TX	\$3,000,000
Youth and Family Alliance, dba LifeWorks - Austin, TX	\$585,000

Teen Pregnancy Prevention Program (TPP Program) — Tier 2

FY 2010 – FY 2014

Arlington Independent School District (AISD) - Arlington, TX	995,675
University of Texas Health Science Center - San Antonio, TX at San Antonio	\$851,450
Engender Health - New York, NY	\$976,408

CDC Grants

FY 2010 – FY 2014

The University of Texas Health Science Center at San Antonio	\$1,209,387
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Competitive PREP

FY 2012 – FY 2014

Ambassadors for Christ Youth Ministries, Inc. - Rosharon, TX	\$850,000
BCFS Health and Human Services - San Antonio, TX	\$888,697
Bee Busy Learning Academy, Inc. - Houston, TX	\$493,301
Cardea Services - Austin, TX	\$719,829
Change Happens - Houston, TX	\$833,444
Community Action Corporation of South Texas - Alice, TX	\$500,000
Creative Visions Social Services - Mansfield, TX & Consultants, Inc.	\$686,877
Girls Incorporated of Metropolitan Dallas - Dallas, TX	\$240,000
Healthy Families San Angelo - San Angelo, TX	\$793,532
Henderson County HELP Center, Inc. - Athens, TX	\$575,103
Planned Parenthood of North Texas, Inc. - Dallas, TX	\$471,706
Project Vida Health Center - El Paso, TX	\$481,866

Seasons of Change, Incorporated - Arlington, TX	\$675,000
Youth and Family Alliance dba LifeWorks - Austin, TX	\$310,000

Personal Responsibility Education Innovative Strategies (PREIS)

FY 2010 – FY 2015

Education Development Center, Inc. - Newton, MA	\$773,359
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Sexual Risk Avoidance Education Program Grant

FY 2017 – FY 2019

Ambassadors for Christ Youth Ministries, Inc. - Houston, TX	\$548,103
BCFS Health and Human Services - San Antonio, TX	\$548,103

FY 2016 – FY 2018

Ambassadors for Christ Youth Ministries, Inc. - Houston, TX	\$442,019
BCFS Health and Human Services - San Antonio, TX	\$442,019

TITLE X FAMILY PLANNING SERVICES IN TEXAS^{iv}

- Title X–supported centers provided contraceptive care to 157,254 women in Texas in 2018.⁵
- Services at Title X-supported centers helped women avoid 40,000 unintended pregnancies, which would have resulted in 19,800 births and 13,600 abortions.
- By preventing sexually transmitted diseases, cervical cancer, and unplanned pregnancies, Title X-supported centers in Texas saved \$435.8 million in public funds in a single year.
- From FY 2010 to FY 2017, the amount of federal funding Texas received for Title X decreased by \$1,360,019, resulting in 76,934 fewer (29%) patients served.
- In 2017, prior to the new Title X rule, 94 clinics in Texas received support from Title X. They included health department clinics (25), family planning health centers (21), federally qualified health centers (20), hospitals (14), Planned Parenthood clinics (11), other service sites (2) and university-based health centers (1).

For Further Information

ⁱ For an overview of these state policies, see <https://powertodecide.org/what-we-do/information/resource-library/key-state-policies-glance>

ⁱⁱ For an overview of federal funding for teen pregnancy prevention, see <https://powertodecide.org/what-we-do/information/resource-library/federal-funding-streams-at-a-glance>

ⁱⁱⁱ See more state statistics at <https://powertodecide.org/what-we-do/information/national-state-data/texas>

^{iv} See our contraceptive deserts map <https://powertodecide.org/what-we-do/access/birth-control-access> and the impact of forcing out safety-net providers from the Title X clinic network in your state <https://powertodecide.org/what-we-do/information/resource-library/health-centers-offering-full-range-methods-excluding-title>

⁵ “Title X-supported centers” are supported by a mix of funding sources (in addition to Title X funding) including Medicaid, funding from state and local governments, private grants and fundraising, reimbursement from commercial insurance, patient fees, and federal grants.

About Power to Decide: *Power to Decide, the campaign to prevent unplanned pregnancy, works to ensure that every young person has the power to decide if, when, and under what circumstances to get pregnant and have a child—increasing their opportunity to pursue the future they want. Join us at PowerToDecide.org.*