



the campaign to prevent unplanned pregnancy

Key Information about Washington as of December 2019

State Policies to Increase Access to and Information About Contraception ⁱ	Does State Have Law or Policy?
Expand Medicaid to childless adults as the ACA allows	Yes
Medicaid Family Planning Waiver or State Plan Amendment (SPA)	Yes
Medicaid reimbursement for postpartum LARC	Yes
State law/policies that allow pharmacists to prescribe contraception	Yes
State law/policies to extend the supply of prescription contraceptives	Yes
State law/policies to educate college students about unplanned pregnancy	No
State laws/policies to protect contraceptive coverage	Yes
Other state laws/policies/initiatives to increase access to contraception	Yes [†]

[†] In 2018, the State Department of Health and Upstream USA launched a [four-year program](#) to ensure that all women have access to the full range of contraceptive methods for low or no cost.

Funding Streams for Teen and Unplanned Pregnancy Prevention ⁱⁱ	Current Annual Funding Level
Personal Responsibility Education Funding (PREP) ¹	
State PREP (if state opted to receive)	\$1,107,164
Competitive PREP grants awarded in the state (if state opted out)	-
Tribal PREP	-
Personal Responsibility Education Innovative Strategies (PREIS)	-
Teen Pregnancy Prevention (TPP) Program ^{1, 2}	\$6,088,669
Pregnancy Assistance Fund (PAF)	\$970,000
Title V State Sexual Risk Avoidance Education (if state opted to receive)	-
Title V Competitive Sexual Risk Avoidance Education (if state opted out)	\$900,000
Sexual Risk Avoidance Education Program ³	-
Title X Family Planning Program	\$4,100,000 (but losing 100% of funds) ^{iv}

State Stats ⁱⁱⁱ
422,980 women in need of publicly funded contraception live in contraceptive deserts.
Of these women, 6,470 live in counties without a single health center that provides the full range of birth control methods. ^{iv}
49% births are funded by Medicaid, as of 2017

¹ Evidence-based education programs

² This may include multi-state grants and/or grants awarded to an organization in another state that benefit youth in WA

³ Replaced the Competitive Abstinence Education Program beginning in FY 2016

FEDERAL TEEN PREGNANCY PREVENTION GRANTS⁴

Current Grants

State Personal Responsibility Education Program (PREP)

FY 2019

Washington State Department of Health

\$1,107,164

The Department of Health is using its PREP funds to sub-contract with 10 local entities, who are providing evidence-based programming. The funds serve at-risk youth including African American and Latino youth, runaway and homeless youth, and youth in the foster care and juvenile justice systems.

Title V Competitive Sexual Risk Avoidance Education Program

FY 2019

Crisis Pregnancy Center of Yakima – Yakima, WA

\$450,000

My Choices – Port Angeles, WA

\$450,000

Teen Pregnancy Prevention (TPP) Program — Tier 2

FY 2018 – FY 2019

Washington State Department of Health (DOH) - Tumwater, Washington

\$375,000

The DOH Adolescent Health Program will work with state partners to adapt and test the All-Stars Curriculum, a character education program that emphasizes decision-making and goal-setting. Through the curriculum they aim to improve adolescent health, address sexual risk, and reduce teen pregnancy rates in Washington. The program will be implemented in-school to high school students ages 15-19 in Walla Walla, WA. The program serves all students but will be implemented in schools with large Latino populations. The DOH will use a quasi-experimental design to study the impact of the curriculum.

Teen Pregnancy Prevention (TPP) Program — Tier 1

FY 2015 – FY 2019

Planned Parenthood of the Great Northwest and the Hawaiian Islands - Seattle, WA

Program model: *Stronger Together*

\$750,000

The goal of the program is to assist organizations in implementing sexual health education to adolescents at high risk for unintended pregnancy; to increase organizational capacity to provide evidence-based sex education; and to reduce unintended teen pregnancy and improve health outcomes in areas of demonstrated need. To achieve this, the grantee works with youth-serving community partner organizations to build capacity in three communities: Medford, OR; Grants Pass, OR; and Tacoma, WA. Training Specialists and Managers work directly with partner organization staff to provide training, skill building, and planning and program development assistance. Project staff provide observation and coaching to partner staff delivering evidence-based programs and work directly on sustainability efforts to assist partner organizations in building long term capacity to engage in teen pregnancy prevention.

⁴ Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted.

Planned Parenthood of the Great Northwest and the Hawaiian Islands - Seattle, WA
Program models: *All4You, Families Talking Together, Love Notes, Sisters Saving Sisters, Safer Sex Intervention, Get Real, Positive Prevention Plus*
\$999,999

The Northwest Coalition for Adolescent Health (NWSAH) will deliver evidence-based teen pregnancy prevention programs to scale across four states, in seven communities with disparately high teen pregnancy rates. The communities are Caldwell, ID; Salem, OR; South Salt Lake City, Utah; Centralia, WA; East Tacoma, WA; and Mt. Vernon, WA. In each community there are three implementation settings ranging from faith-based institutions, to foster care youth programs, to high school settings and school based health centers.

Planned Parenthood of Greater Washington and North Idaho - Spokane, WA
Program models: *Project AIM, All4You!, Get Real, Making Proud Choices!, Seventeen Days, SHARP*
\$963,670

The goal of the Healthy Youth Collaborative is to reach a minimum of 2,000 youth across four communities in Washington by bringing evidence-based teen pregnancy prevention programs to scale. To achieve this goal, Planned Parenthood of Greater Washington and North Idaho implements Healthy Youth Collaborative programming within each community, in four different settings including middle and high schools, health centers, community-based organizations, and juvenile justice facilities.

Teen Pregnancy Prevention (TPP) Program — Tier 2 FY 2015 – FY 2019

Public Health - Seattle & King County - Seattle, WA
Program model: *FLASH*
\$1,000,000

Public Health--Seattle & King County is working to assist youth with preventing teen pregnancy, sexual violence, HIV, and other STDs, as well as improve family communication and increase youth knowledge of reproductive and sexual health. In order to achieve this goal, the grantee implements High School FLASH, a school-based sexual health education program in Georgia (Wilkinson, Twiggs, Hancock, Crawford, and Bibb Counties), as well as Ramsey County, Minnesota. The 15 lessons focus on building skills, positive attitudes, and positive peer norms to achieve the curriculum goals.

Planned Parenthood of the Great Northwest and the Hawaiian Islands (PPGNW) - Seattle, WA
Program models: *Linking Families and Teens (LiFT)*
\$1,000,000

PPGNW intends to reduce teen pregnancy rates, increase use of contraceptives, and delay initiation of sexual activity among rural, 9-12th grade youth by increasing parent-child connectedness, and increasing youth's self-efficacy, knowledge, and skill related to sexual health and pregnancy prevention in Alaska, Hawaii, Idaho, Oregon, Hawaii, Utah, and **Washington**. In order to achieve this goal, PPGNW implements LiFT, a program designed specifically for rural communities that brings 9-12 grade youth and their parenting adult together to share family values, strengthen family bonds, and talk about healthy relationships and sexual health.

Planned Parenthood of the Great Northwest (PPGNW) - Seattle, WA
Program model: *IN•cluded: Inclusive Healthcare—Youth and Providers Empowered*
\$1,000,000

PPGNW intends to prevent teen pregnancy and sexual transmitted infections in the LGBTQ youth population. In order to achieve this goal, PPGNW implements the In•cluded program delivered in 14

communities in Alaska, Massachusetts, Minnesota, Montana, Oregon, Utah, and **Washington** through the PPGNW Teen Council Peer Education program. Each teen council will deliver trainings to two different audiences: 1) IN•cluded for health care staff and providers, a three hour workshop delivered by peer teen educators in two 1.5 hour segments that include best practices for working with LGBTQ youth; and 2) IN•cluded for LGBTQ youth, a three hour interactive workshop delivered by teen peer educators to their peers who identify as LGBTQ. The workshop includes education related to sexual risk prevention and information about how to access sexual health services.

Prior Grants

Title V Competitive Sexual Risk Avoidance Education

FY 2018 – FY 2019

Teen-Aid, Inc. - Spokane, Washington

\$332,040

Teen Pregnancy Prevention (TPP) Program — Tier 1

FY 2010 – FY 2014

Planned Parenthood of the Great Northwest - Seattle, WA

Program model: *Teen Outreach Program™*

\$4,000,000

PREGNANCY ASSISTANCE FUND

FY 2018 – FY 2020

Washington State Department of Health - Tumwater, Washington

Settings: High Schools, Community Service Centers, Institutions of Higher Education

\$970,000

FY 2017

Washington State Department of Health - Tumwater, Washington

Program Categories: Institutes of Higher Education, High Schools, Community Service Centers

\$1,360,939

FY 2010 – FY 2013 and FY 2013 – FY 2016

Washington State Department of Health - Olympia, WA

Program Categories: High schools and Community Service Centers, Domestic Violence and Sexual Assault Prevention, and Public Awareness and Education

\$1,500,000

TITLE X FAMILY PLANNING SERVICES IN WASHINGTON ^{iv}

- Title X–supported centers provided contraceptive care to 85,673 women in Washington in 2018.⁵
- Services at Title X-supported centers helped women avoid 18,100 unintended pregnancies, which would have resulted in 8,800 births and 6,500 abortions.
- By preventing sexually transmitted diseases, cervical cancer, and unplanned pregnancies, Title X-supported centers in Washington saved \$178.6 million in public funds in a single year.
- From FY 2010 to FY 2017, the amount of federal funding Washington received for Title X increased by \$34,800. The number of patients decreased by 6,875 (7%) during this time.
- In 2017, prior to the new Title X rule, 72 clinics in Washington received support from Title X. They included Planned Parenthood clinics (33), federally qualified health centers (21), health department clinics (8), school-based health centers (7), and family planning health centers (3).
- In August 2019, the new Title X rule went into effect, forcing Washington’s only Title X grantee to exit the program. As a result, the state has lost 100% of its Title X funds.

For Further Information

ⁱ For an overview of these state policies, see <https://powertodecide.org/what-we-do/information/resource-library/key-state-policies-glance>

ⁱⁱ For an overview of federal funding for teen pregnancy prevention, see <https://powertodecide.org/what-we-do/information/resource-library/federal-funding-streams-at-a-glance>

ⁱⁱⁱ See more state statistics at <https://powertodecide.org/what-we-do/information/national-state-data/washington>

^{iv} See our contraceptive deserts map <https://powertodecide.org/what-we-do/access/birth-control-access> and the impact of forcing out safety-net providers from the Title X clinic network in your state <https://powertodecide.org/what-we-do/information/resource-library/health-centers-offering-full-range-methods-excluding-title>

⁵ “Title X-supported centers” are supported by a mix of funding sources (in addition to Title X funding) including Medicaid, funding from state and local governments, private grants and fundraising, reimbursement from commercial insurance, patient fees, and federal grants.

About Power to Decide: *Power to Decide, the campaign to prevent unplanned pregnancy, works to ensure that every young person has the power to decide if, when, and under what circumstances to get pregnant and have a child—increasing their opportunity to pursue the future they want. Join us at PowerToDecide.org.*