One Key Question® is a transformative tool that starts the conversation about if, when, and under what circumstances a patient wants to get pregnant and have a child. The notion behind One Key Question is simple—it provides a framework for health care providers, social services providers, and champions to routinely ask: would you like to become pregnant in the next year?

One Key Question® is patient-centered and focuses on understanding goals and providing follow-up care based on a patient’s response, whether that is for birth control, preconception health, prenatal care, or referral to other services.

One Key Question® proactively addresses the root causes of mistimed pregnancies, poor birth outcomes, and disparities in maternal and infant health. It is non-judgmental and equally supports those who want to become pregnant, those who do not, and those who are ambivalent.

Power to Decide will be offering training to become One Key Question® certified, online! This training will be available to clinical and non-clinical providers.

This interactive online training takes 4-6 hours to complete and includes:

- Videos
- Reflections
- Case studies
- Knowledge checks
- Modules on reproductive well-being, unconscious bias, and implementation

Learning Objectives:

By the end of this training, participants will be able to:

- Explain the rationale for using One Key Question® in their practice;
- Articulate how One Key Question® supports people in achieving reproductive well-being;
- List strategies to identify and address unconscious bias and promote reproductive autonomy at the individual level;
- Demonstrate how to ask One Key Question® and follow the 4-response algorithm with fidelity;
- Identify resources and tools on contraception and pre/interconception care; and
- Describe key components of the One Key Question® implementation workflow.

Providers taking the One Key Question® online Certification Training also will be eligible to take a follow-up training, Preconception and Contraception: Foundation and Basics.

For more information email:

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