

PATHWAYS TO CARE—CLINICAL PROVIDERS

These pathways are for providers in a clinical setting who provide counseling and clinical services related to preconception, interconception, and/or contraception care. When you are unable to provide all clinical services onsite, refer patients for care.

WOULD YOU LIKE TO BECOME PREGNANT IN THE NEXT YEAR?

Yes

Step 1: Provide counseling/education

- When would you like to become pregnant? (If patient is not trying to get pregnant immediately, assess for birth control use and consider contraceptive counseling.)
- Can we talk about some simple ways to prepare for a healthy pregnancy?

Unsure

Step 1: Provide counseling/education

- Do you want to have (more) children in the future? If yes, when might that be?
- How would you feel if you found out you were pregnant today?
- How important is it to you to prevent a pregnancy now?
- Are you currently using a birth control method? How is this method working for you?
- Can we talk about some simple ways to prepare for a healthy pregnancy?

Ok either way

No

Step 1: Provide counseling/education

- Are you currently using a birth control method?
- How is this method working for you?
- How important is it to you to prevent a pregnancy?
- What is most important to you in a birth control method?

Step 2: Provide preconception/interconception care*

- Prescribe or dispense a multivitamin with folic acid
- Recommend at least 18 months between a birth and the next pregnancy
- Review medications
- Screen for and manage chronic conditions
- Evaluate drug/alcohol/smoking risks
- Identify support system
- Assess for safety/violence

*A more detailed Preconception/Interconception checklist is in the One Key Question® Protocols

Step 2: Provide contraceptive care

- If the patient is satisfied with their method, no other care is needed
- Recommend birth control methods based on patient's response to questions
- Evaluate for correct and consistent use
- Provide full range of contraceptive methods onsite or through referral
- Offer emergency contraception