



# ➤ ONE KEY QUESTION<sup>®</sup>

## ONLINE TRAININGS

Power to Decide's One Key Question provides a framework for health care and social service providers to routinely ask patients about pregnancy desires and offer personalized counseling and care. Large health systems, public health departments, and others have adopted One Key Question to address a myriad of health equity efforts, including patient experience and maternal and child health.

### One Key Question Online

One Key Question Online is an interactive, digital training suite that you can access anywhere, anytime. OKQ Online is your chance to revolutionize health care without changing out of your pajamas.

#### ➤ One Key Question Certification Training

This 4 to 6-hour training certifies providers to ask One Key Question at their site. It teaches providers how to start the conversation about pregnancy desires with patients and explores how the tool helps promote reproductive well-being.

#### ➤ Preconception and Contraception Pathways to Care

This 1 to 2-hour training is for those who have completed the previous course and want additional tools to offer personalized pathways to care. It introduces factors a patient may consider when choosing a method, provides details on all methods, and describes essential elements of preconception care.

### Support for One Key Question

Thousands of clinical and non-clinical providers in over 30 states use One Key Question.

- The Association of Maternal and Child Health Programs has identified One Key Question as a Best Practice.
- The American Public Health Association and the American College of Obstetricians and Gynecologists have endorsed One Key Question as an effective Reproductive Life Planning strategy.
- One Key Question is aligned with the OPA and CDC's Quality in Family Planning service delivery recommendations.
- The American Medical Association supports the use of pregnancy intention screening as a part of routine well-care.



"I felt it was one of the best online trainings I've taken. And I'm not just saying that...I just felt it was good information and flowed well."

—Tammy, Social Worker

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**POWER  
TO DECIDE**

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