

## ➤ ONE KEY QUESTION® A Year in Review

Power to Decide's OKQ provides a framework for health care providers, social service providers, and champions to routinely ask their patients about pregnancy desires and goals and offer personalized counseling and care based on their response. OKQ Online is an interactive training suite with modules that teach providers how to start the conversation about pregnancy desires with their patients, how to implement the screening tool, how to challenge their unconscious bias, how to provide patient-centered contraceptive counseling, the essential elements of preconception care, and so much more.

### Since piloting the online trainings in May 2020

**447**

providers have signed up for the OKQ Certification Training.

**328**

providers have signed up for the Preconception and Contraception Pathways to Care Training.

**9**

organizations have partnered with Power to Decide to train their staff.

### After the certification training, providers reported being...

**Very Engaged** throughout the training experience.



3.6 out of 4

**Satisfied** with the overall training.



3.4 out of 4

**Very Knowledgeable** about OKQ and its intended use.



3.6 out of 4

**Very Confident** in listing strategies **to identify and address unconscious bias** and promote reproductive autonomy at the individual level.



4.6 out of 5

**Very Confident** in **asking OKQ** and following the 4-response **Pathways to Care** with fidelity.



4.7 out of 5

**Very Confident** in **identifying resources and tools on contraception and pre/interconception care** for their patients/clients.



4.6 out of 5

**97%**

learned new information and strategies that could be applied to their work or practice.

**89%**

intend to implement OKQ into their work or practice.

**"This training reinforced that it is our role to meet [our clients] where they are at, give them all of the options, educate them, and support them with follow up care."**

-Lauren, Family Resource Specialist, Kansas

## After the pathways to care training, providers reported being...

<p><b>Very Confident</b> in discussing the health and wellness factors patients and providers should consider before pregnancy to improve outcomes for maternal and child health.</p>	<p><b>Very Confident</b> in identifying and explaining actions patients can take to improve their health during the preconception period.</p>	<p><b>Extremely Confident</b> in recognizing a broad range of contraceptive methods and key features of each.</p>
<p> 4.4 out of 5</p>	<p> 4.4 out of 5</p>	<p> 4.5 out of 5</p>
<p><b>Extremely Confident</b> in understanding the range of factors a patient may consider when choosing a contraceptive method.</p>	<p><b>Very Confident</b> in identifying relevant provider and patient-facing resources.</p>	<p><b>Extremely Confident</b> in committing to providing all counseling in a way that supports clients in a non-judgmental and unbiased way.</p>
<p> 4.5 out of 5</p>	<p> 4.4 out of 5</p>	<p> 4.6 out of 5</p>
<p><b>Excellent</b> clarity of content.</p>	<p><b>Excellent</b> relevance of information to work.</p>	<p><b>Excellent</b> ability to apply the information to work.</p>
<p> 4.7 out of 5</p>	<p> 4.6 out of 5</p>	<p> 4.6 out of 5</p>
<p><b>“This was a very effective training with lots of great examples that can be easily applied to real counseling.”</b></p> <p>-Nurse Practitioner, Ohio</p>		

Interested in learning more? Visit us at: [here](#)  
 Interested in participating in the trainings? Visit us at: [here](#)  
 Results from May 2020–May 2021