



the campaign to prevent unplanned pregnancy

Key Information about Iowa as of November 2021

State Policies to Increase Access to and Information About Contraception ⁱ	Does State Have Law or Policy?
Expand Medicaid to childless adults as the ACA allows	Yes
Medicaid Family Planning Waiver or State Plan Amendment (SPA)	No [†]
Medicaid reimbursement for postpartum LARC	Yes
State law/policies that allow pharmacists to prescribe contraception	No
State law/policies to extend the supply of prescription contraceptives	No
State law/policies to educate college students about unplanned pregnancy	No
State laws/policies to protect contraceptive coverage	No
Other state laws/policies/initiatives to increase contraceptive access	-

[†] Iowa operates an entirely state-funded program to provide family planning services to individuals who have income up to 300% of the federal poverty level.

Funding Streams for Teen and Unplanned Pregnancy Prevention ⁱⁱ	Current Annual Funding Level
Personal Responsibility Education Funding (PREP) ¹	
State PREP (if state opted to receive formula grant)	\$519,640
Competitive PREP grants awarded in the state (if state opted not to receive PREP formula grant)	-
Tribal PREP ²	-
Personal Responsibility Education Innovative Strategies (PREIS)	-
Teen Pregnancy Prevention (TPP) Program ^{1, 2}	\$1,373,161
Pregnancy Assistance Fund (PAF)	-
	<i>PAF funding needs to be reauthorized</i>
Title V State Sexual Risk Avoidance Education (if state opted to receive)	\$516,925
Sexual Risk Avoidance Education Program ³	-
Title X Family Planning Program	\$3,800,000 ^{iv}

State Stats ⁱⁱⁱ
176,550 women in need of publicly funded contraception live in contraceptive deserts
Of these women, 49,620 live in counties without a single health center that provides the full range of birth control methods ^{iv}
40% births are funded by Medicaid, as of 2018

¹ Evidence-based education programs

² This may include multi-state grants and/or grants awarded to an organization in another state that benefit youth in IA.

³ Replaced the Competitive Abstinence Education Program beginning in FY 2016

FEDERAL TEEN PREGNANCY PREVENTION GRANTS⁴

Current Grants

Personal Responsibility Education Program (PREP) FY 2021

Iowa Department of Public Health
\$519,640

The Iowa PREP program serves youth ages 10 to 19 in community school districts and counties statewide, with a target participation of 900 annually. The program implements the *Teen Outreach Program* curriculum for girls and boys and the *WISE Guys* curriculum for boys in foster care using school and community-based settings, providing adulthood preparation subjects that includes adolescent development, healthy life skills, and healthy relationships.

Title V State Sexual Risk Avoidance Education Grant FY 2021

Iowa Department of Public Health
\$516,925

The Iowa Department of Public Health–Division of Health Promotion and Chronic Disease Prevention administers the state Title V Abstinence Program. The state program targets young people in foster care, aftercare, or residing in an out-of-home care setting.

Teen Pregnancy Prevention (TPP) Program – Tier 1 FY 2020 - FY 2023

EyesOpenIowa	West Des Moines, IA	\$688,700
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The grantee will promote optimal adolescent health and reduce rates of teen pregnancy and STIs by providing proven effective sexual health education and an array of supportive services for youth and their families in Des Moines. Iowans Optimizing Adolescent Health will use a systems-thinking approach in partnership with local schools and community agencies to address multiple domains of optimal health. Local schools and agencies that serve marginalized youth will provide proven-effective sexual health education, while additional agencies will provide supportive services aligned with the five essential components of adolescent health identified in the Adolescent Health: Think, Act, Grow® (TAG) curriculum. A Community Advisory Board will include youth, parents/caregivers, disproportionately impacted populations, and agency stakeholders and help select and oversee programming. EyesOpenIowa aims to reach 1,500 students in year one and 3,000 students in years two and three for an annual average of 2,500 youth. The project also aims to reach 800 parents/caregivers in year one and 1,600 in years two and three.

Planned Parenthood of the Heartland, Inc.	Des Moines, IA	\$684,461
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The grantee will implement a number of proven effective curricula in clinic settings, schools, and community-based organizations to target African American and Latinx youth living in Woodbury and Pottawattamie Counties. The curricula include iCuídate!, Draw the Line/Respect the Line, Families Talking Together, Health Improvement Project for Teens, Safer Sex Intervention, and Sisters, Informing, Healing, Living, Empowering. With partners and stakeholders, PPH will implement a three-year initiative to increase the community's capacity to engage with African American and Latinx youth around their sexual and reproductive health. The project's overarching goal is to decrease teen pregnancy and STI rates through community responsive, youth-driven, comprehensive

⁴ Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted.

sexual and reproductive health interventions. In addition to delivering proven effective programming, PPH will mobilize parents/caregivers, adults, and communities through outreach, education, and training. PPH also will include community engagement through advisory councils. PPH aims to reach 350 youth in year one and 1,004 in years two and three for an annual average of 786 youth. Additionally, the project aims to reach 20 parents per year.

Prior Grants

**Tribal Personal Responsibility Education Program (PREP)
FY 2016 – FY 2020**

Great Plains Tribal Chairmen's Health Board \$598,227
Great Plains Tribal Chairmen's Health Board program serves approximately 500 American Indian/Alaska Native youth per year, in five tribal communities throughout the Great Plains area of **Iowa**, Nebraska, North Dakota, and South Dakota.

**Teen Pregnancy Prevention (TPP) Program – Tier 2
FY 2018 – FY 2019**

Sexual Health Education, Inc. Cedar Rapids, IA \$370,000

**Teen Pregnancy Prevention (TPP) Program – Tier 1
FY 2015 – FY 2019**

Planned Parenthood of the Heartland - Des Moines, IA \$965,988
Program models: *Get Real; Draw the Line/Respect the Line; Making Proud Choices!; Safer Sex Intervention*

**PREGNANCY ASSISTANCE FUND
FY 2017**

Iowa Department of Public Health - Des Moines, IA \$1,350,952
Program Categories: High Schools and Community Service Centers

TITLE X FAMILY PLANNING SERVICES IN IOWA ^{iv}

- Title X–supported centers provided contraceptive care to 25,106 women in Iowa in 2019.⁵
- Services at Title X-supported centers helped women avoid 10,500 unintended pregnancies, which would have resulted in 5,100 births and 3,800 abortions.
- By preventing sexually transmitted diseases, cervical cancer, and unplanned pregnancies, Title X-supported centers in Iowa saved \$109.7 million in public funds in a single year.
- From FY 2010 to FY 2017, the amount of federal funding Iowa received for Title X decreased by \$119,523 resulting in 44,394 fewer (59%) patients served.
- In 2017, 40 clinics in Iowa received support from Title X. They included health department clinics (12), federally qualified health centers (9), Planned Parenthood clinics (6), hospitals (5), other service sites (5), family planning health centers (2), and school-based health centers (1).
- In August 2019, the new Title X rule went into effect, forcing some of Iowa’s Title X clinics to exit the program.

For Further Information

ⁱ For an overview of these state policies, see <https://powertodecide.org/what-we-do/information/resource-library/key-state-policies-glance>

ⁱⁱ For an overview of federal funding for teen pregnancy prevention, see <https://powertodecide.org/what-we-do/information/resource-library/federal-funding-streams-at-a-glance>

ⁱⁱⁱ See more state statistics at <https://powertodecide.org/what-we-do/information/national-state-data/iowa>

^{iv} See our contraceptive deserts map <https://powertodecide.org/what-we-do/access/birth-control-access> and the impact of forcing out safety-net providers from the Title X clinic network in your state <https://powertodecide.org/what-we-do/information/resource-library/health-centers-offering-full-range-methods-excluding-title>

⁵ “Title X-supported centers” are supported by a mix of funding sources (in addition to Title X funding) including Medicaid, funding from state and local governments, private grants and fundraising, reimbursement from commercial insurance, patient fees, and federal grants.

About Power to Decide: *Power to Decide, the campaign to prevent unplanned pregnancy, works to ensure that every young person has the power to decide if, when, and under what circumstances to get pregnant and have a child—increasing their opportunity to pursue the future they want. Join us at PowerToDecide.org.*