



the campaign to prevent unplanned pregnancy

## Key Information about North Carolina as of November 2021

State Policies to Increase Access to and Information About Contraception <sup>i</sup>	Does State Have Law or Policy?
Expand Medicaid to childless adults as the ACA allows	No
Medicaid Family Planning Waiver or State Plan Amendment (SPA)	Yes
Medicaid reimbursement for postpartum LARC	Yes
State law/policies that allow pharmacists to prescribe contraception	No
State law/policies to extend the supply of prescription contraceptives	No
State law/policies to educate college students about unplanned pregnancy	No
State laws/policies to protect contraceptive coverage	No
Other state laws/policies/initiatives to increase access to contraception	-

Funding Streams for Teen and Unplanned Pregnancy Prevention <sup>ii</sup>	Current Annual Funding Level
Personal Responsibility Education Funding (PREP) <sup>1</sup>	
State PREP (if state opted to receive formula grant)	\$1,672,811
Competitive PREP grants awarded in the state (if state opted not to receive PREP formula grant)	-
Tribal PREP	-
Personal Responsibility Education Innovative Strategies (PREIS)	-
Teen Pregnancy Prevention (TPP) Program <sup>1, 2</sup>	\$2,297,677
Pregnancy Assistance Fund (PAF)	-
	<i>PAF funding needs to be reauthorized</i>
Title V State Sexual Risk Avoidance Education (if state opted to receive)	\$2,473,060
Title V Competitive Sexual Risk Avoidance Education	\$672,797
Sexual Risk Avoidance Education Program <sup>3</sup>	-
Title X Family Planning Program	\$7,250,000

State Stats <sup>iii</sup>
638,230 women in need of publicly funded contraception live in contraceptive deserts.
Of these women, 42,230 live in counties without a single health center that provides the full range of contraceptive methods. <sup>iv</sup>
43% births are funded by Medicaid, as of 2018

<sup>1</sup> Evidence-based education programs

<sup>2</sup> This may include multi-state grants and/or grants awarded to an organization in another state that benefit youth in NC

<sup>3</sup> Replaced the Competitive Abstinence Education Program beginning in FY 2016

**FEDERAL TEEN PREGNANCY PREVENTION GRANTS<sup>4</sup>**  
**Current Grants**

**State Personal Responsibility Education Program (PREP)**  
**FY 2021**

North Carolina Department of Health and Human Services \$1,672,811  
North Carolina’s PREP program implements five curricula — *Making Proud Choices, Teen Outreach Program, Reducing the Risk, Promoting Health Among Teens, and Wise Guys* — and provide education on adulthood preparation subjects, to include: adolescent development, parent-child communication, healthy life skills, and healthy relationships. The program serves all 100 counties in the state, with priority given to the 50 with the highest teen pregnancy rates, in school, community, and out-of-home care settings. North Carolina PREP plans to serve 4,100 youth annually, ages 10 to 19.

**Title V State Sexual Risk Avoidance Education Grants**  
**FY 2021**

North Carolina Department of Public Instruction \$2,473,060  
The North Carolina State Abstinence Education grant supports programming for students in grades 4-6. Priority is given to schools in counties with high teen birth and pregnancy rates, high rates of children in foster care, high eligibility for free and reduced lunch in schools, and other academic risk factors.

**Title V Competitive Sexual Risk Avoidance Education Grants**  
**FY 2020 – FY 2022** (funds to be spent over 2 years)

The C.W. Williams Community Health Center, Inc. Charlotte, NC \$445,938

The C.W. Williams Community Health Center, Inc., uses the *REAL Essentials Advance* curriculum in school and community-based settings in Mecklenburg and Gaston Counties. The grantee serves 1,200 youth ages 14–19.

Fish Out of Water Career Development Center, Inc. Fayetteville, NC \$449,655

Fish Out of Water Career Development Center, Inc., serves 1,200 youth grades 6–12. The *Love Notes 3.0 Sexual Risk Avoidance Adaptation (SRA) Evidence-Based Program (EBP)* curriculum is used in after-school settings in Bladen County.

The Alice Aycock Poe Center for Health Education Raleigh, NC \$450,000

The Alice Aycock Poe Center for Health Education serves 21,627 youth ages 10–14 in grades 5–8. The grantee uses its own curriculum in school, government, faith-based, and community settings in Duplin, Halifax, Martin, Northampton, Robeson, and Vance Counties.

**Teen Pregnancy Prevention (TPP) Program – Tier 1**  
**FY 2021 - FY 2023**

Cabarrus Health Alliance (CHA) Kannapolis, NC \$862,986  
CHA, the Public Health Authority of Cabarrus County, will implement the Elevate project for youth ages 15-19 in Kannapolis, North Carolina. The goal of Elevate is to reduce STIs, pregnancy, and disparities among high-risk youth by replicating two effective pregnancy

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<sup>4</sup> Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted.

prevention programs, creating and sustaining supportive services that promote optimal health, and leveraging the systems that impact adolescent health to improve equity. CHA will provide culturally appropriate components to best serve youth experiencing the greatest disparities through direct parent and student support services, community outreach, and systems-level change. In partnership with Kannapolis City Schools and racial equity contractors, a Learning Collaborative will also provide a forum, elevating equitable and optimal health into the forefront of community practice. CHA anticipates that the Elevate project will reach 485 adolescents annually.

**Teen Pregnancy Prevention (TPP) Program – Tier 1  
FY 2020 - FY 2023**

SHIFT NC	Durham, NC	\$1,1,434,691
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SHIFT NC will implement Alamance Youth Connected: A Systems Thinking Approach to Achieving Optimal Health Through Preventing Unplanned Pregnancy and STIs (AYC). This project will promote optimal health and begin to address and counteract health inequities among Black and Latinx youth in Alamance County, North Carolina by preventing unplanned pregnancy and sexually transmitted infections (STIs) with multiple proven effective curricula, including *Be Proud! Be Responsible!*, *Be Proud! Be Responsible! Be Protected!*, *Parents as Teachers®*, and *Making Proud Choices: An Adaptation for Youth in Out-of-Home Care*. Key project strategies will include: 1) applying the power of youth and community voice; 2) replicating curricula with fidelity to scale; 3) strengthening linkages to supportive services and healthcare; and 4) communicating and disseminating lessons learned. AYC will implement the curricula in local middle and high schools and community-based organizations throughout the county to reach large numbers of Black and Latinx youth. AYC will also bring tools and resources to parents/caregivers and work with healthcare providers to create stronger referral networks and linkages to youth-centered healthcare and supportive services. The project aims to reach 5,967 youth annually.

**Prior Grants**

**Teen Pregnancy Prevention (TPP) Program – Tier 1  
FY 2015 – FY 2019**

SHIFT NC	Durham, NC	\$736,766
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(formerly Adolescent Pregnancy Prevention Campaign of North Carolina)  
Program models: *Making Proud Choices: An Adaptation for Out of Home Youth (MPC+)*; *SHARP*

SHIFT NC	Durham, NC	\$1,749,000
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Program models: *All4You!*; *Get Real*; *Project AIM*; *Seventeen Days*; *Making Proud Choices*; *SHARP*; *Promoting Health Among Teens! Abstinence-Only Intervention*; *Teen Health Project*

North Carolina Department of Health and Human Services	Raleigh, NC	\$999,999
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Program models: *Making Proud Choices*; *Reducing the Risk*; *Draw the Line/Respect the Line*

**Teen Pregnancy Prevention (TPP) Program – Tier 2  
FY 2015 – FY 2019**

Center for Supportive Schools (CSS) Program models: <i>Peer Group Connection (PGC)</i> Enrolled youth in the Bronx, and Brooklyn, NY, and <b>Sampson County, NC.</b>	Princeton, NJ	\$959,500
Children’s Home Society of NC Program model: <i>Wise Guys</i>	Greensboro, North Carolina	\$586,000
Public Health Authority of Cabarrus County Program model: <i>Taking Responsible Actions in Life (TRAIL)</i>	Cabarrus County, NC	\$595,160

**Teen Pregnancy Prevention (TPP) Program – Tier 1  
FY 2010 – FY 2014**

Family Resource Center of Raleigh, Inc.	Raleigh, NC	\$796,916
Iredell-Statesville Schools	Statesville, NC	\$807,597

**Teen Pregnancy Prevention (TPP) Program – Tier 2  
FY 2010 – FY 2014**

Center for Supportive Schools <i>Served youth and high school educators in the Bronx; Brooklyn, NY; and Sampson County, North Carolina.</i>	Princeton, NJ	\$965,522
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**CDC Grants  
FY 2015 – FY 2019**

SHIFT NC	Durham, NC	\$650,000
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**FY 2010 –FY 2014**

The Adolescent Pregnancy Prevention Campaign of North Carolina (APPCNC)	Durham, NC	\$1,163,553
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**Competitive Abstinence Education Grant Program**

**FY 2015** (funds to be spent through FY 2016)

CJH Educational Grant Services, Inc.	Raleigh, NC	\$417,225
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**FY 2013** (funds to be spent through FY 2014)

Public Health Authority of Cabarrus County	Kannapolis, NC	\$487,376
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**FY 2012** (funds to be spent through FY 2013)

CJH Educational Grant Services, Inc.	Raleigh, NC	\$649,342
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**PREGNANCY ASSISTANCE FUND**

**Funded 2010 – 2013 and 2013 – 2016**

North Carolina Department of Health and Human Services - Raleigh, NC \$1,500,000  
Program Categories: High Schools and Community Service Centers, Domestic Violence and Sexual Assault Prevention, and Public Awareness and Education

## TITLE X FAMILY PLANNING SERVICES IN NORTH CAROLINA

- Title X-supported centers provided contraceptive care to 84,843 women in North Carolina in 2019.<sup>5</sup>
- Services at Title X-supported centers helped women avoid 26,100 unintended pregnancies, which would have resulted in 12,700 births and 9,400 abortions.
- By preventing sexually transmitted diseases, cervical cancer, and unplanned pregnancies, Title X-supported centers in North Carolina saved \$187.6 million in public funds in a single year.
- From FY 2010 to FY 2017, the amount of federal funding North Carolina received for Title X decreased by \$220,253 resulting in 29,923 fewer (21%) patients served.
- In 2019, 110 clinics in North Carolina received support from Title X, all of which were operated by health departments.

### For Further Information

<sup>i</sup> For an overview of these state policies, see <https://powertodecide.org/what-we-do/information/resource-library/key-state-policies-glance>

<sup>ii</sup> For an overview of federal funding for teen pregnancy prevention, see <https://powertodecide.org/what-we-do/information/resource-library/federal-funding-streams-at-a-glance>

<sup>iii</sup> See more state statistics at <https://powertodecide.org/what-we-do/information/national-state-data/north-carolina>

<sup>iv</sup> See our contraceptive deserts map <https://powertodecide.org/what-we-do/access/birth-control-access> and the impact of forcing out safety-net providers from the Title X clinic network in your state <https://powertodecide.org/what-we-do/information/resource-library/health-centers-offering-full-range-methods-excluding-title>

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<sup>5</sup> "Title X-supported centers" are supported by a mix of funding sources (in addition to Title X funding) including Medicaid, funding from state and local governments, private grants and fundraising, reimbursement from commercial insurance, patient fees, and federal grants.

**About Power to Decide:** *Power to Decide, the campaign to prevent unplanned pregnancy, works to ensure that every young person has the power to decide if, when, and under what circumstances to get pregnant and have a child—increasing their opportunity to pursue the future they want. Join us at [PowerToDecide.org](https://PowerToDecide.org).*