



the campaign to prevent unplanned pregnancy

Key Information about Texas as of November 2021

State Policies to Increase Access to and Information About Contraception ⁱ	Does State Have Law or Policy?
Expand Medicaid to childless adults as the ACA allows	No
Medicaid Family Planning Waiver or State Plan Amendment (SPA)	Yes [^]
Medicaid reimbursement for postpartum LARC	Yes
State law/policies that allow pharmacists to prescribe contraception	No
State law/policies to extend the supply of prescription contraceptives	No
State law/policies to educate college students about unplanned pregnancy	No
State laws/policies to protect contraceptive coverage	No
Other state laws/policies/initiatives to increase access to contraception	-

[^] In January 2020, HHS approved a waiver that allows Texas to receive 90% of the funding for its Healthy Texas Women Program from the federal government, even though the state continues to block women from receiving family planning services from any provider who also provides abortion care, see: <https://powertodecide.org/about-us/newsroom/federal-government-allows-texas-block-low-income-womens-access-quality-family>.

Funding Streams for Teen and Unplanned Pregnancy Prevention ⁱⁱ	Current Annual Funding Level
Personal Responsibility Education Funding (PREP) ¹	
State PREP (if state opted to receive formula grant)	-
Competitive PREP grants awarded in the state (if state opted out)	\$5,989,843
Tribal PREP	-
Personal Responsibility Education Innovative Strategies (PREIS)	\$900,000
Teen Pregnancy Prevention (TPP) Program ^{1, 2}	\$9,715,832
Pregnancy Assistance Fund (PAF)	-
PAF funding needs to be reauthorized	<i>Expired 6/30/2020</i>
Title V State Sexual Risk Avoidance Education (if state opted to receive)	\$7,869,874
Sexual Risk Avoidance Education Program ³	\$3,259,413
Title X Family Planning Program	\$14,900,000

State Stats ⁱⁱⁱ
1,751,440 women in need of publicly funded contraception live in contraceptive deserts. Of these women, 178,180 live in counties without a single health center that provides the full range of birth control methods ^{iv}
47.5% births are funded by Medicaid, as of 2018

¹ Evidence-based education programs

² This may include multi-state grants and/or grants awarded to an organization in another state that benefit youth in TX.

³ Replaced the Competitive Abstinence Education Program beginning in FY 2016

FEDERAL TEEN PREGNANCY PREVENTION GRANTS⁴

Current Grants

Competitive Personal Responsibility Education Program (PREP)

FY 2021 – FY 2024

Bee Busy Learning Academy, Inc.	Houston, TX	\$700,000
Center for Success and Independence	Houston, TX	\$441,786
Change Happens	Houston, TX	\$699,993
Creative Visions Social Services & Consultants, Inc.	Mansfield, TX	\$520,749
Future Leaders Outreach Network	Arlington, TX	\$697,008
Healthy Futures of Texas	San Antonio, TX	\$700,000
National Alliance for Hispanic Families	Houston, TX	\$571,136
Project Vida Health Center	El Paso, TX	\$336,000
Seasons of Change, Inc.	Arlington, TX	\$700,000
The Parenting Center	Fort Worth, TX	\$623,171

Personal Responsibility Education Innovative Strategies (PREIS)

FY 2021 – FY 2026

Texas A&M University	College Station, TX	\$900,000
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Title V State Sexual Risk Avoidance Education Grant

FY 2021

Department of State Health Services		\$7,869,874
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The State of Texas serves 9,800 students ages 10–19 in grades 5–12. Programs are offered after school and curricula include *Heritage Keepers*, *Choosing the Best*, *Game Plan*, and *Aspire*. Youth participate in evidence-based, medically accurate SRA curricula classes and in 20 hours of service earning projects.

Sexual Risk Avoidance Education Program

FY 2021 – FY 2024

Change Happens	Houston, TX	\$424,682
Healthy Futures of Texas	San Antonio, TX	\$424,504
Hope Cottage, Inc.	Dallas, TX	\$317,137
Seasons of Change, Inc.	Arlington, TX	\$424,854
University of Texas Health Science Center San Antonio	San Antonio, TX	\$424,853

FY 2020 – FY 2023

Change Happens	Houston, TX	\$445,834
Change Happens is a Houston, Texas, school- and community-based program serving youth ages 14-19. Covering Harris County, the program serves 3,000 students using the <i>Love Notes</i> curriculum.		
Community Action Corporation of South Texas	Alice, TX	\$351,715
Seasons of Change, Inc.	Arlington, TX	\$445,834
The University of Texas Health Science Center at Houston	Houston, TX	\$445,555
Texas State University	San Marcos, TX	\$421,875

⁴ Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted. Texas opted not to apply for the PREP state formula grant funding, therefore Competitive PREP grants were awarded to other entities in the state on a competitive basis.

**Teen Pregnancy Prevention Program (TPP Program) – Tier 1
FY 2021 - FY 2023**

Coastal Bend Wellness Foundation Corpus Christi, TX \$412,208
Project R.U.S.H. (Realistic Understanding of Sexual Health), a partnership between Coastal Bend Wellness Foundation and PILLAR, is an innovative community intervention that educates high school youth and their families on teen pregnancy prevention and adolescent health topics including STIs, behavioral health, and substance use. The project is designed to replicate and scale up the evidence-based Tool to Assess the Characteristics of Effective Sex and STD/HIV Education Programs. The project will provide services throughout five counties in South Texas implementing the evidence-based curriculum, *Making Proud Choices!*, and will serve more than 9,000 youth annually.

University of Texas Health Science Center San Antonio, TX \$1,500,000
UT Teen Health (UTTH) will replicate two effective programs, *Positive Potential* and the *Love Notes Sexual Risk Avoidance Evidence-Based Program*, in three Bexar County school districts that demonstrate high need. These programs will promote optimal health for adolescents in grades 6-12, using a sustainable model to train facilitators to reach 16,000 adolescents annually. The programs will also strengthen family/caregiver and teen communication through the Need to Know Community Program, enhance linkages to community clinics through the Family/Clinic Interface, and provide youth with meaningful leadership opportunities through the Youth Leadership Team.

**Teen Pregnancy Prevention Program (TPP Program) – Tier 2
FY 2020 - FY 2023**

Texas A&M University College Station, TX \$1,860,000
The grantee will convene a diverse, multidisciplinary network of partners to develop, refine, and test innovative interventions targeting youth access to and experiences with sexual healthcare. The Comprehensive Healthcare for Adolescents Initiative (CHAI) project will focus on leverage points and feedback loops that influence adolescent utilization and experiences across primary, sexual and reproductive health, and mental healthcare in outpatient and school-based health clinics and hospital settings. CHAI will use implementation evaluation metrics to document the innovation strategy, feasibility, and pilot testing to establish preliminary evidence for interventions. The network will also use continuous quality improvement to monitor processes and inform any necessary changes to ensure project success and scalability. Project successes, barriers, and outcomes will be disseminated to community, practitioner, and academic audiences.

The University of Texas at Austin Austin, TX \$1,860,000
The grantee will create a multidisciplinary network and learning community to promote optimal health for child welfare-involved youth in four Texas cities. The Texas Foster Youth Health Initiative (TFYHI) will be innovative and impactful by: 1) using the socio-ecological model as a framework for coordinated strategies at the individual, interpersonal, organizational, community, and public policy level; 2) exploring, developing, testing, refining, and evaluating sexual and relationship education interventions to meet community needs; 3) applying a trauma-informed approach to build skills for healthy relationships, sexual health, and youth-adult relationships; 4) empowering foster youth through leadership opportunities in program design; and 5) framing sexual education from a sex-positive perspective in which youth have the information to drive their own decision-making. TFYHI will provide state-wide trainings and technical assistance for child placing agencies, child welfare professionals, mentorship organizations, and foster and birth parents. TFYHI will also include a Youth Leadership Council comprised of foster care alumni who participate in trainings, design interventions, and lead teen conferences.

**Teen Pregnancy Prevention Program (TPP Program) – Tier 1
FY 2020 - FY 2023**

City of Austin	Austin, TX	\$797,102
<p>The City of Austin's Del Valle Healthy Adolescent Project (DVHAP) is a three-component intervention that will implement Positive Prevention PLUS curriculum to reduce teen pregnancy and sexually transmitted infections among adolescents in the Del Valle Independent School District (DVISD) in Texas. DVHAP aims to provide effective sexual health education; engage youth, families, and communities in continuous improvement; and expand and improve the support services for DVISD youth. DVHAP anticipates serving 780 youth annually.</p>		
Community Action Corporation of South Texas	Alice, TX	\$999,100
<p>The grantee's Teen Leadership & Development (STTLT) Program will implement the <i>Teen Outreach Program</i>® in middle schools, <i>Love Notes 3.0 Sexual Risk Avoidance Adaptation Evidence-Based Program</i> in high schools, and <i>Safer Sex Intervention</i> in clinics/community settings to reduce birth rates, STI rates, and risk behaviors in youth. STTLT will target young women aged 13-19 across six independent school districts in four South Texas Counties with teen birth rates three to four times higher than the national average. STTLT will utilize a holistic and inclusive approach to replicate proven effective curricula, increase adult support systems, and provide complementary support services to affect community-wide change. STTLT aims to serve 1,143 youth annually.</p>		
North Texas Alliance to Reduce Unintended Pregnancy in Teens (Ntarupt)	Dallas, TX	\$855,769
<p>Ntarupt will work within two charter school systems serving youth in need to provide proven effective sexual health curricula to adolescents and engage them as learners and leaders through a Youth Advisory Board. A public awareness campaign, Talk About It Dallas (TAID), will provide additional resources to youth and caregivers. The project will provide awareness of state and local policies through a Community Advisory Group, relationships with the school systems, and TAID. Ntarupt will work directly with school staff to clarify roles, ensure students are supported, and offer training and information to youth-serving adults. The project aims to serve 1,512 youth in year one and 2,060 youth in years two and three for an annual average of 1,877 youth.</p>		
Project Vida Health Center (PHVC)	El Paso, TX	\$1,431,653
<p>PVHC will implement a project to address barriers that hinder El Paso County adolescents from obtaining optimal health, with a specific focus on improving their social system supports to encourage teen pregnancy prevention and the reduction of STIs and HIV. The project's primary goals will be to: 1) ensure that areas with the greatest needs are targeted to promote equity in reaching optimal health and preventing teen pregnancy and STIs; 2) identify multiple leverage points to maximize the impact on promoting optimal health and preventing teen pregnancy and STIs; 3) replicate with fidelity effective curricula (Making A Difference! and Positive Prevention Plus) and provide supportive services that are culturally and age appropriate, medically accurate, and trauma-informed; and 4) incorporate youth and community voice into the project to ensure the highest quality and best fit for the communities and populations served. The project aims to reach 5,000 middle school students and 1,516 high school students annually.</p>		

Prior Grants

Personal Responsibility Education Innovative Strategies (PREIS)

FY 2016 – FY 2020

Bee Busy Learning Academy, Inc.	Houston, TX	\$860,338
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FY 2010 – FY 2015

Education Development Center, Inc.	Newton, MA	\$773,359
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Served youth and parents at four LNEESC sites across Albuquerque, NM; Colorado Springs, CO; El Paso, TX; and Kansas City, MO.

Teen Pregnancy Prevention Program (TPP Program) – Tier 1

FY 2019 – FY 2021

Change Happens Program Model: <i>Love Notes</i>	Houston, TX	\$493,000
Project Vida Health Center Program Model: <i>Reducing the Risk</i>	El Paso, TX	\$443,000
University of Texas Health Science Center at San Antonio Program Model: <i>Love Notes</i>	San Antonio, TX	\$493,000

Teen Pregnancy Prevention Program (TPP Program) – Tier 2

FY 2018 – FY 2021

The University of Texas Health Science Center at San Antonio	San Antonio, TX	\$375,000
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Teen Pregnancy Prevention Program (TPP Program) – Tier 1

FY 2015 – FY 2019

Community Action Corporation of South Texas Program models: <i>Teen Outreach Program; Safer Sex Intervention</i>	Alice, TX	\$749,999
Project Vida Health Center Program model: <i>Making a Difference; Teen Health Project; Positive Prevention PLUS</i>	El Paso, TX	\$796,297
The Dallas Foundation Program models: <i>Families Talking Together; Be Proud! Be Responsible!; Making Proud Choices</i>	Dallas, TX	\$987,500
The University of Texas Health Science Center at San Antonio Program model: N/A	San Antonio, TX	\$750,000
The University of Texas Health Science Center at San Antonio Program models: <i>Families Talking Together; Draw the Line/Respect the Line; It's Your Game:Keep It Real; Making a Difference!; Promoting Health Among Teens –Abstinence Only; Promoting Health Among Teens – Comprehensive; Reducing the Risk; SHARP; Love Notes</i>	San Antonio, TX	\$2,000,000

**Teen Pregnancy Prevention Program (TPP Program) – Tier 2
FY 2015 – FY 2019**

The Texas A&M University System Health Science Center Program model: N/A	College Station, TX	\$1,500,000
Engender Health, Inc. Program name: <i>RE:MIX</i>	Austin, TX	\$999,999
Healthy Futures of Texas Program model: <i>Big Decisions</i>	San Antonio, TX	\$869,902

**Teen Pregnancy Prevention (TPP) Program – Tier 1
FY 2010 – FY 2014**

Navasota ISD	Navasota, TX	\$999,030
University of Texas Health Science Center	Houston, TX	\$3,000,000
Youth and Family Alliance, dba LifeWorks	Austin, TX	\$585,000

**Teen Pregnancy Prevention (TPP) Program – Tier 2
FY 2010 – FY 2014**

Arlington Independent School District	Arlington, TX	\$995,675
University of Texas Health Science Center	San Antonio, TX	\$851,450
Engender Health (Served youth in Travis County, TX.)	New York, NY	\$976,408

CDC Grants

FY 2010 – FY 2014

The University of Texas Health Science Center at San Antonio		\$1,209,387
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**Competitive Personal Responsibility Education Program (PREP)
FY 2015 – FY 2020**

Ambassadors for Christ Youth Ministries, Inc.	Houston, TX	\$668,764
Center for Success and Independence, Inc.	Houston, TX	\$642,296
Change Happens	Houston, TX	\$668,764
Future Leaders Outreach Network	Fort Worth, TX	\$667,687
Healthy Future of Texas	San Antonio, TX	\$668,764
Seasons of Change, Inc.	Arlington, TX	\$450,973
Texas A&M University	College Station, TX	\$250,001

FY 2012 – FY 2014

Ambassadors for Christ Youth Ministries, Inc.	Rosharon, TX	\$850,000
BCFS Health and Human Services	San Antonio, TX	\$888,697
Bee Busy Learning Academy, Inc.	Houston, TX	\$493,301
Cardea Services	Austin, TX	\$719,829
Change Happens	Houston, TX	\$833,444
Community Action Corporation of South Texas	Alice, TX	\$500,000
Creative Visions Social Services & Consultants, Inc.	Mansfield, TX	\$686,877
Girls Incorporated of Metropolitan Dallas	Dallas, TX	\$240,000
Healthy Families San Angelo	San Angelo, TX	\$793,532
Henderson County HELP Center, Inc.	Athens, TX	\$575,103
Planned Parenthood of North Texas, Inc.	Dallas, TX	\$471,706
Project Vida Health Center	El Paso, TX	\$481,866

Seasons of Change, Incorporated	Arlington, TX	\$675,000
Youth and Family Alliance dba LifeWorks	Austin, TX	\$310,000

**Sexual Risk Avoidance Education Program
FY 2017 – FY 2019**

Ambassadors for Christ Youth Ministries, Inc.	Houston, TX	\$548,103
BCFS Health and Human Services	San Antonio, TX	\$548,103

FY 2016 – FY 2018

Ambassadors for Christ Youth Ministries, Inc.	Houston, TX	\$442,019
BCFS Health and Human Services	San Antonio, TX	\$442,019

TITLE X FAMILY PLANNING SERVICES IN TEXAS^{iv}

- Title X-supported centers provided contraceptive care to 154,740 women in Texas in 2019.⁵
- Services at Title X-supported centers helped women avoid 40,000 unintended pregnancies, which would have resulted in 19,800 births and 13,600 abortions.
- By preventing sexually transmitted diseases, cervical cancer, and unplanned pregnancies, Title X-supported centers in Texas saved \$435.8 million in public funds in a single year.
- From FY 2010 to FY 2017, the amount of federal funding Texas received for Title X decreased by \$1,360,019, resulting in 76,934 fewer (29%) patients served.
- In 2019, 151 clinics in Texas received support from Title X. They included health department clinics (24), family planning health centers (33), federally qualified health centers (76), and hospitals (18).

For Further Information

ⁱ For an overview of these state policies, see <https://powertodecide.org/what-we-do/information/resource-library/key-state-policies-glance>

ⁱⁱ For an overview of federal funding for teen pregnancy prevention, see <https://powertodecide.org/what-we-do/information/resource-library/federal-funding-streams-at-a-glance>

ⁱⁱⁱ See more state statistics at <https://powertodecide.org/what-we-do/information/national-state-data/texas>

^{iv} See our contraceptive deserts map <https://powertodecide.org/what-we-do/access/birth-control-access> and the impact of forcing out safety-net providers from the Title X clinic network in your state <https://powertodecide.org/what-we-do/information/resource-library/health-centers-offering-full-range-methods-excluding-title>

⁵ "Title X-supported centers" are supported by a mix of funding sources (in addition to Title X funding) including Medicaid, funding from state and local governments, private grants and fundraising, reimbursement from commercial insurance, patient fees, and federal grants.

About Power to Decide: *Power to Decide, the campaign to prevent unplanned pregnancy, works to ensure that every young person has the power to decide if, when, and under what circumstances to get pregnant and have a child—increasing their opportunity to pursue the future they want. Join us at PowerToDecide.org.*