



the campaign to prevent unplanned pregnancy

Key Information about Utah as of November 2021

State Policies to Increase Access to and Information About Contraception ⁱ	Does State Have Law or Policy?
Expand Medicaid to childless adults as the ACA allows	Yes
Medicaid Family Planning Waiver or State Plan Amendment (SPA)	No
Medicaid reimbursement for postpartum LARC	Yes
State law/policies that allow pharmacists to prescribe contraception	Yes
State law/policies to extend the supply of prescription contraceptives	No
State law/policies to educate college students about unplanned pregnancy	No
State laws/policies to protect contraceptive coverage	No
Other state laws/policies/initiatives to increase access to contraception	-

Funding Streams for Teen and Unplanned Pregnancy Prevention ⁱⁱ	Current Annual Funding Level
Personal Responsibility Education Funding (PREP) ¹	
State PREP (if state opted to receive formula grant)	\$644,797
Competitive PREP grants awarded in the state (if state opted out)	-
Tribal PREP	-
Personal Responsibility Education Innovative Strategies (PREIS)	-
Teen Pregnancy Prevention (TPP) Program ^{1, 2}	\$1,157,267
Pregnancy Assistance Fund (PAF) <i>PAF funding needs to be reauthorized</i>	- <i>Expired 6/30/2020</i>
Title V State Sexual Risk Avoidance Education (if state opted to receive)	\$513,639
Sexual Risk Avoidance Education Program ³	-
Title X Family Planning Program	\$2,000,000 (but lost 100% of funds) ^{iv}

State Stats ⁱⁱⁱ
203,600 women in need of publicly funded contraception live in contraceptive deserts. Of these women, 15,090 live in counties without a single health center that provides the full range of birth control methods. ^{iv}
26% births are funded by Medicaid, as of 2018

¹ Evidence-based education programs

² This may include multi-state grants and/or grants awarded to an organization in another state that benefit youth in UT

³ Replaced the Competitive Abstinence Education Program beginning in FY 2016

FEDERAL TEEN PREGNANCY PREVENTION GRANTS⁴
Current Grants

State Personal Responsibility Education Program (PREP)
FY 2021

Utah Department of Health, Division of Family Health and Preparedness \$644,791
Utah’s PREP program serves youth ages 14 to 19. The program is implementing *Making Proud Choices* and *Reducing the Risk* in clinic- and community-based settings. Its target populations include youth in foster care and the juvenile justice system in Bear River, Greater Salt Lake, Utah County, and Weber-Morgan. Utah PREP plans to serve 300 youth annually. PREP programs in Utah have the option to educate youth in three of the following adult preparation subjects: adolescent development, educational and career success, parent-child communication, healthy life skills, financial literacy, and healthy relationships.

Title V State Sexual Risk Avoidance Education Grant
FY 2021

State of Utah, Department of Health, Division of Family Health and Preparedness
\$513,639

The Utah Department of Health serves 5,000—8,000 youth ages 10—19 in low-income urban and rural areas with teen birth rates higher than Utah’s state rate. The state uses *Choosing the Best, Families Talking Together, Making A Difference, Love Notes (SRA Version), Relationship Smarts (SRA Version), Heritage Keepers, or Teen Outreach Program (TOP)* curricula in schools or community-based settings.

Teen Pregnancy Prevention (TPP) Program – Tier
FY 2020 - FY 2023

Utah State University – Logan, UT \$ 1,157,267

The grantee Flourishing and Strong Teens (FAST) project will implement Love Notes Sexual Risk Avoidance to teens in alternative high schools and community behavioral health settings across four counties in Utah’s urban corridor. The goals of this project are: 1) empower teens with research-based information of healthy relationships and healthy sexual choices; 2) teach the skills needed for pregnancy prevention and elimination of sexual risk; 3) encourage factors such as self-regulation/self-control and intentionality; and 4) reduce risk factors (avoid sexual risk, provide cessation support). In addition, FAST provides resources for community professionals and parents/caregivers to strengthen their parenting knowledge and skills in order to better support youth served by the project. FAST aims to serve 1,250 youth annually.

Prior Grants

Teen Pregnancy Prevention (TPP) Program – Tier 1
FY 2015 – FY 2019

Planned Parenthood of the Great Northwest & Hawaiian Islands - Seattle, WA
\$999,999

⁴ Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted.

Program models: *All4You, Families Talking Together, Love Notes, Sisters Saving Sisters, Safer Sex Intervention, Get Real, Positive Prevention Plus*
Served youth in Caldwell, ID; Salem, OR; **South Salt Lake City, Utah**; Centralia, WA; East Tacoma, WA; and Mt. Vernon, WA.

Teen Pregnancy Prevention (TPP) Program – Tier 2 FY 2015 – FY 2019

Planned Parenthood of the Great Northwest & Hawaiian Islands - Seattle, WA \$1,000,000
Program models: *Linking Families and Teens (LiFT)*
Served youth in Alaska, Idaho, Oregon, **Utah**, Hawaii, and Washington

Planned Parenthood of the Great Northwest & Hawaiian Islands - Seattle, WA \$1,000,000
Program model: *IN•cluded: Inclusive Healthcare—Youth and Providers Empowered*
Served youth in 14 communities in Alaska, Massachusetts, Minnesota, Montana, Oregon, **Utah**, and Washington.

TITLE X FAMILY PLANNING SERVICES IN UTAH^{iv}

- Title X–supported centers provided contraceptive care to 15,984 women in Utah in 2019.⁵
- Services at Title X-supported centers helped women avoid 7,300 unintended pregnancies, which would have resulted in 3,500 births and 2,600 abortions.
- By preventing sexually transmitted diseases, cervical cancer, and unplanned pregnancies, Title X-supported centers in Utah saved \$46.6 million in public funds in a single year.
- From FY 2010 to FY 2017, the amount of federal funding Utah received for Title X decreased by \$237,564, resulting in 6,371 fewer (15%) patients served.
- In 2017, prior to the new Title X rule, 19 clinics in Utah received support from Title X. They included Planned Parenthood clinics (8), family planning health centers (7), and federally qualified health centers (4).
- In August 2019, the new Title X rule went into effect, forcing Utah’s sole Title X grantee to exit the program. As a result, the state lost 100% of its Title X funds.

⁵ “Title X-supported centers” are supported by a mix of funding sources (in addition to Title X funding) including Medicaid, funding from state and local governments, private grants and fundraising, reimbursement from commercial insurance, patient fees, and federal grants.

For Further Information

- ⁱ For an overview of these state policies, see <https://powertodecide.org/what-we-do/information/resource-library/key-state-policies-glance>
- ⁱⁱ For an overview of federal funding for teen pregnancy prevention, see <https://powertodecide.org/what-we-do/information/resource-library/federal-funding-streams-at-a-glance>
- ⁱⁱⁱ See more state statistics at <https://powertodecide.org/what-we-do/information/national-state-data/utah>
- ^{iv} See our contraceptive deserts map <https://powertodecide.org/what-we-do/access/birth-control-access> and the impact of forcing out safety-net providers from the Title X clinic network in your state <https://powertodecide.org/what-we-do/information/resource-library/health-centers-offering-full-range-methods-excluding-title>

About Power to Decide: *Power to Decide, the campaign to prevent unplanned pregnancy, works to ensure that every young person has the power to decide if, when, and under what circumstances to get pregnant and have a child—increasing their opportunity to pursue the future they want. Join us at PowerToDecide.org.*