

REPRODUCTIVE WELL-BEING PLEDGE FOR PROVIDERS, ALLIES, AND OTHER INDIVIDUALS

Commitment to Reproductive Well-Being

Reproductive well-being means that all people have equitable access to the information, services, systems, and support they need to have control over their bodies, and to make their own decisions related to sexuality and reproduction throughout their lives.

I pledge to integrate reproductive well-being into my everyday actions whenever and however I can. I am committed to continual learning and to practice this approach with people I know, support, and serve in this way, even if it's different than the way I was taught or have been working.

I recognize that although I play a key part in establishing reproductive well-being, I cannot do it alone. I will look for ways to change the place I work—and support changes in our society—to make it easier for all people to achieve reproductive well-being.

I will renew my commitment to provide care in a way that helps advance this vision.

I pledge to make reproductive well-being a reality for all people—of every gender identity, sexual orientation, and background—by making sure they are:

- **Seen and Understood.** People are trusted by their providers and met where they are. Their experiences, cultures, and desires are respected. They receive information without judgment from providers who recognize that there is no “right” answer to complex decisions.
- **Autonomous.** People have freedom and safety to experience sexuality as they want to experience it, as long as it is consensual and does not harm others. They have the power to make their own decisions about if, when, and under what circumstances to have a child, or not.
- **In control.** People receive access to all the information and options available so they can make informed decisions. They can create a healthy future for themselves and a healthy start for the next generation if they choose to have or raise children.
- **Surrounded by communities and systems of support.** Reproductive well-being is an essential component of overall health and well-being, not only in the health care system, but in society in general. It is understood, discussed openly, and pursued by all.

This vision of reproductive well-being was initiated by a steering committee of more than 40 national organizations representing a broad set of disciplines, including public health, women's health, human services, child health, education, and reproductive health, rights and justice, and informed by research with more than 300 people with lived experience, health and social service providers, and influencers from across the country. For more information, visit www.reproductivewellbeing.org.