

Key Takeaways from the 2024 YouR HeAlth Survey



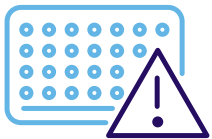
Young people are not getting information about contraception and abortion from their preferred sources.

Approximately 80% wanted information on these topics from health care providers, but only 33% and 3%, respectively, received it in the last year.



Many young people, especially minors, lack the information needed to make informed decisions about contraception.

About one-quarter of young people did not have the information they need to make a decision about whether using birth control now is right for them, and about one-third did not have enough information to decide which method is right for them.



Concerns about side effects of contraception are common among young people.

Over half of young people were worried that birth control has dangerous side effects, and over one-third were worried that using birth control could affect their future fertility.



Young people need more support in accessing contraception and abortion services.

A large minority of young people lacked contraceptive self-efficacy, and more than half lacked abortion self-efficacy.



The contraceptive preferences of some young people are not being met.

Only 68% of young people reported using their preferred contraceptive method.

The Youth Reproductive Health Access (YouR HeAlth) Survey, an initiative of Power to Decide, is an online survey that measures young people's knowledge, attitudes, and experiences related to sexual and reproductive health information and health services. The 2024 YouR HeAlth Survey was fielded July 17, 2024 to August 30, 2024 using Ipsos KnowledgePanel, the largest probability-based online panel in the U.S. A total of 1,203 respondents participated in the 2024 survey. For additional details, please visit powertodecide.org/yourhealthsurvey.