



the campaign to prevent unplanned pregnancy

Key Information about Arizona as of January 2019

State Policies to Increase Access to and Information About Contraception*	Does State Have Law or Policy?
Expand Medicaid to childless adults as the ACA allows	Yes
Medicaid Family Planning Waiver or State Plan Amendment (SPA)	No
Medicaid reimbursement for postpartum LARC	Yes
State law/policies that allow pharmacists to prescribe contraception	No
State law/policies to extend the supply of prescription contraceptives	No
State law/policies to educate college students about unplanned pregnancy	No
Other state laws/policies/initiatives to increase access to contraception	-

Funding Streams for Teen and Unplanned Pregnancy Prevention**	Current Annual Funding Level
Personal Responsibility Education Funding (PREP) ¹	
State PREP (if state opted to receive formula grant)	\$1,050,744
Competitive PREP grants awarded in the state (if state opted out)	-
Tribal PREP	-
Personal Responsibility Education Innovative Strategies (PREIS)	-
Teen Pregnancy Prevention (TPP) Program ^{1,2}	\$4,406,887
Pregnancy Assistance Fund (PAF)	\$954,528
Title V State Sexual Risk Avoidance Education (if state opted to receive)	\$1,572,565
Title V Competitive Sexual Risk Avoidance Education (if state opted out)	-
Sexual Risk Avoidance Education Program ³	\$545,993
Title X Family Planning Program	\$5,342,000

State Stats
54% births are funded by Medicaid, as of 2013
See more state stats at https://powertodecide.org/what-we-do/information/national-state-data/arizona

* For an overview of these state policies, see <https://powertodecide.org/what-we-do/information/resource-library/key-state-policies-glance>

** For an overview of federal funding for teen pregnancy prevention, see <https://powertodecide.org/what-we-do/information/resource-library/federal-funding-streams-at-a-glance>

¹ Evidence-based education programs

² This may include multi-state grants and/or grants awarded to an organization in another state that benefit youth in AZ.

³ Replaced the Competitive Abstinence Education Program beginning in FY 2016.

FEDERAL TEEN PREGNANCY PREVENTION GRANTS⁴

State Personal Responsibility Education Program (PREP)

Arizona Department of Health Services

\$1,050,744

The Arizona Department of Health Services is using PREP funds to assist eight local entities to implement evidence-based programs in school- and community-based settings. The program targets young people ages 12–19 in Phoenix, Tucson, and areas in Pinal and Santa Cruz counties.

Personal Responsibility Education Innovative Strategies Program (PREIS)

FY 2010 – FY 2015

Teen Outreach Pregnancy Services - Tucson, AZ

Project name: Prevent Second Pregnancy Project

\$933,906

Teen Outreach Pregnancy Services (TOPS), a community-based, nurse-managed, health education program, will evaluate its Prevent Secondary Pregnancy project. Through the intervention, 1,000 teen mothers will receive 30 hours of health education, including prenatal health care, comprehensive sexuality education, and breastfeeding education, and 75 hours of supportive services through in-depth case management. Goals for the project include reducing the incidence of repeat pregnancy and sexually transmitted diseases, increasing positive maternal life-course outcomes, and increasing the practice of exclusive breastfeeding for a minimum of six months to suppress ovulation.

Child & Family Resources, Inc. - Tucson, AZ

Project name: *Go Grrrls*: Testing the effectiveness of a girls-only pregnancy prevention curriculum

\$403,154

Child & Family Resources, Inc. will implement and evaluate the *Go Grrrls* curriculum over the next three years. A diverse target population of 840 girls, ages 12 to 14, will be recruited from a center against domestic abuse, local Girl Scouts, and three middle schools in Pima County, Arizona. Through the 14-hour curriculum, *Go Grrrls* teaches critical developmental skills like developing gender role identity, establishing a positive self-image, making responsible decisions, engaging in healthy sexuality, making and keeping friends, accessing resources when needed, and planning for the future. The project aims to decrease risky sexual behavior and teen pregnancy rates by increasing risk awareness, condom efficacy, resistance to peer pressure, and motivation to succeed.

Tribal PREP

FY 2011 – FY 2015

Inter Tribal Council of Arizona, Inc.

\$325,425

Title V State Sexual Risk Avoidance Education Grant

Arizona Department of Health Services

\$1,572,565

The Arizona Department of Health Services sub-grants funds to four local entities to provide programming to youth ages 12–19 in both school- and community-based settings.

⁴ Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted. State PREP, Tribal PREP, and Title V State/ Competitive Abstinence grant amounts, where applicable, reflect the most recent annual award.

**Sexual Risk Avoidance Education Program Grant
FY 2016 – FY 2018**

Arizona Youth Partnership - Marana, AZ
\$545,993

**Competitive Abstinence Education Grant Program
FY 2014**

Arizona Youth Partnership - Marana, AZ
\$429,456 (to be spent through FY 2015)

**Teen Pregnancy Prevention (TPP) Program— Tier 2
FY 2018 – FY 2019**

Teen Outreach Pregnancy Services - Tucson, AZ
\$373,492

**Teen Pregnancy Prevention (TPP) Program— Tier 1
FY 2015 – FY 2019**

Child & Family Resources, Inc. - Tucson, AZ

Program models: *Making a Difference!*; *Reducing the Risk*; *Be Proud, Be Responsible, Be Protective!*
\$863,492

The Tucson Teen Pregnancy Prevention Coalition's Mobilization for Positive Futures Project works in the San Xavier and Tucson South communities, which have some of the highest teen birth rates in Arizona, to provide evidence-based Teen Pregnancy Prevention (TPP) programming. The Coalition intends to reduce teen birth rates in these communities in three ways: 1) by providing evidence-based TPP curricula to 10,600 youth age 11-19 over the course of the grant; 2) by training school staff and community members in the evidence-based TPP curricula; and 3) by generating community support to adopt evidence-based TPP curricula in the schools.

Maricopa County - Phoenix, AZ
\$749,999

The Maricopa County Department of Public Health (MCDPH) works to decrease the teen birth rate in Maricopa County by building the capacity of established, youth-serving organizations to provide quality, evidence-based teen pregnancy prevention programming. The project consists of two primary strategies: 1) Targeted capacity building assistance to youth-serving organizations that serve communities with the highest teen birth rates or that serve particularly vulnerable populations; and 2) The establishment of a community of practice focused on adolescent health and wellbeing through a Community Advisory Board, an annual summit, ongoing professional development opportunities, and an online centralized hub to access and share resources, training, and a valuable network of peers.

Touchstone Behavioral Health - Phoenix, AZ

Program models: *Making Proud Choices!*
\$998,493

The goal of Touchstone Behavioral Health is to reduce the teen birth rate by 3% within their service area. To reach this goal, they established the Teen Pregnancy Prevention Program in 2010 to address the growing need for awareness and education on teen pregnancy and sexually transmitted infections or diseases. Touchstone implements the curriculum *Making Proud Choices* (MPC) in the Southwest Valley and reaches approximately 2500 youth a year. Touchstone also facilitates the *Community Alliance for Resources and Education* (CARE) Coalition, which is a community advisory board whose aim it is to improve adolescent health in the West Valley. The CARE Coalition and Touchstone also facilitate a

youth and community member/parent council in order to provide additional support, advocacy, and guidance on programming and services. Through the CARE Coalition, Touchstone will provide a public awareness campaign to increase education on teen pregnancy and sexual health, which includes creating and distributing public service announcements, engaging in a strategic social media campaign, and organizing an annual health fair to bring resources to the community.

**Teen Pregnancy Prevention (TPP) Program — Tier 2
FY 2015 – FY 2019**

Child & Family Resources, Inc. - Tucson, Arizona

Program model: *Guy Talk*

\$541,339

The goals of the Child & Family Resources, Inc. (CFR) program are to reduce rates of partner pregnancy and rates of sexually transmitted infections (STIs) for both boys and their sexual partners. In order to achieve this goal, CFR works to delay sexual debut and provide greater self-efficacy across personal and social domains through Guy Talk, a primary prevention program tailored for adolescent boys to help them build skills they need to make good life choices and resist risky behaviors, including risky sexual behavior. The 16-hour curriculum consists of the following units: being a guy in today's society, dealing with emotions, peer friendship and leadership, relationship management, independence and responsible decision-making, healthy sexuality, and life skills. During full intervention delivery beginning in Year 2, Guy Talk will be delivered to 405 high school freshman over three years.

Johns Hopkins University - Baltimore, MD

Program model: *Respecting the Circle of Life: A Pregnancy Prevention Program for American Indian Teens*

\$880,072

Johns Hopkins University will scientifically evaluate the effectiveness of the Respecting the Circle of Life: Mind, Body and Spirit (RCL) program in reducing behaviors resulting in sexually transmitted infection (STI) and pregnancy among American Indian adolescents in rural **Arizona**. RCL is a theory-based sexual risk reduction intervention tailored for American Indian teens. RCL curriculum content covers: 1) The reproductive system, pregnancy, and contraception; 2) Sexually transmitted infection and prevention; 3) Condom use and demonstration; 4) Partner negotiation skills around sex and substance use; 5) Problem-solving and sexual health decision-making skills; and 6) Values clarification, goal-setting, and family planning skills.

**Teen Pregnancy Prevention (TPP) Program — Tier 1
FY 2010 – FY 2014**

Maricopa County - Phoenix, AZ

Program model: *Teen Outreach Program*TM

\$859,620

The Maricopa County Department of Health will provide teen pregnancy prevention services in the Phoenix area using the *Teen Outreach Program*TM. Maricopa County will provide services to youth ages 14-18 years old at 12 community sites. This project intends to reduce teen births by establishing a comprehensive, culturally-competent youth development program that increases community capacity to implement evidence-based curriculum and provide supportive services.

Touchstone Behavioral Health - Phoenix, AZ

Program model: *¡Cúídate!*

\$478,183

Touchstone Behavioral Health is implementing *¡Cuidate!* in their community with Latino youth ages 13-18. Over the course of the five years, the project will serve approximately 3,500 youth from the Maryvale community in Phoenix with this program. Touchstone chose this evidence-based program to implement based on the needs of the community and will ensure that it is replicated with fidelity.

**Pregnancy Assistance Fund
FY 2018**

State of Arizona, Governor's Office of Youth, Faith, and Family – Phoenix, Arizona
Settings: High Schools, Community Service Centers
\$954,528

TITLE X FAMILY PLANNING SERVICES IN ARIZONA

- Title X–supported centers provided contraceptive care to 29,790 women in Arizona in 2014.⁵ These services helped women avoid 7,200 unintended pregnancies, which would have resulted in 3,500 births and 2,600 abortions.
- In the absence of publicly-funded family planning services, the number of unintended pregnancies and abortions in Arizona would be 27% higher.⁶
- By preventing sexually transmitted diseases, cervical cancer, and unplanned pregnancies, Title X-supported centers in Arizona saved \$88 million in public funds in 2010.
- From FY 2010 to FY 2017, the amount of federal funding Arizona received for Title X increased by \$8,603. During that time, the number of patients served declined by 13,997 (28%).
- In 2017, 28 clinics in Arizona received support from Title X. They included local health department clinics (13), federally qualified health centers (10), and Planned Parenthood clinics (5).

About Power to Decide: *Power to Decide, the campaign to prevent unplanned pregnancy, works to ensure that every young person has the power to decide if, when, and under what circumstances to get pregnant and have a child—increasing their opportunity to pursue the future they want. Join us at PowerToDecide.org.*

⁵ “Title X-supported centers” are supported by a mix of funding sources (in addition to Title X funding) including Medicaid, funding from state and local governments, private grants and fundraising, reimbursement from commercial insurance, patient fees, and federal grants.

⁶ “Publicly-funded family planning services” refers to all public funding sources that support family planning services, including Medicaid, Title X, and other state and federal resources.