



the campaign to prevent unplanned pregnancy

## Key Information about California as of January 2019

State Policies to Increase Access to and Information About Contraception*	Does State Have Law or Policy?
Expand Medicaid to childless adults as the ACA allows	Yes
Medicaid Family Planning Waiver or State Plan Amendment (SPA)	Yes
Medicaid reimbursement for postpartum LARC	Yes
State law/policies that allow pharmacists to prescribe contraception	Yes
State law/policies to extend the supply of prescription contraceptives	Yes
State law/policies to educate college students about unplanned pregnancy	No
Other state laws/policies/initiatives to increase access to contraception	Yes <sup>†</sup>

<sup>†</sup>[The Contraceptive Coverage Equity Act of 2014](#) requires private plans to cover at least one contraceptive in each of the 18 distinct FDA-approved categories of prescription contraceptives for women, without cost-sharing.

Funding Streams for Teen and Unplanned Pregnancy Prevention**	Current Annual Funding Level
Personal Responsibility Education Funding (PREP) <sup>1</sup>	
State PREP (if state opted to receive formula grant)	\$5,860,140
Competitive PREP grants awarded in the state	-
Tribal PREP	\$725,607
Personal Responsibility Education Innovative Strategies (PREIS)	\$2,289,962
Teen Pregnancy Prevention (TPP) Program <sup>1,2</sup>	\$9,395,721
Pregnancy Assistance Fund (PAF)	\$1,388,075
Title V State Sexual Risk Avoidance Education (if state opted to receive)	-
Title V Competitive Sexual Risk Avoidance Education (if state opted out)	\$1,150,000
Sexual Risk Avoidance Education Program <sup>3</sup>	-
Title X Family Planning Program	\$20,063,000

State Stats
50% births are funded by Medicaid, as of 2013
See more state stats at <a href="https://powertodecide.org/what-we-do/information/national-state-data/california">https://powertodecide.org/what-we-do/information/national-state-data/california</a>

\* For an overview of these state policies, see <https://powertodecide.org/what-we-do/information/resource-library/key-state-policies-glance>

\*\* For an overview of federal funding for teen pregnancy prevention, see <https://powertodecide.org/what-we-do/information/resource-library/federal-funding-streams-at-a-glance>

<sup>1</sup> Evidence-based education programs

<sup>2</sup> This may include multi-state grants and/or grants awarded to an organization in another state that benefit youth in CA.

<sup>3</sup> Replaced the Competitive Abstinence Education Program beginning in FY 2016

## FEDERAL TEEN PREGNANCY PREVENTION GRANTS<sup>4</sup>

### State Personal Responsibility Education Program (PREP)

State of California/California Department of Public Health/Office of Family Planning

\$5,860,140

California is using PREP funds to work with 20 local entities to implement evidence-based programs in 19 counties with high teen birth rates. The programming targets youth ages 10–21 with a focus on African-American and Latino youth, youth in the juvenile justice and foster care systems

### Personal Responsibility Education Innovative Strategies (PREIS)

#### FY 2016 – FY 2020

Children's Hospital Los Angeles - Los Angeles, CA

\$838,913

The Regents of the University of California, San Francisco - San Francisco, CA

\$719,233

ETR Associates - Scott's Valley, CA

\$731,816

#### FY 2010 – FY 2015

Children's Hospital Los Angeles - Los Angeles, CA

Project name: *Teen Parent Project AIM*

\$797,255

Children's Hospital Los Angeles and the El Nido Family Centers will implement and evaluate an adaptation of Project AIM, an evidence-based youth development program. Based on a motivational theory called the Theory of Possible Selves, *Project AIM* encourages youth to imagine a positive future, to persevere in their efforts toward that future, and to avoid risky behaviors that might threaten their success. *Teen Parent Project AIM* would expand the original curriculum and tailor it to the needs of low-income pregnant teens and teen parents living in communities at high risk for teen pregnancy, poor school achievement, and other health risks. Approximately 1,400 pregnant teens or teen parents, ages 14 through 18, will be recruited from the Adolescent Family Life and Cal Learn programs at seven sites in metropolitan Los Angeles, the San Fernando Valley, South Los Angeles, and the Antelope Valley. *Teen Parent Project AIM* has as its goal reducing repeat pregnancies among mothers under age 21.

Oklahoma Institute for Child Advocacy (OICA) - Oklahoma City, OK

Project Name: *POWER Through Choices 2010: Demonstration, Evaluation and Dissemination Project*

\$929,750

OICA will implement and evaluate *POWER Through Choices 2010*, a sexuality education curriculum developed with and for youth in foster care and other out-of-home placements. The project will target youth, ages 14 to 18, living in foster care group home settings in racially/ethnically diverse areas in four states: Oklahoma, **California**, Illinois and Maryland. The 10-session curriculum provides instruction and skills building in the areas of reproductive health, sexual decision-making (including abstaining from sexual activity) and STI and pregnancy prevention. The goals of the project are to test the efficacy

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<sup>4</sup> Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted. State PREP, Tribal PREP, and Title V State/Competitive Sexual Risk Avoidance Education grant amounts, where applicable, reflect the most recent annual award.

of the updated curriculum in reducing teen pregnancy and to disseminate the lessons learned during program implementation to inform future replications of the program with youth living in foster care.

**Tribal PREP  
FY 2016 – FY 2020**

California Rural Indian Health Board (CRIHB)  
\$382,151

CRIHB serves approximately 150 American Indian Alaska Native (AI/AN) youth annually, ages 10 to 19. The youth are affiliated with one of CRIHB's member tribal health programs or an AI/AN youth organization, that's sanctioned by the tribal health program or tribe.

Riverside-San Bernardino County Indian Health, Inc.  
\$343,456

The program targets American Indian young people ages 11 to 19. Annually, the program serves approximately 300 youth during school and 500 youth after school. The program intends to implement a cultural adaptation of Students Together Against Negative Decisions (STAND) curriculum.

**FY 2011 – FY 2015**

Mooretown Rancheria of Maidu Indians of California	\$142,178
Riverside-San Bernardino County Indian Health, Inc.	\$181,685
Pit River Indian Tribe	\$178,933
California Rural Indian Health Board, Inc.	\$180,756

**Competitive Abstinence Education Grant Program  
FY 2014**

Vista Community Clinic - Vista, CA  
\$200,000 (to be spent through FY 2015)

**FY 2012**

C-CAPP - Communities Choosing Adolescent Pregnancy Prevention Program - San Francisco, CA  
\$249,342 (to be spent through FY 2013)

**Title V Competitive Sexual Risk Avoidance Education**

Shores of Hope	West Sacramento, CA	\$250,000
The East Los Angeles Community Union	Los Angeles, CA	\$450,000
The Obria Group, Inc	Tustin, CA	\$450,000

**Teen Pregnancy Prevention (TPP) Program — Tier 2  
FY 2018 – FY 2019**

Urban Strategies LLC – Arlington, VA  
\$375,000

The grantee will deliver the “Opportunities Beyond the Narrative: Intervention for Incarcerated Youth” program to incarcerated youth in **Los Angeles County** Youth Residential Camps and their parents. The program seeks to build protective factors, develop risk avoidance skills, and reduce sexual risk behaviors in this population. The curriculum will include three program elements: 1) the sexual risk avoidance intervention, the “Art of Loving Well” curriculum; 2) the evidence-based intervention “Active Parenting of Teens;” and 3) the role of two community and faith-based organization implementation partners in

delivering these interventions and following up with participants released from custody with case management, wraparound supports, and mentoring. A rigorous Rapid Cycle Evaluation framework will be used to determine the core elements of the proposed program.

**Teen Pregnancy Prevention (TPP) Program — Tier 1  
FY 2015 – FY 2019**

Community Action Partnership of San Luis Obispo County, Inc. - San Luis Obispo, CA

Program models: *Positive Prevention PLUS; Be Proud! Be Responsible! Be Protective!; Making Proud Choices!*

\$830,000

The Community Action Partnership of San Luis Obispo's Teen Sexual Health Empowerment Program intends to reduce the rates of teen pregnancy and sexually transmitted disease (STDs), and increase teen linkages to reproductive health services in North San Luis Obispo County, South San Luis Obispo County, and Santa Maria. In order to achieve that goal, the Teen Sexual Health Empowerment Program provides evidence-based sexual health curriculum instruction in traditional and alternative high school settings. In addition, by utilizing positive youth development strategies, the program refers youth to teen-friendly health clinics and other resources, creates leadership opportunities for youth to get engaged in their community, and promotes community-wide teen pregnancy prevention efforts.

Contra Costa Health Services - Martinez, CA

Program models: *Families Talking Together; Get Real; Positive Prevention PLUS*

\$1,250,000

The Contra Costa Health Services (CCHS) Teen Pregnancy Prevention (TPP) Program works to reduce teen birth rates and sexually transmitted infection (STIs) throughout the West Contra Costa and Pittsburg communities. The program works to achieve this goal in four primary ways: 1) To delay initiation of sexual activity amongst youth; 2) To increase the use of condoms and other methods of contraception among sexually active teens; 3) To foster open communications about sex and protection methods; and 4) To increase youth's sense of agency in their lives and the lives of their communities. CCHS TPP partners with West Contra Costa Unified School District and Pittsburg Unified School District to provide evidence-based sexual health education for middle/junior high and high school youth in the cities of Richmond, San Pablo, and Pittsburg. The program promotes increased communication between youth and a parent or other caring adult by offering parent education programming and parent-child take home activities in all youth education program.

San Diego Youth Services - San Diego, CA

Program models: *Reducing the Risk; Positive Prevention PLUS*

\$1,249,999

The Community Assessment Team (CAT)+ Project implements teen pregnancy prevention (TPP) services to deliver, with fidelity, evidence-based TPP and STI prevention services in eight settings and at more than 40 sites. Services are provided within high schools, middle schools, after-school programs, alternative schools, juvenile detention centers, community-based settings, out-of-home settings, and residential settings. The CAT+ Project is delivered by a collaborative of five core partners: San Diego Youth Services (lead agency); Social Advocates for Youth, San Diego Inc.; South Bay Community Services; Mental Health Systems, Inc.; and North County Lifeline. These agencies will deliver the CAT+ Project in partnership with school districts, the San Diego County Department of Probation and other implementation partners. The CAT+ project approach is to build on the foundation and relationships already established with school districts, community collaboratives, and other informal

partners (such as health centers) to bring teen pregnancy prevention services to scale and support the outcomes of reduced risk for teen pregnancy and reduced teen birth rate.

University of Southern California - Los Angeles, CA

Program models: *It's Your Game...Keep It Real*; *Families Talking Together*; *Making Proud Choices*  
\$1,999,666

Keeping it Real Together (KIR-T) is working to delay the onset of sexual activity among middle school students by implementing *It's Your Game, Keep It Real* in 7th and 8th grade science and physical education classes in up to 55 middle schools in Los Angeles Unified and Compton Unified school districts. The project combines this evidence-based curriculum with delivery of *Families Talking Together*, through each district's Wellness Centers for at least 800 parents of middle school students annually. To reach a higher-risk group of teens, the project implements *Making Proud Choices* in 14 alternative high school educational centers throughout the target community to reduce sexual risk behavior, increase protective behavior, and increase access to health care. KIR-T intends to scale up the *Project Connect Pocket Guide to Sexual Health Services* in East and Central areas of Los Angeles and the San Fernando Valley to link youth with vetted reproductive health care providers in the community, including creating an online guide.

### **Teen Pregnancy Prevention (TPP) Program — Tier 2 FY 2015 – FY 2019**

Center for Innovative Public Health Research (CIPHR) - San Clemente, CA

Program model: *Girl2Girl*  
\$990,422

CIPHR will conduct nationwide Girl2Girl, a newly developed text-messaging program based on the Information-Motivation-Behavioral Skills (IMB) model. Content addresses the information (how one gets pregnant and can prevent pregnancy), motivation (why teens use contraception and why they don't), and behavioral skills (how to use condoms, how to talk to your provider about contraception) that are posited to affect pregnancy prevention behavior. Messages will be sent daily for approximately 6-7 weeks, with a one-week booster session that will be sent approximately 12 weeks later.

Policy and Research, LLC - New Orleans, LA

Program model: *Plan A*  
\$934,643

The Policy & Research Group intends to implement and monitor a high-quality rigorous evaluation of the *Plan A* intervention. *Plan A* is a brief stand-alone sexual health video intervention designed for African-American and Latina women age 18-19 seeking care at reproductive health clinics in **Fresno, CA** and Philadelphia, PA. The video consists of three vignettes and an animated segment to educate young women and model effective use of contraception methods, including LARC and condoms. The video is designed to increase viewers' perceived risk of pregnancy and STIs at a 'teachable moment' in the lives of young women, just prior to visiting with a health care provider.

The Regents of the University of California, San Francisco - San Francisco, CA

Program model: *SpeakOut*  
\$995,321

The grantee intends to increase adoption of long-acting, reversible contraceptives (LARC) across California's Central Valley, Bay Area, and Los Angeles regions. In order to achieve this goal, the Regents implement SpeakOut, a program that encourages female adolescents who use a LARC method to share their contraceptive experiences with their female peers. SpeakOut is delivered to LARC users at

the time of visits to clinics, and consists of three core components: 1) A one-on-one communication coaching session for teen IUD and implant users; 2) Method-specific printed materials for recipients to keep and/or share with friends; and 3) Method-specific websites with information and resources. There is also a bonus component: weekly method-specific text messages with information about recipients' method and about how to share their experience.

WestEd - Woburn, MA

\$575,729

WestEd and its partners Efficacy and the Oregon Youth Authority (OYA), are conducting a randomized controlled trial of an innovative teen pregnancy prevention program, Healthy U, for youthful male offenders in Oregon. This study involves male teenagers (age 14-19) at high risk for involvement in risky sexual behavior, including teen pregnancy. The innovative, non-curricular, technology-based intervention, Healthy U, is self-directed, low-cost, user friendly, and offers great promise in reaching incarcerated youth. The purpose of this study is to test this intervention on a population of young men incarcerated at the OYA who will soon be released into the community. The intervention is tailored to this population by updating the design, videos, and examples to best reflect the youth in the study, and OYA staff are being trained to facilitate the self-guided intervention.

### **Teen Pregnancy Prevention (TPP) Program — Capacity Building Assistance FY 2016**

The Children's Hospital Los Angeles - Los Angeles, CA

\$569,941

The Children's Hospital Los Angeles is one of five organizations that received funding to collaborate and provide the 84 TPP Program grantees with capacity building assistance and support to continue to reduce rates of teen pregnancy and eliminate existing disparities in communities throughout the country.

### **Teen Pregnancy Prevention (TPP) Program — Tier 1 FY 2010 – FY 2014**

Alameda County Public Health Department (ACPHD) - San Leandro, CA

\$965,683

ACPHD, in partnership with the community-based organizations Asian Health Services and Girls Incorporated of Alameda County will provide a universal TPP intervention program for all grade 6 students enrolled in the Oakland Unified School District (OUSD). The Project HOPE Collaborative Teen Pregnancy Prevention Initiative will be implemented at all of OUSD's 18 middle schools, serving approximately 2,600 youth ages 11-13. Through this initiative, given that OUSD is an urban school district that serves a diverse, underserved population, ACPHD will implement the *Making Proud Choices!* curriculum. The overall goal of the initiative is to reduce the risk of teen pregnancy, HIV, and STIs among at-risk, underserved youth who live in high teen birth rate areas in Oakland.

Community Action Partnership Network of San Luis Obispo County, Inc. - San Luis Obispo, CA

\$426,507

The grantee will serve Latino youth ages 13-18 with a county-wide project, implementing the *¡Cuidate!* program in schools and agency sites. The program will be implemented in schools in San Luis Obispo County. The program goals are to emphasize cultural values that influence positive attitudes, beliefs, behavior and self-efficacy regarding STDs, HIV and unintended pregnancy, specifically about abstinence and condom/contraception use.

Contra Costa Health Services - Martinez, CA  
\$999,117

The grantee is implementing *Draw the Line/Respect the Line* for students ages 11-14 at six middle schools and *Reducing the Risk* for students ages 14-15 in six high schools in the cities of San Pablo, Richmond, and Pittsburg, California. Students will receive *Draw the Line/Respect the Line* each year in grades 6, 7, and 8 and will receive *Reducing the Risk* in grade 9. Contra Costa Health Services will reach approximately 3,500 students each year (1,500 in middle school and 2,000 in high school) and a total of 4,000 middle school students and 8,400 high school students over the five-year project period. In addition, Contra Costa Health Services will provide referrals to participating students to its health care facilities, including 13 school-based health clinics in the community.

Golden Valley Health Centers - Merced, CA  
\$676,889

The grantee will implement the *Safer Sex* intervention in 18 clinic sites throughout the central valley region of California with a goal of serving up to 19,369 predominantly Latino participants, ages 14-23, over the 5 year project. Services will be targeted to a population that demonstrates a strong need for reproductive health services.

Health Research Association - Los Angeles, CA  
\$954,527

The grantee will implement *It's Your Game: Keep it Real* in 24 middle schools in the Los Angeles Unified School District. The program uses a life skills decision-making paradigm to focus on setting personal behavioral limits, recognizing threats, and using refusal skills to defend limits. The intervention will be delivered to 7<sup>th</sup> and 8<sup>th</sup> graders in health or science class with the goals being to delay sexual onset and to improve sexual protective behavior to reduce the risk for teenage pregnancy and STIs.

San Diego Youth Services (SDYS) - San Diego, CA  
\$1,289,263

SDYS is the lead agency of a 5-part collaborative effort that will implement the CAT + Project (Community Assessment Team). They will add *Reducing the Risk* to the existing CAT project as an enhancement. The collaborative that operates the CAT project is an established one that has worked together on the CAT project (juvenile justice and life skills) and VAM (Vision Achievement Mentoring-teen pregnancy prevention). SDYS will serve 2,160 youth per year with the CAT + Project. The target population is youth ages 13-19, males and females, who are involved in the juvenile justice system or have been identified as high risk because of their involvement with various issues such as truancy, running away, and so forth. A high number of Hispanic youth will be targeted in this county based on the demographics of the area. The project also includes an independently conducted rigorous evaluation.

Tulare Community Health Clinic - Tulare, CA  
\$562,161

The target population is 6-9<sup>th</sup> graders at Alpaugh School, and freshmen at the four campuses in the Tulare Joint Union High School District. All schools are in rural communities, with migrant student enrollment. School Nurse Practitioners teach the *Draw the Line/Respect the Line* curriculum to 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> graders at Alpaugh School, and *Reducing the Risk* to 9<sup>th</sup> graders at Alpaugh School and at four high school campuses within the Tulare Joint Union High School District. Over the 5-year project period, 4,030 students will receive the curricula. The long-term goal is to reduce teen pregnancies in the cities of Tulare and Alpaugh in Tulare County, California by 20 percent.

**Teen Pregnancy Prevention (TPP) Program — Tier 2  
FY 2010 – FY 2014**

San Bernardino County Superintendent of Schools - San Bernardino, CA  
\$458,564

The grantee will implement and test *Positive Prevention PLUS: Sexual Health Education for California Youth*, which is an expansion of the evidence-based curriculum, *Positive Prevention HIV/STD Prevention Education for CA Youth*, the most commonly used HIV/STD prevention curriculum in CA. *Positive Prevention PLUS* will be implemented in classrooms of seven suburban and rural high schools in the county that have high minority student enrollment, low socio-economic status, and low academic performance. The project seeks to reduce teen birth rates, reduce the risk behaviors associated with those rates, and enhance prevention-related attitudes, self-efficacy and protective behaviors.

Volunteers of America Los Angeles (VOALA) - Los Angeles, CA  
\$500,000

Girls Inc. of Greater Los Angeles (GIGLA) is a program of the social services non-profit VOALA and will implement and test *Preventing Adolescent Pregnancy Program* with middle and high school girls in five high need communities in Los Angeles (Hollywood, Boyle Heights, West LA, East LA, and South LA). Middle and high school participants will each receive their own age-appropriate and medically accurate curriculum, and, if necessary, be linked to community resource providers (i.e., contraception, reproductive health care, substance abuse services). The interactive program aims to develop greater skills, insights, values, motivation, and support to postpone or decrease sexual activity, as well as to use effective protection against STIs, HIV, and pregnancy among program participants. Parents or guardians of the girls are also targeted for participation in annual workshops on sexuality education.

**Pregnancy Assistance Fund  
FY 2018**

California Department of Public Health, Maternal, Child & Adolescent Health Program - Sacramento, CA

Settings: Community Service Centers  
\$970,000

United Indian Health Services, Inc. – Arcata, CA  
Settings: Community Service Centers  
\$418,075

**FY 2017**

California Department of Public Health, Maternal, Child and Adolescent Health Program  
Sacramento, CA

Program Categories: High Schools and Community Service Centers  
\$1,360,940

Riverside-San Bernardino County Indian Health, Inc.  
Banning, CA

Program Categories: High schools and Community Service Centers  
\$709,548



### **FY 2010 – FY 2012 and FY 2013 – FY 2016**

California Department of Public Health Maternal, Child, and Adolescent Health Program - Sacramento, CA

Program Categories: High Schools and Community Service Centers

\$1,500,000

### **FY 2010 – FY 2013**

Riverside-San Bernardino County Indian Health, Inc.

Banning, CA

Program Categories: High schools and Community Service Centers

\$704,000

## **TITLE X FAMILY PLANNING SERVICES IN CALIFORNIA**

- Title X–supported centers provided contraceptive care to 954,570 women in California in 2014.<sup>5</sup> These services helped women avoid 231,000 unintended pregnancies, which would have resulted in 112,300 births and 83,300 abortions.
- In the absence of publicly-funded family planning services, the number of unintended pregnancies and abortions in California would be 82% higher.<sup>6</sup>
- By preventing sexually transmitted diseases, cervical cancer, and unplanned pregnancies, Title X-supported centers in California saved \$1.3 billion in public funds in 2010.
- From FY 2010 to FY 2017, the amount of federal funding California received for Title X decreased by \$1,662,927, resulting in 206,013 fewer (17%) patients served.
- In 2017, 356 clinics in California received support from Title X. They included federally qualified health centers (178), Planned Parenthood clinics (102), local health department clinics (45), school-based health centers (17), family planning health clinics (3), university-based health centers (2), and other service sites (9).

***About Power to Decide:** Power to Decide, the campaign to prevent unplanned pregnancy, works to ensure that every young person has the power to decide if, when, and under what circumstances to get pregnant and have a child—increasing their opportunity to pursue the future they want. Join us at [PowerToDecide.org](http://PowerToDecide.org).*

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<sup>5</sup> “Title X-supported centers” are supported by a mix of funding sources (in addition to Title X funding), including Medicaid, funding from state and local governments, private grants and fundraising, reimbursement from commercial insurance, patient fees, and federal grants.

<sup>6</sup> “Publicly-funded family planning services” refers to all public funding sources that support family planning services, including Medicaid, Title X, and other state and federal resources.