



the campaign to prevent unplanned pregnancy

Key Information about Maryland as of January 2019

State Policies to Increase Access to and Information About Contraception*	Does State Have Law or Policy?
Expand Medicaid to childless adults as the ACA allows	Yes
Medicaid Family Planning Waiver or State Plan Amendment (SPA)	Yes
Medicaid reimbursement for postpartum LARC	Yes
State law/policies that allow pharmacists to prescribe contraception	Yes
State law/policies to extend the supply of prescription contraceptives	Yes
State law/policies to educate college students about unplanned pregnancy	No
Other state laws/policies/initiatives to increase access to contraception	Yes [†]

[†] Maryland's [Contraceptive Equity Act](#) requires insurance coverage for all prescription contraceptive methods without out-of-pocket costs, including vasectomies. It also prohibits copays for emergency contraception without a prescription and prior authorization for LARC.

Funding Streams for Teen and Unplanned Pregnancy Prevention**	Current Annual Funding Level
Personal Responsibility Education Funding (PREP) ¹	
State PREP (if state opted to receive formula grant)	\$869,174
Competitive PREP grants awarded in the state (if state opted not to receive PREP formula grant)	-
Tribal PREP	-
Personal Responsibility Education Innovative Strategies (PREIS)	-
Teen Pregnancy Prevention (TPP) Program ^{1, 2}	\$3,352,072
Pregnancy Assistance Fund (PAF)	\$970,000
Title V State Sexual Risk Avoidance Education (if state opted to receive)	\$699,221
Title V Competitive Sexual Risk Avoidance Education (if state opted out)	-
Sexual Risk Avoidance Education Program ³	-
Title X Family Planning Program	\$3,970,000

State Stats
44% births are funded by Medicaid, as of 2014
See more state stats at https://powertodecide.org/what-we-do/information/national-state-data/maryland

* For an overview of these state policies, see <https://powertodecide.org/what-we-do/information/resource-library/key-state-policies-glance>

** For an overview of federal funding for teen pregnancy prevention, see <https://powertodecide.org/what-we-do/information/resource-library/federal-funding-streams-at-a-glance>

¹ Evidence-based education programs

² This may include multi-state grants and/or grants awarded to an organization in another state that benefit youth in MD

³ Replaced the Competitive Abstinence Education Program beginning in FY 2016

FEDERAL TEEN PREGNANCY PREVENTION GRANTS⁴

State Personal Responsibility Education Program (PREP)

Maryland Department of Health and Mental Hygiene
\$869,174

Maryland's PREP state grant program is managed by the Department of Health and Mental Hygiene. The department funds local health departments to provide evidence-based programming in both school and community-based settings for at-risk youth.

Personal Responsibility Education Innovative Strategies (PREIS)

FY 2010 – FY 2015

Maryland participated in a multi-site project awarded to the Oklahoma Institute for Child Advocacy: Oklahoma Institute for Child Advocacy (OICA) - Oklahoma City, OK

Project Name: *POWER Through Choices 2010: Demonstration, Evaluation and Dissemination Project*
\$929,750

OICA will implement and evaluate *POWER Through Choices 2010*, a sexuality education curriculum developed with and for youth in foster care and other out-of-home placements. The project will target youth, ages 14 to 18, living in foster care group home settings in racially/ethnically diverse areas in four states: Oklahoma, California, Illinois and **Maryland**. The 10-session curriculum provides instruction and skills building in the areas of reproductive health, sexual decision-making (including abstaining from sexual activity) and STI and pregnancy prevention. The goals of the project are to test the efficacy of the updated curriculum in reducing teen pregnancy and to disseminate the lessons learned during program implementation to inform future replications of the program with youth living in foster care.

Title V State Sexual Risk Avoidance Education Grant

Maryland Department of Health and Mental Hygiene
\$699,221

Through sub-grants to local health departments, Maryland is funding school- and community-based programming that targets youth living in communities with higher rates of adolescent pregnancy.

Teen Pregnancy Prevention Program (TPPP) — Tier 1

FY 2015 – FY 2019

Baltimore City Health Department - Baltimore, MD

Program models: *Making Proud Choices; Seventeen Days; It's Your Game: Keep it Real*

\$1,749,000

Baltimore City's U Choose Coalition, led by the Baltimore City Health Department (BCHD), intends to decrease the overall teen birth rate by 30% by reducing disparities among African-American and Hispanic teens. In addition, BCHD plans to ensure the sustainable delivery of evidence-based teen pregnancy prevention (TPP) programs in Baltimore City. Through this project, BCHD--in partnership with the Baltimore City Schools and a network of seven Title X clinics--plans to reach 10,000 adolescents age 12-19 annually with evidence-based TPP programs implemented in middle schools, high schools, and Title X clinics in Baltimore City.

⁴ Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted. State PREP, Tribal PREP, and Title V State Abstinence grant amounts, where applicable, reflect the most recent annual award.

**Teen Pregnancy Prevention Program (TPPP) — Tier 2
FY 2015 – FY 2019**

Healthy Teen Network, Inc. - Baltimore, MD
\$723,000

Healthy Teen Network (HTN) is evaluating the impact of Pulse, an informative youth-engaging mobile application grounded in the Theory of Planned behavior and self-efficacy to promote sexual and reproductive health and reduce pregnancies. Pulse is available in English and Spanish and will reach 2,000 girls in the test phase. During the impact evaluation of Pulse, study participants will gain access to Pulse for nine months during which changes will be assessed in 1) use of effective birth control; and 2) clinic utilization for sexual and reproductive health services. During the usability evaluation, users' navigation and utilization of Pulse will be tested, with documentation of fidelity, exposure, and content specific dosage.

Johns Hopkins University - Baltimore, MD
\$880,072

Johns Hopkins University (JHU) will scientifically evaluate the effectiveness of the Respecting the Circle of Life: Mind, Body and Spirit (RCL) program in reducing behaviors resulting in STIs and pregnancy among American Indian adolescents in Arizona. RCL is a theory-based sexual risk reduction intervention tailored for American Indian teens. The RCL curriculum covers: 1) The reproductive system, pregnancy, and contraception; 2) Sexually transmitted infection and prevention; 3) Condom use and demonstration; 4) Partner negotiation skills around sex and substance use; 5) Problem-solving and sexual health decision-making skills; and 6) Values clarification, goal-setting, and family planning skills.

**Teen Pregnancy Prevention Program (TPPP) — Tier 1
FY 2010 – FY 2014**

Women Accepting Responsibility, Inc. - Baltimore, MD
\$890,798

Women Accepting Responsibility, Inc. is implementing *Becoming a Responsible Teen (BART)* with African American youth in Baltimore, MD. Youth ages 13-18 attending three predominantly African American schools in Northwest Baltimore will be recruited to participate in an after-school program. In addition, youth ages 13-18 from four high-need zip codes in Baltimore will be recruited to receive the *BART* program during the summer at the organization's on-site location. The grantee will serve 1,164 youth with *BART* over the five-year project period. The project intends to increase prevention knowledge, increase sexual risk reduction skills, increase self-efficacy, delay sexual initiation, increase contraception use, and decrease the number of teen births for the target population.

YMCA of Cumberland, Maryland - Allegany, MD
\$451,340

The YMCA of Cumberland, Maryland will implement *Project AIM* for middle school students in rural Allegany County, Maryland. The project will be implemented in four public middle schools, one private middle school, the Girls' Group Home, and the Parenting and Pregnant Teens Program, reaching a total of 750 youth each year. In addition, the grantee will implement *Project AIM* with 40 highly at-risk youth each year who will be recruited from foster care, homeless shelters, and juvenile probation officers. The project anticipates success in redirecting the aspirations of the targeted youth away from risky sexual

behaviors and toward positive life goals. At three months after the project intervention, a greater percent of participants will report an increase in sexual abstinence.

Teen Pregnancy Prevention Program (TPPP) — Tier 2

FY 2010 – FY 2014

George Washington University - Washington, DC

\$1,000,000

George Washington University (GWU) is implementing *Sé Tú Mismo* as a 16-week intervention that offers 4 core components that includes eight weeks of curriculum-based group sessions, a social media and text messaging campaign, a weekend retreat and individual action plan development. GWU is serving 9th and 10th grade Latino youth in Washington, DC and **Montgomery County, MD**. This project will reach approximately 160 youth per year. The program will take place at three Montgomery County high schools and Mary's Center in DC.

Pregnancy Assistance Fund

FY 2018

Maryland Department of Health – Baltimore, MD

Settings: High Schools, Community Service Centers

\$970,000

TITLE X FAMILY PLANNING SERVICES IN MARYLAND

- Title X–supported centers provided contraceptive care to 61,820 women in Maryland in 2014.⁵ These services helped women avoid 15,000 unintended pregnancies, which would have resulted in 7,300 births and 5,400 abortions.
- In the absence of publicly-funded family planning services, the number of unintended pregnancies and abortions in Maryland would be 25% higher.⁶
- By preventing sexually transmitted diseases, cervical cancer, and unplanned pregnancies, Title X-supported centers in Maryland saved \$147.8 million in public funds in 2010.
- From FY 2010 to FY 2017, the amount of federal funding Maryland received for Title X decreased by \$708,708, resulting in 5,409 fewer (7%) patients served.
- In 2017, 75 clinics in Maryland received support from Title X. They included health department clinics (34), federally qualified health centers (16), school-based health centers (14), Planned Parenthood clinics (9), and university-based health centers (2).

About Power to Decide: *Power to Decide, the campaign to prevent unplanned pregnancy, works to ensure that every young person has the power to decide if, when, and under what circumstances to get pregnant and have a child—increasing their opportunity to pursue the future they want. Join us at PowerToDecide.org.*

⁵ “Title X-supported centers” are supported by a mix of funding sources (in addition to Title X funding) including Medicaid, funding from state and local governments, private grants and fundraising, reimbursement from commercial insurance, patient fees, and federal grants.

⁶ “Publicly-funded family planning services” refers to all public funding sources that support family planning services, including Medicaid, Title X, and other state and federal resources.