



the campaign to prevent unplanned pregnancy

Key Information about New Mexico as of January 2019

State Policies to Increase Access to and Information About Contraception	Does State Have Law or Policy?
Expand Medicaid to childless adults as the ACA allows	Yes
Medicaid Family Planning Waiver or State Plan Amendment (SPA)	Yes
Medicaid reimbursement for postpartum LARC	Yes
State law/policies that allow pharmacists to prescribe contraception	Yes
State law/policies to extend prescribing of contraception	No
State law/policies to educate college students about unplanned pregnancy	No
Other state laws/policies/initiatives to increase access to contraception	Yes [†]

[†] A multi-faceted effort including digital communications campaign for consumers, training for providers in rural areas, and piloting LARC projects in two counties.

Funding Streams for Teen and Unplanned Pregnancy Prevention*	Current Annual Funding Level
Personal Responsibility Education Funding (PREP) ¹	
State PREP (if state opted to receive formula grant)	\$316,467
Competitive PREP grants awarded in the state (if state opted out)	-
Tribal PREP	\$359,838
Personal Responsibility Education Innovative Strategies (PREIS)	\$508,255
Teen Pregnancy Prevention (TPP) Program ^{1,2}	\$2,183,329
Pregnancy Assistance Fund (PAF)	\$970,000
Title V State Sexual Risk Avoidance Education (if state opted to receive)	\$563,185
Sexual Risk Avoidance Education Program ³	-
Title X Family Planning Program	\$3,325,000

State Stats
72% births are funded by Medicaid, as of 2015
See more state stats at https://powertodecide.org/what-we-do/information/national-state-data/new-mexico

*For an overview of these state policies, see <https://powertodecide.org/what-we-do/information/resource-library/key-state-policies-glance>

** For an overview of federal funding for teen pregnancy prevention, see <https://powertodecide.org/what-we-do/information/resource-library/federal-funding-streams-at-a-glance>

¹ Evidence-based education programs

² This may include multi-state grants and/or grants awarded to an organization in another state that benefit youth in NM

³ Replaced the Competitive Abstinence Education Program beginning in FY 2016

FEDERAL TEEN PREGNANCY PREVENTION GRANTS⁴

State Personal Responsibility Education Program (PREP)

New Mexico Department of Health

\$316,467

The New Mexico PREP grant program supports public and private entities to provide evidence-based programs for youth in both school and community-based programs throughout the state.

Personal Responsibility Education Innovative Strategies (PREIS)

FY 2016 – FY 2020

Capacity Builders, Inc. - Farmington, NM

\$508,255

FY 2010 – FY 2015

Education Development Center, Inc. - Newton, MA

Project name: More Than a Dream Teen Pregnancy Prevention for Latino Youth

\$773,359

More than a Dream Teen Pregnancy Prevention for Latino Youth is a collaboration between Education Development Center, the University of Michigan School of Nursing, and the League of United Latin American Citizens' National Educational Service Centers (LNESEC), to find developmentally appropriate and culturally and linguistically relevant youth and parent interventions that address sexual health and pregnancy prevention among Latino youth. The project will evaluate the youth intervention *Cuídate* (Take Care of Yourself) and the parent intervention *Salud y éxito* (Health & Success), as well as a combined youth-parent program called *Más que un sueño* (More Than a Dream). Work will take place at four LNESEC sites, in **Albuquerque, NM**, Colorado Springs, CO, El Paso, TX, and Kansas City, MO, with the goal of reducing sexual and other risk behaviors. Participants will be Latino adolescents, ages 12 to 14, and their parents.

Tribal PREP

FY 2016 – FY 2020

Tewa Women United \$359,838

Tewa Women United's PREP program implements the Discovery Dating curriculum in schools settings, providing adulthood preparation education in healthy relationships, adolescent development, financial literacy, parent-child communication, and healthy life skills. The program serves approximately 40 youth annually, targeting youth ages 10 to 19 years, and pregnant and parenting youth under age 21 in six Tewa speaking Pueblos in New Mexico, and northern Santa Fe and Rio Arriba counties.

FY 2011 – FY 2015

Tewa Women United \$192,681

Zuni Youth Enrichment Project \$245,943

⁴ Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted. State PREP, Tribal PREP, and Title V Sexual Risk Avoidance Education grant amounts, where applicable, reflect the most recent annual award.

Title V State Abstinence Education Grant

New Mexico Department of Health

\$563,185

Teen Pregnancy Prevention (TPP) Program — Tier 2

FY 2018 – FY 2019

National Indian Youth Leadership Project (NIYLP) – Albuquerque, NM

\$374,000

NIYLP will deliver the Venture Beyond Prevention (VBP) curriculum to 9 - 10th grade American Indian students in three counties in New Mexico. VBP is a semester-long program that employs a strengths-based positive youth development approach proven effective in addressing several negative outcomes often associated with American Indian adolescents. Youth will be engaged in a meaningful service-learning project within their communities and attend a 5 to 7-day wilderness camp at the end of the semester. Sexual and reproductive health topics and avoidance strategies include cultural and traditional teachings around healthy relationships.

Teen Pregnancy Prevention (TPP) Program — Tier 2

FY 2015 – FY 2019

University of New Mexico Health Science Center - Albuquerque, NM

Program models: *Brief Intervention*

\$1,000,000

The University of New Mexico Health Sciences Center is working to develop and rigorously evaluate a brief, motivational interviewing-based intervention for teens at risk for unintended pregnancy in primary care. The Brief Intervention targets teens identified via primary care screening to be at risk for pregnancy and can be integrated into routine medical care through a 15-minute individual contact session using a motivational interviewing-based approach. The Brief Intervention will be tested with primarily with low income Hispanic and Native American teens (ages 14-19) attending primary care clinics at the Atrisco Center for Family and Community Health and the Albuquerque Job Corps Wellness Center.

Policy and Research, LLC - New Orleans, LA

Program model: *Trauma Informed Approach for Adolescent Sexual Health (TIAASH)*

\$808,386

Policy and Research, LLC intends to implement and monitor a high-quality rigorous evaluation of the *Practice Self-Regulation (PS-R)* intervention. PS-R is designed for youth age 14-19 who have experienced trauma and are receiving outpatient counseling services. It is composed of 10 structured, one-on-one therapy-education sessions delivered by a therapist over a 16-week period and is intended to promote optimal sexual decision-making within the context of individual therapy. The study will take place at multiple outpatient clinics that serve youth age 14-19. Starting in July 2016 and continuing for two years, 600 participants will be enrolled into the study at partner clinics in **Albuquerque, NM** and Adrian, MI. The 3rd and 4th years of the grant will be used to complete the following tasks: collect follow-up data from study participants; conduct implementation and impact evaluation analysis, reporting, and dissemination efforts; and finalize a complete electronic package of the implementation-ready intervention.

**Teen Pregnancy Prevention (TPP) Program — Tier 1
FY 2010 – FY 2014**

Capacity Builders, Inc. - Farmington, NM
Program model: *Teen Outreach Program™*
\$988,184

The Navajo Youth Builders coalition targets 11-19 year old Navajo youth on 7 reservation-based Boys & Girls Clubs. Over the next five years, 648 Club children will complete 72 hours of the *Teen Outreach Program™* (TOP) curriculum, annually. Participants will learn about relationships, communication, leadership, sexual health, body image, and refusal skills in addition to spending time with Navajo elders and adult role models as they engage in community-based service learning and fun sports and recreational activities. The overall goal is to reduce and ultimately eliminate the occurrence of teen and child pregnancy in the Navajo Nation community.

**Teen Pregnancy Prevention (TPP) Program — Tier 2
FY 2010 – FY 2014**

National Indian Youth Leadership Project (NIYLP) - Gallup, NM
Program model or strategy: *Web of Life*, adaptation of *Project Venture* and *Circle of Life*
\$555,706

NIYLP is implementing the *Web of Life* Project in rural McKinley County in targeted middle and high schools. The project will serve 1,200 Native American youth ages 12-17. The *Web of Life* Project, a modification of the evidence-based *Project Venture* intervention, combines service learning, experiential learning, parent education, and curriculum-based sexual education. All activities are culturally appropriate for Native American youth. The goals of the project are to reduce teen pregnancy and improve communication skills among participants.

**Pregnancy Assistance Fund
FY 2018**

New Mexico Public Education Department - Santa Fe, NM
Settings: High schools and Community Service Centers
\$970,000

Funded 2010 – 2013 and 2013 – 2016

New Mexico Public Education Department - Santa Fe, NM
Settings: High schools and Community Service Centers, Domestic Violence and Sexual Assault Prevention and Services, and Public Awareness and Education
\$1,499,990

TITLE X FAMILY PLANNING SERVICES IN NEW MEXICO

- Title X–supported centers provided contraceptive care to 22,770 women in New Mexico in 2014.⁵ These services helped women avoid 5,500 unintended pregnancies, which would have resulted in 2,700 births and 2,000 abortions.
- In the absence of publicly-funded family planning services, the number of unintended pregnancies and abortions in New Mexico would be 47% higher.⁶
- By preventing sexually transmitted diseases, cervical cancer, and unplanned pregnancies, Title X-supported centers in New Mexico saved \$65.9 million in public funds in 2010.
- From FY 2010 to FY 2017, the amount of federal funding New Mexico received for Title X increased by \$446,557, which resulted in 24,593 fewer (62%) patients served.
- In 2017, 67 clinics in New Mexico received support from Title X. They included health department clinics (43), federally qualified health centers (10), school-based health centers (12), university-based health centers (1) and other service sites (1).

About Power to Decide: Power to Decide, the campaign to prevent unplanned pregnancy, works to ensure that every young person has the power to decide if, when, and under what circumstances to get pregnant and have a child—increasing their opportunity to pursue the future they want. Join us at PowerToDecide.org.

⁵ “Title X-supported centers” are supported by a mix of funding sources (in addition to Title X funding) including Medicaid, funding from state and local governments, private grants and fundraising, reimbursement from commercial insurance, patient fees, and federal grants.

⁶ “Publicly-funded family planning services” refers to all public funding sources that support family planning services, including Medicaid, Title X, and other state and federal resources.