



the campaign to prevent unplanned pregnancy

## Key Information about North Carolina as of January 2019

State Policies to Increase Access to and Information About Contraception*	Does State Have Law or Policy?
Expand Medicaid to childless adults as the ACA allows	No
Medicaid Family Planning Waiver or State Plan Amendment (SPA)	Yes
Medicaid reimbursement for postpartum LARC	Yes
State law/policies that allow pharmacists to prescribe contraception	No
State law/policies to extend the supply of prescription contraceptives	No
State law/policies to educate college students about unplanned pregnancy	No
Other state laws/policies/initiatives to increase access to contraception	-

Funding Streams for Teen and Unplanned Pregnancy Prevention**	Current Annual Funding Level
Personal Responsibility Education Funding (PREP) <sup>1</sup>	
State PREP (if state opted to receive formula grant)	\$1,500,383
Competitive PREP grants awarded in the state (if state opted not to receive PREP formula grant)	-
Tribal PREP	-
Personal Responsibility Education Innovative Strategies (PREIS)	-
Teen Pregnancy Prevention (TPP) Program <sup>1,2</sup>	\$6,434,811
Pregnancy Assistance Fund (PAF)	
Title V State Sexual Risk Avoidance Education (if state opted to receive)	\$2,114,684
Sexual Risk Avoidance Education Program <sup>3</sup>	-
Title X Family Planning Program	\$7,375,000

State Stats
54% births are funded by Medicaid, as of 2014
See more state stats at <a href="https://powertodecide.org/what-we-do/information/national-state-data/north-carolina">https://powertodecide.org/what-we-do/information/national-state-data/north-carolina</a>

\*For an overview of these state policies, see <https://powertodecide.org/what-we-do/information/resource-library/key-state-policies-glance>

<sup>1</sup> Evidence-based education programs

<sup>2</sup> This may include multi-state grants and/or grants awarded to an organization in another state that benefit youth in NC

<sup>3</sup> Replaced the Competitive Abstinence Education Program beginning in FY 2016

\*\* For an overview of federal funding for teen pregnancy prevention, see <https://powertodecide.org/what-we-do/information/resource-library/federal-funding-streams-at-a-glance>

## **FEDERAL TEEN PREGNANCY PREVENTION GRANTS<sup>4</sup>**

### **State Personal Responsibility Education Program (PREP)**

North Carolina Department of Health and Human Services

\$1,500,383

The North Carolina state PREP program is sub-granting funds to 11 public and private entities. These organizations provide evidence-based programs in school and community-based settings to youth in areas with high teen birth rates.

### **Title V State Sexual Risk Avoidance Education Grant**

North Carolina Department of Public Instruction

\$2,114,117

The North Carolina State Abstinence Education grant supports programming for students in grades 4-6. Priority is given to schools in counties with high teen birth and pregnancy rates, high rates of children in foster care, high eligibility for free and reduced lunch in schools, and other academic risk factors.

### **Competitive Abstinence Education Grant Program**

#### **FY 2015**

CJH Educational Grant Services, Inc. - Raleigh, NC

\$417,225 (to be spent through FY 2016)

#### **FY 2013**

Public Health Authority of Cabarrus County - Kannapolis, NC

\$487,376 (to be spent through FY 2014)

#### **FY 2012**

CJH Educational Grant Services, Inc. - Raleigh, NC

\$649,342 (to be spent through FY 2013)

### **Teen Pregnancy Prevention (TPP) Program — Tier 1**

#### **FY 2015 – FY 2019**

SHIFT NC (formerly Adolescent Pregnancy Prevention Campaign of North Carolina) - Durham, NC

Program models: *Making Proud Choices: An Adaptation for Out of Home Youth (MPC+)*; *SHARP*

\$736,766

SHIFT NC's Every Teen Counts works with NC LINKS, North Carolina's system for serving youth in foster care, and with juvenile detention centers to help professionals in these systems build their capacity to help youth avoid unplanned pregnancies. More specifically, Every Teen Counts helps these systems implement two specially tailored, evidence-based curricula for these young people: *Making Proud Choices: An Adaptation for Youth in Out-of-Home Care* and *Sexual Health and Adolescent Risk Prevention (SHARP)*. Every Teen Counts also aims to create linking and referral networks to help youth access supportive health care services.

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<sup>4</sup> Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted. State PREP, Tribal PREP, and Title V State Abstinence grant amounts, where applicable, reflect the most recent annual award.

SHIFT NC - Durham, NC

Program models: *All4You!*; *Get Real*; *Project AIM*; *Seventeen Days*; *Making Proud Choices*; *SHARP*; *Promoting Health Among Teens! Abstinence-Only Intervention*; *Teen Health Project*

\$1,749,000

North Carolina Youth Connected (NCYC), a collaborative partnership between two high need counties in North Carolina and SHIFT NC, develops and implements community-wide plans to prevent teen pregnancy and achieve a significant reduction in teen birth rates in the select counties. Specifically, this project works with county school districts, systems serving foster care youth and youth involved with juvenile justice, community-based organizations, project area universities and colleges, project area health care providers, and leaders from across sections of the community including from service systems, business, civic groups, and funding entities to implement evidence-based teen pregnancy prevention programs.

North Carolina Department of Health and Human Services (DHHS) - Raleigh, NC

Program models: *Making Proud Choices*; *Reducing the Risk*; *Draw the Line/Respect the Line*

\$999,999

The Teen Pregnancy Prevention Initiatives (TPPI) within the North Carolina DHHS intends to decrease teen birth rates and increase youth-friendly reproductive health services to youth in North Carolina. In order to achieve that goal, the project has identified three counties: Edgecombe, Graham, and Richmond, for implementation of evidence-based teen pregnancy prevention programs to scale. These activities will provide key educational interventions to improve NC adolescents' knowledge, attitudes, and beliefs regarding sexual health, which will impact adolescent birth rates in these counties. Local health departments (LHD) in counties will be responsible for implementing evidence-based programs in each of the three settings within their communities. Each LHD identified evidence-based curricula that fit their community settings. When reviewing curriculum choices, the LHDs were asked to consider: their target population, the implementation setting, the length of the program, the program outcomes and the capacity to implement each curriculum.

### **Teen Pregnancy Prevention (TPP) Program — Tier 2 FY 2015 – FY 2019**

Center for Supportive Schools (CSS) - Princeton, NJ

Program models: *Peer Group Connection (PGC)*

\$959,500

CSS intends to improve school attachment and social and emotional learning skills that support educational outcomes through Peer Group Connection - High School (PGC-HS), a program designed to immerse freshmen in safe, supportive groups led by older peer leaders. To achieve this goal, PGC-HS trains select school faculty to prepare high school juniors/seniors to mentor and educate freshmen and create a positive school environment. PGC-HS begins with the assembly of a stakeholder team of administrators, as well as faculty, parents, and students, who receive the training, tools, and resources necessary to meet regularly to implement the program, troubleshoot obstacles, and ensure PGC-HS's long-term sustainability. In addition, faculty members are carefully selected by the stakeholder team to serve as faculty advisors. CSS provides the stakeholder team with tools and guidance to select faculty advisors, including assessing for criteria such as: enthusiasm for PGC-HS and a peer leadership approach; commitment to positive youth development; ability to work well and collaboratively with others; willingness to implement PGC-HS with fidelity; and willingness to utilize a facilitation model

rather than didactic teaching style. The study will enroll youth in the Bronx, and Brooklyn, New York, and **Sampson County, North Carolina.**

Children's Home Society of North Carolina, Inc. (CHS) - Greensboro, North Carolina

Program model: *Wise Guys*

\$586,000

Children's Home Society (CHS) will implement and rigorously evaluate the Wise Guys© teen pregnancy prevention intervention. Wise Guys is a multi-session health education program for teen males that aims to prevent teen pregnancy, sexually transmitted infections, and dating violence, and to promote healthy concepts of masculinity, manhood and fatherhood. Approximately 300 9th, 10th and 11th grade males will be recruited each semester for five semesters from high schools within Iredell-Statesville Schools in North Carolina. A total of 1,500 students will be recruited, half of whom will receive Wise Guys, and half of whom will serve as the control group. Data collection will take place at three time points: baseline, three months and nine months post intervention.

Public Health Authority of Cabarrus County - Cabarrus County, NC

Program model: *Taking Responsible Actions in Life (TRAIL)*

\$595,160

Cabarrus Health Alliance (CHA), the designated local public health authority, intends to decrease teen birth rates in Cabarrus County, North Carolina. In order to achieve this goal, CHA implements and evaluates TRAIL. Intervention sites receive three tiers of services to flexibly and systematically meet the diverse needs of the student body that promotes positive youth development, student leadership, and responsible decision making. In Cabarrus County, North Carolina, TRAIL's goal is to decrease the rate of teen births by increasing the capacity of students to make healthy decisions regarding sexual health.

### **Teen Pregnancy Prevention (TPP) Program — Tier 1 FY 2010 – FY 2014**

Family Resource Center of Raleigh, Inc. - Raleigh, NC

\$796,916

Each year, the Youth AWAKE program will target 3,000 male and female students in five NC counties (two rural), including Durham, Edgecombe, Orange, Wake, and Wilson. There will be 2,700 11-14 year olds in grades 6-9 receiving the *Promoting Health among Teens-Abstinence-only Intervention* curriculum, and 300 alternative school students ages 14-19 in grades 9-12 receiving the *All4You!* curriculum. The goal of this program is to reduce teenage pregnancies by replicating evidence-based curricula to at least 15,000 youth over the five-year project period.

Iredell-Statesville Schools - Statesville, NC

\$807,597

Iredell-Statesville Schools, in partnership with the Boys and Girls Club of the Piedmont, Statesville Housing Authority, and the Iredell County Health Department will implement the Proud and Responsible Communities (PARC) of Iredell-Statesville Project. PARC will replicate the *Making Proud Choices!* and *Be Proud! Be Responsible! Be Protective!* evidence-based programs in nineteen community sites; in nine middle schools, five high schools, two alternative schools; and the Boys and Girls Club of Piedmont, the Statesville Housing Authority, and the Iredell County Health Department. The project will target 7,500 youth ages 13-19 years old. The overall combination of both programs will enable the community to provide services for the most at-risk youth in preventing pregnancy or subsequent pregnancies in the teenage population.

## **Teen Pregnancy Prevention (TPP) Program — Tier 2**

### **FY 2010 – FY 2014**

Center for Supportive Schools (formerly Princeton Center for Leadership Training) - Princeton, NJ  
\$965,522

Center for Supportive Schools will implement and test *Teen Prevention Education Program* (Teen PEP) in 16 **North Carolina** high schools in rural and high-poverty communities in the counties of Columbus, Greene, Forsyth, Lenoir, and Rockingham. Teen PEP is a school-based comprehensive sexual health program that trains peer educators in grades 11 and 12 during the school day to deliver programs to freshman students. The intervention addresses postponing sexual involvement; preventing unintended pregnancy, HIV/AIDS, and STIs; and reducing the impact of alcohol and drugs on sexual decision-making. All participants are exposed to a school-wide campaign developed by the peer educators to reinforce workshop messages.

## **CDC Grants**

### **FY 2015 – FY 2019**

SHIFT NC - Durham, North Carolina  
\$ 650,000

SHIFT NC will be carrying out All Together Now: Making Health and Referral Systems Work for Young People as a way to increase access to and uptake of contraceptive and reproductive health services for young people. Through this intervention, SHIFT NC will provide and coordinate technical assistance to increase the youth-friendliness of Durham's Title X providers, federally-qualified health centers, and school-based health centers. SHIFT NC will also develop a linkage and referral network to reach young people experiencing the greatest disparities. Youth-serving system partners include Durham county public schools, foster care service agencies, Durham County Youth Home (juvenile detention), and Communities in Schools. Through this 5-year project, All Together Now will improve quality and availability of youth-friendly health services, develop and strengthen formal referral networks to increase youth access to care, and ultimately increase use of health care systems and effective contraceptive methods by young people.

### **FY 2010 – FY 2014**

The Adolescent Pregnancy Prevention Campaign of North Carolina (APPCNC) - Durham, NC  
\$1,163,553

APPCNC received a grant to implement "Gaston Youth Connected: Integrating Education and Clinic Services for Gaston County Teens" (GYC). The 5-year GYC project represents an intensive collaboration between APPCNC, local partners, and partners who can ensure long-term project sustainability. APPCNC is working with at least 15 clinic and program implementation sites to increase agencies' capacity to provide evidence-based interventions and connect youth to clinic services. Evidence-based and evidence-informed program models are being implemented in at least 10 community sites. Potential programs include *Making Proud Choices*, *Teen Outreach Program* (TOP), *Parents Matter!* and *jCuidate!*. APPCNC is also working with the community to develop three teams to provide project input and planning: a Core Partner Team to plan activities, a Community Advisory Panel, and a Youth Advisory Panel. A designated At-Risk Populations Coordinator focuses on reaching Latino/Hispanic teens, African American teens, and pregnant and parenting teens. Partners work together to create policies and procedures to connect more youth to adequate clinical services. The three primary partner groups and panels inform community stakeholders about the importance of effective prevention efforts, and work to ensure long-term program and project sustainability.

## **Pregnancy Assistance Fund**

### **Funded 2010 – 2013 and 2013 – 2016**

North Carolina Department of Health and Human Services - Raleigh, NC

Program Categories: High Schools and Community Service Centers, Domestic Violence and Sexual Assault Prevention, and Public Awareness and Education

\$1,500,000

## **TITLE X FAMILY PLANNING SERVICES IN NORTH CAROLINA**

- Title X–supported centers provided contraceptive care to 107,950 women in North Carolina in 2014.<sup>5</sup> These services helped women avoid 26,100 unintended pregnancies, which would have resulted in 12,700 births and 9,400 abortions.
- In the absence of publicly-funded family planning services, the number of unintended pregnancies and abortions in North Carolina would be 30% higher.<sup>6</sup>
- By preventing sexually transmitted diseases, cervical cancer, and unplanned pregnancies, Title X-supported centers in North Carolina saved \$187.6 million in public funds in 2010.
- From FY 2010 to FY 2017, the amount of federal funding North Carolina received for Title X decreased by \$220,253 resulting in 29,923 fewer (21%) patients served.
- In 2017, 117 clinics in North Carolina received support from Title X. They included health department clinics (112) and Planned Parenthood clinics (5).

***About Power to Decide:** Power to Decide, the campaign to prevent unplanned pregnancy, works to ensure that every young person has the power to decide if, when, and under what circumstances to get pregnant and have a child—increasing their opportunity to pursue the future they want. Join us at [PowerToDecide.org](http://PowerToDecide.org).*

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<sup>5</sup> “Title X-supported centers” are supported by a mix of funding sources (in addition to Title X funding) including Medicaid, funding from state and local governments, private grants and fundraising, reimbursement from commercial insurance, patient fees, and federal grants.

<sup>6</sup> “Publicly-funded family planning services” refers to all public funding sources that support family planning services, including Medicaid, Title X, and other state and federal resources.