



the campaign to prevent unplanned pregnancy

## Key Information about Texas as of January 2019

State Policies to Increase Access to and Information About Contraception*	Does State Have Law or Policy?
Expand Medicaid to childless adults as the ACA allows	No
Medicaid Family Planning Waiver or State Plan Amendment (SPA)	No <sup>^</sup>
Medicaid reimbursement for postpartum LARC	Yes
State law/policies that allow pharmacists to prescribe contraception	No
State law/policies to extend the supply of prescription contraceptives	No
State law/policies to educate college students about unplanned pregnancy	No
Other state laws/policies/initiatives to increase access to contraception	Yes <sup>†</sup>

<sup>^</sup> Texas operates an entirely state-funded program to provide family planning services to women over 18 who have income up to 185% of the Federal Poverty Level.

<sup>†</sup> The [FY 2016 - 2017 budget](#) directed the Health and Human Services Commission and Department of State Health Services to implement program policies to increase access to LARC, including provider education and training.

Funding Streams for Teen and Unplanned Pregnancy Prevention**	Current Annual Funding Level
Personal Responsibility Education Funding (PREP) <sup>1</sup>	
State PREP (if state opted to receive formula grant)	-
Competitive PREP grants awarded in the state (if state opted out)	\$4,086,426
Tribal PREP	-
Personal Responsibility Education Innovative Strategies (PREIS)	\$975,000
Teen Pregnancy Prevention (TPP) Program <sup>1, 2</sup>	\$8,653,697
Pregnancy Assistance Fund (PAF)	-
Title V State Sexual Risk Avoidance Education (if state opted to receive)	\$6,537,312
Sexual Risk Avoidance Education Program <sup>3</sup>	\$884,038
Title X Family Planning Program	\$14,150,000

State Stats
54% births are funded by Medicaid, as of 2014
See more state stats at <a href="https://powertodecide.org/what-we-do/information/national-state-data/texas">https://powertodecide.org/what-we-do/information/national-state-data/texas</a>

\*For an overview of these state policies, see <https://powertodecide.org/what-we-do/information/resource-library/key-state-policies-glance>

\*\* For an overview of federal funding for teen pregnancy prevention, see <https://powertodecide.org/what-we-do/information/resource-library/federal-funding-streams-at-a-glance>

<sup>1</sup> Evidence-based education programs

<sup>2</sup> This may include multi-state grants and/or grants awarded to an organization in another state that benefit youth in TX.

<sup>3</sup> Replaced the Competitive Abstinence Education Program beginning in FY 2016

## **FEDERAL TEEN PREGNANCY PREVENTION GRANTS<sup>4</sup>**

### **Competitive Personal Responsibility Education Program (PREP) FY 2015 – FY 2017**

Ambassadors for Christ Youth Ministries, Inc. - Houston, TX  
\$668,764

Ambassadors for Christ Youth Ministries, Inc. is projected to serve 300 youth annually, ages 15 to 19. The program implements the evidence based *Promoting Health Among Teens*, *Cuidate*, and *Be Proud Be Responsible Be Protective* curricula at 10 urban school-based locations in Harris County and incorporates the following adult preparation subjects into their programming: healthy relationships, adolescent development, parent-child communication, healthy life skills, financial literacy, and educational and career success.

Center for Success and Independence, Inc. - Houston, TX  
\$642,296

Center for Success and Independence, Inc. serves 119 youth annually, ages 13 to 17, at four juvenile justice settings within Harris and Fort Bend counties. The program implements the evidence based Transition to Independence Process, Sisters Saving Sisters, and MPowerment curricula. The program also educates students on the following adult preparation subjects: healthy relationships, healthy life skills, and educational and career success.

Change Happens - Houston, TX  
\$668,764

Change Happens implements the evidence based *Becoming a Responsible Teen* curriculum, and provides students with education on the following adult preparation subjects: healthy relationships, adolescent development, parent-child communication, educational and career success. The program anticipates serving 720 youth annually, ages 14 to 19, within seven urban Houston schools.

Future Leaders Outreach Network - Fort Worth, TX  
\$667,687

Future Leaders Outreach Network implements Project AIM and Choosing the Best curriculum at seven school-based sites in Arlington, Dallas, Fort Worth, and Tarrant. Serving 1,300 youth annually, ages 11 to 19, the program provides programming on the following adult preparation subjects: parent-child communication, financial literacy, and educational and career success.

Healthy Future of Texas - San Antonio, TX  
\$668,764

Healthy Future of Texas serves 1,500 youth annually, ages 18 and 19, within urban San Antonio. The program implements the evidence based SHARP and 17 Days curricula at three school-based (community colleges) and community-based settings, providing students and incorporates the following adult preparation subjects: healthy relationships, healthy life skills, and financial literacy.

Seasons of Change, Inc. - Arlington, TX  
\$520,150

Seasons of Change, Inc. provides students with programming on the following adult preparation subjects: healthy relationships, adolescent development, financial literacy, parent-child communication, educational and career success, healthy life skills. They are projected to serve 1,000 youth annually,

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<sup>4</sup> Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted. Texas opted not to apply for the PREP state formula grant funding, therefore Competitive PREP grants were awarded to other entities in the state on a competitive basis.

ages 14 to 19. The program implements the evidence based Teen Outreach Program (TOP) curriculum at four school-based locations in Fort Worth.

Texas A&M University - College Station, TX

\$250,001

Texas A&M University projects to serve 1,735 middle school youth annually within rural Maverick County. The program implements the evidence based curricula *Cuídate* and Making Proud Choices curricula. The program also provides students with education on the following adult preparation subjects: healthy relationships, adolescent development, parent-child communication, and healthy life skills.

### **Competitive PREP**

#### **FY 2012 – FY 2014**

Ambassadors for Christ Youth Ministries, Inc. - Rosharon, TX

\$850,000

BCFS Health and Human Services - San Antonio, TX

\$888,697

Bee Busy Learning Academy, Inc. - Houston, TX

\$493,301

Cardea Services - Austin, TX

\$719,829

Change Happens - Houston, TX

\$833,444

Community Action Corporation of South Texas - Alice, TX

\$500,000

Creative Visions Social Services & Consultants, Incorporated - Mansfield, TX

\$686,877

Girls Incorporated of Metropolitan Dallas - Dallas, TX

\$240,000

Healthy Families San Angelo - San Angelo, TX

\$793,532

Henderson County HELP Center, Inc. - Athens, TX

\$575,103

Planned Parenthood of North Texas, Inc. - Dallas, TX

\$471,706

Project Vida Health Center - El Paso, TX

\$481,866

Seasons of Change, Incorporated - Arlington, TX

\$675,000

Youth and Family Alliance dba LifeWorks - Austin, TX

\$310,000

## **Personal Responsibility Education Innovative Strategies (PREIS)**

### **FY 2016 – FY 2020**

Bee Busy Learning Academy, Inc. - Houston, TX  
\$975,000

### **FY 2010 – FY 2015**

Education Development Center, Inc. - Newton, MA  
\$773,359

More Than a Dream Teen Pregnancy Prevention for Latino Youth is a collaboration between Education Development Center, the University of Michigan School of Nursing, and the League of United Latin American Citizens' National Educational Service Centers (LNESEC), to find developmentally appropriate and culturally and linguistically relevant youth and parent interventions that address sexual health and pregnancy prevention among Latino youth. The project will evaluate the youth intervention *Cuídate* (Take Care of Yourself) and the parent intervention *Salud y éxito* (Health & Success), as well as a combined youth-parent program called *Más que un sueño* (More Than a Dream). Work will take place at four LNESEC sites, in Albuquerque, NM, Colorado Springs, CO, **El Paso, TX**, and Kansas City, MO, with the goal of reducing sexual and other risk behaviors. Participants will be Latino adolescents, ages 12 to 14, and their parents.

### **Title V State Sexual Risk Avoidance Education Grant**

Department of State Health Services  
\$6,537,312

Texas is using their grant to support both community- and school-based programming. The funds serve high-risk youth in grades 5-12 through in-school programming and youth in the child welfare system through after-school interventions. The funds support a media campaign for teens and parents.

### **Sexual Risk Avoidance Education Program Grant**

#### **FY 2016 – FY 2018**

Ambassadors for Christ Youth Ministries, Inc. - Houston, TX  
\$548,103

BCFS Health and Human Services - San Antonio, TX  
\$548,103

### **Teen Pregnancy Prevention Program (TPP Program) — Tier 2**

#### **FY 2018 – FY 2019**

The University of Texas Health Science Center at San Antonio (UTHSCSA) – San Antonio, TX  
\$375,000

The grantee will deliver the Need 2 Know (N2K) Foster Care Curriculum to youth ages 10-15 in the Bexar County foster care system as well as to caregivers. In 10 interactive modules, N2K will address unhealthy relationships, dating violence, and risky sexual behavior. The curriculum enhances knowledge of physical development by providing medically accurate information about puberty, anatomy, and pregnancy, and emphasizes the role caregivers play in attitudes, beliefs, and behaviors. The 90-minute caregiver component, Parents Need 2 Know (PN2K), teaches caregivers about adolescent brain development, developmental assets, and communication skills. A summative evaluation will test the effectiveness of the N2K Foster Care Curriculum.

### **Teen Pregnancy Prevention Program (TPP Program) — Tier 1**

#### **FY 2015 – FY 2019**

Community Action Corporation of South Texas - Alice, TX

Program models: *Teen Outreach Program; Safer Sex Intervention*

\$749,999

The South Texas Teen Leadership and Development (STTLD) Program is a project with Community Action Corporation of South Texas (CACOST) that promotes positive youth development and reduces the rates of teen pregnancy and sexually transmitted infection (STIs). This project reaches youth in Brooks, Duval, Jim Hogg, and Jim Wells counties and replicates evidence-based teen pregnancy prevention programs with youth ages 13-19.

Project Vida Health Center - El Paso, TX

Program model: *Making a Difference; Teen Health Project; Positive Prevention PLUS*

\$796,297

The Wellness Department, through the POWER 4-Uth (Providing Opportunities While Establishing Resilience 4 Uth) program is implementing three evidence-based teen pregnancy prevention programs in middle schools, high schools, and community and faith settings reaching 1,600 youth annually in two communities in southeast El Paso County. The two communities, Socorro and Montana Vista, are both predominately rural, Hispanic, and lacking in community resources. In addition, both communities have high teen birth rates. The implementation of POWER 4-Uth to scale in the targeted communities will be accomplished with the use of the "Promotora Model," partnerships and working with partner agencies and schools to design program schedules to maximize the opportunity to have the greatest impact on teen pregnancy. The focus is on creating a culture in the target communities that support healthy behavior, positive life decisions, and educational success.

The Dallas Foundation - Dallas, TX

Program models: *Families Talking Together; Be Proud! Be Responsible!; Making Proud Choices*

\$987,500

Project Ntarrupt, a component of The Dallas Foundation, utilizes three evidence-based teen pregnancy prevention curricula in five high-need Dallas County zip codes and among special populations. The program seeks to educate both parents and teens and teach both the "how" and the "why" not to become a teen parent. Ntarrupt primarily works in community-based settings, but is actively building relationships at a variety of sites, including the public school system. In addition to education, Ntarrupt provides linkages to youth-friendly health care, with a focus on family planning.

The University of Texas Health Science Center at San Antonio - San Antonio, TX

Program model: N/A

\$750,000

The Capacity Building Team at the University of Texas Health Science Center (UT) Teen Health works to build the capacity of organizations that have experience implementing youth programs and are serving populations with demonstrated need for teen pregnancy prevention (TPP) programs, but have little experience with evidence-based TPP programs. UT Teen Health is assisting those organizations to implement evidence-based teen pregnancy prevention programs with fidelity in their organization. The program works with vulnerable populations such as youth in foster care, pregnant and parenting youth, and adjudicated youth age 15-19 in Texas.

The University of Texas Health Science Center at San Antonio - San Antonio, TX

Program models: *Families Talking Together; Draw the Line/Respect the Line; It's Your Game:Keep It Real; Making a Difference!; Promoting Health Among Teens –Abstinence Only; Promoting Health Among Teens – Comprehensive; Reducing the Risk; SHARP; Love Notes*

\$2,000,000

The University of Texas Health Science Center at San Antonio- UT Teen Health will partner with community youth serving organizations and the San Antonio Teen Pregnancy Prevention Collaborative to implement evidence based teen pregnancy prevention (TPP) programs for approximately 17,550

youth under age 20 annually in Bexar County, Texas. Partners in this initiative will implement the evidence-based TPP programs in middle schools, high schools, after school programs, faith-based organizations, and in community settings with especially vulnerable youth including expectant and parenting teens, youth in juvenile detention, and youth in foster care.

**Teen Pregnancy Prevention Program (TPP Program) — Tier 2  
FY 2015 – FY 2019**

The Texas A&M University System Health Science Center - College Station, TX

Program model: N/A

\$1,500,000

The Texas A&M University System Health Science Center, through its Integrating Teen Pregnancy Prevention Innovative Practices (iTP3) project, aims to promote and support the development of innovative teen pregnancy prevention (TPP) programs targeting adolescents currently underserved by existing evidence-based programs. iTP3 is interested in programs that go beyond the standard evidence-based TPP format, and welcomes programs across all intervention levels and implementation settings. Selected innovators will receive capacity-building assistance, infrastructure, and evaluation services to assist with the development of their programs. The iTP3 project team expects to have identified a group of promising programs ready for rigorous evaluation by the end of the five-year period.

Engender Health, Inc. - Austin, TX

Program name: RE:MIX

\$999,999

Engender Health seeks to reduce the rate of pregnancy and STIs among youth age 13-17 living in Travis County, Texas. In order to achieve this goal, Engender Health implements RE:MIX, a three-component sexual health program aimed at reducing rates of unplanned pregnancy and STIs among youth in Central Texas. RE:MIX pairs peer educators who are young parents with clinic-based health educators to co-facilitate this health curriculum among a target population of 13–17 year-olds. In addition to the curriculum, the intervention includes a leadership training and coaching/mentoring program for the parenting peer educators and a system that connects both community youth and parenting peer educators with community resources and services.

Healthy Futures of Texas (HFTX) - San Antonio, TX

Program model: *Big Decisions*

\$869,902

HFTX intends to evaluate the effectiveness of Big Decisions, an abstinence-plus approach to preventing teen pregnancy that has been found promising for Hispanic, low-income urban youth. HFTX now seeks to demonstrate the curriculum's efficacy for low-income Hispanic youth in rural communities and small cities. Big Decisions will be delivered in the school districts for five semesters across three school years.

**Teen Pregnancy Prevention Program (TPP Program) — Tier 1  
FY 2010 – FY 2014**

Navasota ISD - Navasota, TX

\$999,030

Navasota Independent School district will implement *Raising Healthy Children* in all elementary schools, grades one through six, of rural Grimes County. Through this project, approximately 1,500 youth will be served. *Raising Healthy Children* is based on a school-wide model that strengthens instructional practices and family involvement, by incorporating school, family, and individual programs to promote key learning objectives. The goal is to prevent teenage pregnancy and to encourage abstinence from sexual activity before the age of 18.

The University of Texas Health Science Center - Houston, TX

\$3,000,000

The University of Texas Health Science Center (UTHSC) will deliver *It's Your Game: Keep it Real* throughout 11 school districts to 113 middle schools. Over the five-year period, 30,000 youth will receive the intervention. The goal of the project is to promote sexual abstinence, reduce risky sexual behavior, and prevent teen pregnancy among youth in Harris County, Texas. A rigorous, independent evaluation will be conducted to determine the program's effectiveness. The hypotheses are: 1) middle school students who receive the program will delay their initiation of sexual activity and will reduce their frequency of sexual activity and unprotected sex, and 2) communities who receive the program will decrease their teen birth rates compared to comparable communities who do not receive the programs.

Youth and Family Alliance, dba LifeWorks - Austin, TX

\$585,000

LifeWorks will implement *It's Your Game: Keep It Real* with 7<sup>th</sup> and 8<sup>th</sup> grade youth, and Planned Parenthood of the Texas Capital Region will implement *Reducing the Risk* to 9<sup>th</sup> and 10<sup>th</sup> grade youth in the Austin Independent School District. The grantee seeks to positively impact program participant's knowledge, attitude, intentions, and behavior about sexual health as well as their communication with trusted adults about sexual health topics. Through the impact of these services, LifeWorks and Planned Parenthood envision a healthier community of adolescents with reduced rates of teenage pregnancy and behavioral risks underlying teenage pregnancy.

### **Teen Pregnancy Prevention Program (TPP Program) — Tier 2**

**FY 2010 – FY 2014**

Arlington Independent School District (AISD) - Arlington, TX

\$995,675

Arlington Independent School District will implement the Crossroads program. The program is based on the theory that putting youth in a situation through which they can have a physical and emotional connection to a positive message will increase their learning process. The project adapts the *Be Proud! Be Responsible!* curriculum implement it within a dropout recovery and prevention program within the school district. Through this program youth will have the opportunity to regularly meet with academic advisors and social workers and to be exposed to positive sex education and relationship messages.

University of Texas Health Science Center at San Antonio - San Antonio, TX

Program model or strategy: *Worth the Wait*

\$851,450

The University of Texas Health Science Center at San Antonio will implement the *Sex Education Program (SEP)*. The project will serve high school students (grades 9 to 12) in the Judson Independent School District of suburban Bexar County. The project will provide in-school abstinence education combined with youth development activities and referrals to health care services. The goals of the project include decreasing teen births among participants, decreasing the number of sexual partners of participants, and increasing the age of sexual debut of participants.

Engender Health - New York, NY

\$976,408

Engender Health will implement the *Gender Matters* curriculum with approximately 400 youth, age 14 and 15 years olds in **Travis County**. The program includes sixteen, 5-day workshops with groups of 13-15 youth, a text messaging campaign, and community-wide educational events developed by youth within the program. Youth will also receive the curriculum through the summer youth employment program. Primary study goals for this project include reducing teen pregnancy by delaying the onset of sex among participants who are not sexually active; increasing the correct use of effective contraception

among those who are; and increasing the proportion of youth who adopt health-seeking behaviors (such as a reproductive health care visit). Secondary goals for the project include influencing traditional beliefs about masculinity and femininity, advancing more equitable attitudes about relationships and the balance of power within them, and influencing other gender-specific views, such as responsibility for pregnancy prevention and ambivalence about pregnancy.

### **CDC Grants**

#### **FY 2010 – FY 2014**

The University of Texas Health Science Center at San Antonio (UTHSCSA)

\$1,209,387

UTHSCSA received a grant to expand the San Antonio Sex Education Program (SEP) from middle schools into high schools on the south side of Bexar County. The target population is predominantly Latino/Hispanic. SEP provides communitywide, medically accurate, evidence-based teen pregnancy prevention programs, and creates and enhances linkages between the SEP and community-based clinical services. Major activities include implementing a culturally appropriate, evidence-based teen pregnancy prevention program with high school students and providing training and technical assistance to community-based clinical service providers to build organizational sustainability.

### **TITLE X FAMILY PLANNING SERVICES IN TEXAS**

- Title X–supported centers provided contraceptive care to 163,850 women in Texas in 2014.<sup>5</sup> These services helped women avoid 40,000 unintended pregnancies, which would have resulted in 19,800 births and 13,600 abortions.
- In the absence of publicly-funded family planning services, the number of unintended pregnancies and abortions in Texas would be 13% higher.<sup>6</sup>
- By preventing sexually transmitted diseases, cervical cancer, and unplanned pregnancies, Title X-supported centers in Texas saved \$435.8 million in public funds in 2010.
- From FY 2010 to FY 2017, the amount of federal funding Texas received for Title X decreased by \$1,360,019, resulting in 76,934 fewer (29%) patients served.
- In 2017, 94 clinics in Texas received support from Title X. They included health department clinics (25), family planning health centers (21), federally qualified health centers (20), hospitals (14), Planned Parenthood clinics (11), other service sites (2) and university-based health centers (1).

***About Power to Decide:*** *Power to Decide, the campaign to prevent unplanned pregnancy, works to ensure that every young person has the power to decide if, when, and under what circumstances to get pregnant and have a child—increasing their opportunity to pursue the future they want. Join us at [PowerToDecide.org](http://PowerToDecide.org).*

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<sup>5</sup> “Title X-supported centers” are supported by a mix of funding sources (in addition to Title X funding) including Medicaid, funding from state and local governments, private grants and fundraising, reimbursement from commercial insurance, patient fees, and federal grants.

<sup>6</sup> “Publicly-funded family planning services” refers to all public funding sources that support family planning services, including Medicaid, Title X, and other state and federal resources.