



the campaign to prevent unplanned pregnancy

## Key Information about New York

State Policies to Increase Access to and Information About Contraception*	Has State Instituted Law/Policy?
Expand Medicaid to childless adults as the ACA allows	Yes
Medicaid Family Planning Waiver or State Plan Amendment (SPA)	Yes
Medicaid reimbursement for postpartum LARC	Yes
State law/policies to increase pharmacy access to contraception	No
State law/policies to extend the supply of prescription contraceptives	No
State law/policies to educate college students about unplanned pregnancy	No
Other state laws/policies/initiatives to increase access to contraception	Yes <sup>†</sup>

<sup>†</sup> New York state [finalized regulations](#) requiring health insurers to cover at least one method in each of the [18 distinct FDA-approved contraceptive method categories](#) for women, without out-of-pocket (OOP) costs, effective August 2017.

Funding Streams for Teen and Unplanned Pregnancy Prevention**	Current Annual Funding Level (if applicable to state)
Personal Responsibility Education Funding (PREP) <sup>1</sup>	
State PREP (if state opted to receive formula grant)	\$2,756,926
Competitive PREP grants awarded in the state (if state opted not to receive PREP formula grant)	-
Tribal PREP	-
Personal Responsibility Education Innovative Strategies (PREIS)	-
Teen Pregnancy Prevention (TPP) Program <sup>1,2</sup>	\$10,891,925
Pregnancy Assistance Fund (PAF)	\$1,304,609
Title V State Abstinence Education (if state opted to receive formula grant)	\$4,036,326
Sexual Risk Avoidance Education Program <sup>3</sup>	-
Title X Family Planning Program	\$13,900,000

State Stats
51% births are funded by Medicaid, as of 2014
See more state stats at <a href="https://powertodecide.org/what-we-do/information/national-state-data/new-york">https://powertodecide.org/what-we-do/information/national-state-data/new-york</a>

\*For an overview of these state policies, see <https://powertodecide.org/what-we-do/information/resource-library/key-state-policies-glance>

\*\* For an overview of federal funding for teen pregnancy prevention, see <https://powertodecide.org/what-we-do/information/resource-library/federal-funding-streams-at-a-glance>

<sup>1</sup> Evidence-based education programs

<sup>2</sup> This may include multi-state grants and/or grants awarded to an organization in another state that benefit youth in NY

<sup>3</sup> Replaced the Competitive Abstinence Education Program beginning in FY 2016

## **FEDERAL TEEN PREGNANCY PREVENTION GRANTS<sup>4</sup>**

### **State Personal Responsibility Education Program (PREP)**

New York State Department of Health

\$2,756,926

The New York PREP state grant program is using their funds to provide programming that takes place both in school- and community-based settings. Evidence-based programs target youth in high risk areas across the state, Latino and African-American youth, as well as youth involved in the juvenile justice system, foster care, and pregnant or parenting youth (up to age 21).

### **Personal Responsibility Education Innovative Strategies (PREIS)**

**FY 2010 – FY 2015**

Cicatelli Associates, Inc.

New York, NY

\$887,211

Cicatelli Associates will evaluate its *Development for Youth* (DFY) intervention on 600-800 youth in foster care in New York City. DFY is a 12-session, small group intervention for high risk adolescents between the ages of 12 and 19. It is a cognitive-behavioral intervention that focuses on building competencies that encourage adolescents to make and maintain healthy decisions. The goal of DFY is to reduce the sexual risk behaviors that result in unplanned pregnancy among young people in foster care.

### **Title V State Abstinence Education Grant**

New York State Department of Health

\$4,036,326

The New York State Department of Health is using State Abstinence Education Grant funding to assist 15 community-based organizations in high-need zip codes across the state. The programs are implementing mentoring, counseling, and adult supervised activities for youth ages 9 to 12.

### **Competitive Abstinence Education Grant Program**

**FY 2015**

Boy & Girls Clubs of the Northtowns of WNY, Inc.

Buffalo, NY

\$584,642 (to be spent through FY 2016)

### **Teen Pregnancy Prevention (TPP) Program — Tier 1**

**FY 2015 – FY 2019**

Cicatelli Associates

New York, NY

Program models: *Be Proud! Be Responsible*; *Reducing the Risk*; *Raising Healthy Children*; *Seventeen Days*; *Families Talking Together*

\$2,000,000

The Buffalo Collaborative Community, Replicating Evidence-Based Teen Pregnancy Prevention Programs to Scale in Communities with the Greatest Need project engages and mobilizes the Buffalo community to implement a set of coordinated interventions, including replicating evidence-based teen pregnancy prevention (EB TPP) programs to scale. Cicatelli Associates, Inc. (CAI) serves as the lead agency and fiscal agent. Primary activities include mobilizing and engaging the community to develop and implement a plan to prevent teen pregnancy and promote positive youth development, implementing

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<sup>4</sup> Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted. State PREP, Tribal PREP, and Title V State Abstinence grant amounts, where applicable, reflect the most recent annual award.

EB TPP programs to scale, ensuring that program materials are medically accurate and appropriate, ensuring that programs are implemented in a safe and supportive environment for youth and their families, establishing and maintaining linkages and referrals to youth-friendly health care services, engaging in strategic dissemination and communication activities, ensuring continuation of program efforts beyond the grant, collecting and using performance measure data for continuous quality improvements, and evaluating the implementation and outcomes of program activities.

City of Rochester

Rochester, NY

Program models: *Teen Outreach Program; Making a Difference; Making Proud Choices; Be Proud! Be Responsible!*

\$999,999

The City of Rochester Department of Recreation and Youth Services Teenage Pregnancy Prevention (TPP) Program will serve 3,230 youth per year in urban Rochester, New York. The City of Rochester will partner with the Rochester City School District, City Recreation Sites, the Summer Youth Employment Program, youth residential and juvenile justice programs, youth-friendly health care providers, and homeless shelters to implement evidence-based TPP programs in schools and community settings.

The Children's Aid Society

New York, NY

Program models: *CAS-Carrera Adolescent Pregnancy Prevention Program; Making Proud Choices!*

\$749,999

The Children's Aid Society (CAS) implements two evidence-based teen pregnancy prevention (EB TPP) programs in the South Bronx, New York: CAS-Carrera Adolescent Pregnancy Prevention Program and Making Proud Choices! An Adaptation for Youth in Out-of-Home Care. The project targets Community District 3 of the Bronx, which has a three-year teen birth rate of 43.1 per 1,000 teen girls. This approach leverages the systems youth are already a part of--their schools, community centers, and foster care settings--achieving depth in programming for long-term effect and reach to foster care youth. The program will reach an estimated 1,360 youth annually.

Fund for Public Health in New York, Inc.

New York, NY

Program models: *Reducing the Risk; Teen Health Project; Seventeen Days*

\$2,000,000

The Fund for Public Health in New York, Inc., in cooperation with the New York City Department of Health and Mental Hygiene, will implement the New York City Teens Connection (NYCTC) program in three communities with high teen birth rates: the South Bronx (42.8 per 1,000), Central Brooklyn (34.2 per 1,000), and Port Richmond, Staten Island (33.3 per 1,000). NYCTC will work through partnerships and existing systems to bring evidence-based teen pregnancy prevention programs to more than 60,000 young people ages 14-19 over the five-year project. In each community, *Reducing the Risk* will be delivered in traditional high schools, *Teen Health Project* will be delivered in transfer and international high schools, and *Seventeen Days* will be delivered in clinics, local colleges, and foster care settings. High schools and foster-care agencies will also be linked to local teen-friendly clinics that provide quality health care services.

Oswego County Opportunities, Inc.

Fulton, NY

Program models: *Be Proud! Be Responsible!; Making Proud Choices!*

\$586,311

Oswego County Opportunities, Inc. (OCO) intends to have a significant impact on the rates of teen pregnancy in Oswego County, New York. In order to achieve this goal, OCO implements evidence-based teen pregnancy prevention programs in three school districts in Oswego County: Altmar-Parish-Williamstown Central School District, Fulton City School District, and Mexico Academy & Central School District, and in after school settings.

**Teen Pregnancy Prevention (TPP) Program — Tier 2  
FY 2015 – FY 2019**

Center for Supportive Schools (CSS)  
Princeton, NJ

Program models: *Peer Group Connection (PGC)*  
\$959,500

The Center for Supportive Schools (CSS) intends to improve school attachment and social and emotional learning skills that support educational outcomes through Peer Group Connection - High School (PGC-HS), a program designed to immerse freshmen in safe, supportive groups led by older peer leaders. To achieve this goal, PGC-HS trains select school faculty to prepare high school juniors/seniors to mentor and educate freshmen and create a positive school environment. PGC-HS begins with the assembly of a stakeholder team of administrators, as well as faculty, parents, and students, who receive the training, tools, and resources necessary to meet regularly to implement the program, troubleshoot obstacles, and ensure PGC-HS's long-term sustainability. In addition, faculty members are carefully selected by the stakeholder team to serve as faculty advisors. CSS provides the stakeholder team with tools and guidance to select faculty advisors, including assessing for criteria such as: enthusiasm for PGC-HS and a peer leadership approach; commitment to positive youth development; ability to work well and collaboratively with others; willingness to implement PGC-HS with fidelity; and willingness to utilize a facilitation model rather than didactic teaching style. The study will enroll youth in the **Bronx, and Brooklyn, New York**, as well as Sampson County, North Carolina.

Cicatelli Associates, Inc. (CAI)  
New York, NY

Program model: *Achieving Condom Empowerment (ACE)-Plus*  
\$950,000

Cicatelli Associates, Inc. (CAI) intends to promote correct and consistent use of male latex condoms among young males and to promote male engagement, positive communication, and supportive decision-making with their female partners in the use of female-centered contraception methods. In order to achieve these goals, CAI coordinates the design, delivery and rigorous evaluation of MY PLAN, a teen pregnancy prevention intervention designed to increase males' effective and consistent condom use, knowledge of dual contraceptive methods, and ability to discuss contraceptive methods with their partners. MY PLAN is a study with a randomized control design, evaluating Achieving Condom Empowerment, ACE-Plus, a one-to-one intervention consisting of two sessions for young males age 16-17 receiving preventive services, and those age 16-20 in foster care.

EngenderHealth, Inc.  
Austin, TX

Program name: RE:MIX  
\$999,999

EngenderHealth seeks to reduce the rate of pregnancy and sexually transmitted infection (STIs) among youth age 13-17 living in Travis County, Texas. In order to achieve this goal, EngenderHealth implements RE:MIX, a three-component sexual health program aimed at reducing rates of unplanned pregnancy and STIs among youth in Central Texas. RE:MIX pairs peer educators who are young parents with clinic-based health educators to co-facilitate this health curriculum among a target population of

13–17 year-olds. In addition to the curriculum, the intervention includes a leadership training and coaching/mentoring program for the parenting peer educators and a system that connects both community youth and parenting peer educators with community resources and services.

Carnegie Mellon University

Pittsburgh, PA

Program model: *Making Healthy Decisions*

\$1,000,000

Carnegie Mellon University (CMU) intends to improve female adolescents' health behaviors regarding pregnancy and sexually transmitted infection. In order to accomplish this, CMU is implementing Making Healthy Decisions, a program composed of Your Move (an intervention program on sexual behaviors) and Eat Smart (a control program on nutrition and healthy eating habits). The target population for this implementation and evaluation is females age 14-19, at relatively high risk for sexual activity or debut, and recruited through community-based organizations that serve high-risk youth in **Central & Western New York**; St. Louis Region; Delaware; Greater Ohio; Metro New Jersey; and Western Pennsylvania. Both programs will be delivered in a series of seven 75-minute group sessions, one per lesson plan, which are scheduled at intervals corresponding to how often the group is gathered.

### **Teen Pregnancy Prevention (TPP) Program — Capacity Building Assistance**

**FY 2016 – FY 2020**

Engender Health, Inc.

New York, NY

\$646,117

Engender Health is one of five organizations that received funding and will collaborate to provide the 84 TPPP grantees with capacity building assistance and support to continue to reduce rates of teen pregnancy and eliminate existing disparities in communities throughout the country. Engender Health's priority area is program implementation.

### **Teen Pregnancy Prevention (TPP) Program — Tier1**

**FY 2010 – FY 2014**

City of Rochester

Rochester, NY

\$1,499,705

The City of Rochester Department of Recreation and Youth Services will contract with five youth-serving agencies to deliver the *Teen Outreach Program*<sup>TM</sup> (TOP) during after-school hours to 600 youth ages 12-17 per year in 10 recreation center sites. The 10 sites are located in five of the 13 zip codes in the state with the highest birth rates for females ages 15-19. The City of Rochester will implement TOP, provide referrals to teenage pregnancy-related health and social services, and provide job readiness training to TOP participants. The project also includes an independently conducted rigorous evaluation.

Grand Street Settlement, Inc.

New York, NY

\$600,000

Grand Street Settlement, Inc. will implement the Teen Pregnancy Prevention Program, a replication of the *Children's Aid Society - Carrera Adolescent Pregnancy Prevention Program*. The project will target 150 lower-income, predominantly minority youth in the 6<sup>th</sup> through 10<sup>th</sup> grades. The project will be implemented in community-based sites in the Lower East Side of Manhattan and Bushwick, Brooklyn. The goal of the project is to reduce the teen pregnancy rate by motivating participants to strive for a productive future and avoid negative behaviors that could hinder their goals.

Morris Heights Health Center  
Bronx, NY  
\$791,715

Morris Heights Health Center will implement the Changing the Odds Project, which will bring the *Teen Outreach Program™* into six schools in the Bronx. The project will serve approximately 8,000 youth, primarily African-American and Latino, ages 11-18, in an urban neighborhood where nearly one-quarter of the population is foreign-born. The health center's outcomes include reducing teen pregnancy, decreasing school suspensions, and decreasing the number of course failures among the participants.

New York Mission Society, Inc  
New York, NY  
\$520,302

The New York Mission Society will implement the *Children's Aid Society - Carrera Adolescent Pregnancy Prevention Program*. This project will target youth from predominantly African-American and Latino neighborhoods in Central and East Harlem with high rates of poverty and teen birth rates that are 70 percent greater than the New York City average and 25 percent above the national average. The program will serve a cohort of 60 boys and girls ages 11 and 12 who reside in Central and East Harlem; and will offer all seven components of the *Children's Aid Society - Carrera Adolescent Pregnancy Prevention Program* model during the academic year and summer. The primary goal of the program is to delay and reduce pregnancy and sexual initiation among teenage participants while increasing reproductive health knowledge and the utilization of contraceptives.

Planned Parenthood of NYC (PPNYC)  
New York City, NY  
\$611,823

PPNYC will implement the *Making Proud Choices!* curriculum to middle-school youth throughout the Bronx, Brooklyn, and Manhattan neighborhoods. The program will be delivered to small groups of eight to ten youth after-school in community-based organizations. The project plans to serve approximately 9,000 youth over the five-year project period. The overall goals of the program are to reduce rates of adolescent pregnancy and sexually transmitted diseases.

Program Reach, Inc  
Yonkers, New York  
\$1,209,010

Program Reach, Inc will implement the *Promoting Health among Teens - Abstinence-only Intervention* program in Yonkers public schools with Hispanic and African –American youth. The program will serve 1088 high-need, low-income urban youth ages 11-14. The project also includes an independently conducted rigorous evaluation. The program's overall goals are to reduce HIV/STDs, unplanned pregnancies and births to teen mothers and fathers.

### **Teen Pregnancy Prevention (TPP) Program — Tier2**

**FY 2010 – FY 2014**

Engender Health  
New York, NY  
\$976,408

Engender Health will implement the *Gender Matters* curriculum with 14 and 15 year olds in Travis County, TX. The program includes sixteen, 5-day workshops with groups of 13-15 youth, a text messaging campaign, and community-wide educational events developed by youth within the program. Youth will also receive the curriculum through the summer youth employment program. Approximately 400 youth will receive the intervention. Primary study goals for this project include reducing teen

pregnancy by delaying the onset of sex among participants who are not sexually active; increasing the correct use of effective contraception among those who are; and increasing the proportion of youth who adopt health-seeking behaviors (such as a reproductive health care visit). Secondary goals for the project include influencing traditional beliefs about masculinity and femininity, advancing more equitable attitudes about relationships and the balance of power within them, and influencing other gender-specific views, such as responsibility for pregnancy prevention and ambivalence about pregnancy.

**CDC Grants**  
**FY 2015 – FY 2019**

Columbia University  
New York, NY  
\$726,660

Columbia University will assess an innovative, computer-assisted motivational interviewing (CAMI) intervention, originally designed and implemented with girls, for use with young men aged 15-24 years to reduce their risk of fathering a teen pregnancy. The CAMI-teen pregnancy prevention (TPP) intervention consists of four 30-minute motivational interviewing coaching sessions over 12 weeks and one 30-minute booster coaching session at 6 months. Sessions will be guided by computer-generated feedback aimed at increasing condom use, supporting female partners' contraceptive use, and completing a reproductive health visit with sexually transmitted disease testing. Columbia will enroll young men from two inner-city high schools in the Bronx, in a young men's clinic, and in community agencies. Participants will be randomized to the CAMI-TPP intervention group or to a CAMI-Fitness control group targeting diet, physical activity, and tobacco use. Columbia will follow participants for 12 months and assess differences in sexual and contraceptive behaviors by group.

New York University  
New York, NY  
\$773,340

New York University will develop and rigorously evaluate Fathers Raising Responsible Men, a teen pregnancy prevention program designed for adolescent males. The program incorporates a novel, theoretically based intervention highlighting the important and influential role that fathers have on the development of adolescent males and will target black and Latino adolescent males aged 15-19 and their fathers residing in the South Bronx. Fathers Raising Responsible Men strives to enhance father-son communication about sexual decision-making, paternal monitoring and supervision, father-son understanding of masculinity and its influence on risk behavior, and father-son participation in shared activities. The program consists of three 90-minute intervention sessions delivered over a 1-month period. Two sessions are conducted with the father, and one session is conducted with the father-son dyad. Fathers are also provided with a 6-module intervention workbook. NYU will conduct a randomized controlled trial comprising 800 families to rigorously evaluate the intervention, followed by a study to refine intervention and training materials to improve dissemination.

**FY 2010 – FY 2014**

The Fund for Public Health in New York (FPHNY)  
New York, NY  
\$1,500,000

FPHNY received a grant to implement the "Bronx Teens Connection," a multicomponent, communitywide teen pregnancy prevention initiative in two community districts in the South Bronx. FPHNY is a fiduciary agent for the NYC Department of Health and Mental Hygiene, Bureau of Maternal, Infant, and Reproductive Health. Key partners include the Bronx District Public Health Office, the Department of Education, the Administration for Children's Services, private clinical service providers,

and a number of minority- and youth-serving organizations in the community. Evidence-based teen pregnancy prevention curricula have been implemented in high schools in the target community, as well as for teens in foster care and out-of-school settings. Links to clinical services are being strengthened in school-based and community health centers. This initiative includes an innovative social marketing campaign using new media to educate community youth and stakeholders. FPHNY provides training and technical assistance to community partners, including training on long-term institutional sustainability.

### **Pregnancy Assistance Fund**

#### **FY 2017**

Health Research, Inc./New York State Department of Health  
Menands, NY

Program Categories: Institutes of Higher Education, High Schools, Community Service Centers  
\$1,304,609

#### **FY 2013 – FY 2016**

New York State Department of Health/Health Research, Inc.  
Albany, NY

Program Categories: Institutions of Higher Education, High schools and Community Service Centers, and Public Awareness and Education  
\$1,333,436

## **TITLE X FAMILY PLANNING SERVICES IN NEW YORK**

- Title X–supported centers provided contraceptive care to 285,370 women in New York in 2014.<sup>5</sup> Those services helped women avoid 69,100 unintended pregnancies, which would have resulted in 33,600 births and 24,900 abortions.
- In the absence of publicly-funded family planning services, the number of unintended pregnancies and abortions in New York would be 32% higher.<sup>6</sup>
- By helping women avoid unintended pregnancies and the births that would follow, the services provided at Title X-supported centers in New York saved \$459.4 million in public funds in 2010.
- From FY 2010 to FY 2015, the amount of federal funding New York received for Title X decreased by \$1,493,057, resulting in 38,799 fewer (11%) patients served.
- In New York, 191 clinics receive support from Title X. They include Planned Parenthood clinics (64), federally qualified health centers (48), hospitals (32), private non-profits (24), health department clinics (22), and other clinics (1).

**About Power to Decide:** Power to Decide, the campaign to prevent unplanned pregnancy, works to ensure that every young person has the power to decide if, when, and under what circumstances to get pregnant—increasing their opportunity to pursue the future they want. Join us at [PowerToDecide.org](http://PowerToDecide.org).

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<sup>5</sup> “Title X-supported centers” are supported by a mix of funding sources (in addition to Title X funding) including Medicaid, funding from state and local governments, private grants and fundraising, reimbursement from commercial insurance, patient fees, and federal grants.

<sup>6</sup> “Publicly-funded family planning services” refers to all public funding sources that support family planning services, including Medicaid, Title X, and other state and federal resources.