



the campaign to prevent unplanned pregnancy

## The Benefits of the Title X Family Planning Program

For nearly five decades, [Title X](#) has played a critical role in preventing unplanned pregnancy by offering high-quality contraceptive services, preventive screenings, and health education to low-income individuals. By reducing unintended pregnancies, the Title X Family Planning Program is a proven way to save taxpayer dollars and reduce the number of abortions.

### About the Program

- In 2017, Title X served approximately 4 million individuals, of which 88% were women and 12% were men.
- The majority (67%) of patients that are served by Title X have income at or below 100% of the federal poverty level (FPL) and receive services free of charge. Another 23% of patients have incomes between 101% and 250% FPL and receive services on a sliding fee scale.
- Despite the significant return on investment, the current \$286.5 million funding level for FY 2019 is \$31 million lower than the FY 2010 level, resulting in a significant reduction in the number of patients being served—1.2 million or 23 percent fewer patients were served in 2017 than in 2010.
- In 2017, Title X services were provided through 89 grants, including 47 to state and local health departments, and 42 to non-profit family planning and community health agencies.
- The Title X network is a diverse mix of clinic settings, including health departments, federally qualified health centers, Planned Parenthood and other free-standing family planning centers, hospitals, school- and university-based health centers, tribal health centers, correctional facilities, and other private nonprofits.

### Title X Saves Taxpayer Dollars

- Nearly half of all births in the U.S. are paid for by Medicaid. Many of the women who are eligible for Title X family planning services would qualify for Medicaid if they were to become pregnant, even if they did not qualify prior to pregnancy.

- The average national cost for one Medicaid-covered birth (prenatal care, delivery, postpartum care, and one year of infant care) is \$12,770, while the annual per-client cost for publicly-funded contraceptive care is an estimated \$239.
- The publicly-funded family planning services provided at Title X-funded clinics saves taxpayers nearly \$7 billion in a single year. For every dollar invested in publicly-funded contraception, the nation saves approximately \$7 in public sector medical costs.

### **Title X Does Not Fund Abortion, It Reduces Abortion**

- Nearly half (45%) of all pregnancies in the U.S. are reported *by women themselves* as unplanned (2.8 million annually) and 40 percent of those end in abortion.
- Services provided by clinics that receive Title X funding helped women avert 822,300 unintended pregnancies in 2015, which would have resulted in 387,200 unplanned births and 277,800 abortions.
- Research from Missouri, Colorado, and Iowa show that when cost barriers are removed and women receive high quality contraceptive care, unplanned pregnancy and abortion decline dramatically.
- Both statute and program guidelines are clear that Title X funds may not be used for abortion.

### **What Can Policymakers Do?**

- The Title X Family Planning Program is a proven way to save taxpayer dollars, reduce abortion, and improve the health and wellbeing of women, children, and families.
- Policymakers focused on results like these should maintain current funding levels for Title X—which [75% of adults](#) (including 66% of Republicans and 84% of Democrats) favor—and ideally increase funding to strengthen the capacity of this vital program.